

# The JEWISH VOICE & HERALD

SERVING RHODE ISLAND AND SOUTHEASTERN MASSACHUSETTS

1 Elul 5769

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August 21, 2009

Part Two

## A visit to Germany offers Alice Dreifuss Goldstein a measure of hope

At Goldstein's book reading, attendees shared stories of rebellion against the Nazis, apologies for what the Jews experienced

By ALICE GOLDSTEIN  
Special to *The Voice & Herald*

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We proceeded to the town cemetery. Although no Jews are buried there, it contains a monument to those deported to camps in Gurs, France in October 1940 —

See REMEMBER, Page 10



Courtesy/Alice Goldstein

THE MONUMENT is in memory of those of the town who were deported to the Gurs Concentration Camp in October 1940. Among the Jews deported from Kenzingen were Goldstein's grandfather and great-aunt.



Nancy Kirsch/JVH

MEMBERS OF THE ARTILLERY COMPANY of Newport prepare to present the colors.

## Washington's promise, 'To bigotry no sanction, to persecution no assistance...' resonates today

The arc of Jewish history is a source of pride

By NANCY KIRSCH  
nkirsch@jfri.org

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Synagogue. The building was almost full, with some 130 people present to observe the 62nd annual George Washington Letter Reading.

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## Israel's consul general summoned home; now back on the job

Nadav Tamir: A strong asset in Rhode Island

By NANCY KIRSCH  
nkirsch@jfri.org

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Tamir's communiqué



Courtesy/Consul General Nadav Tamir

See CONSUL, Page 9



## Obama: The Israeli street speaks

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Editor's note: This month, Providence resident Marcy Brink-Danan goes beyond the numbers in a report from the Israeli street. She interviewed men and women, some in leadership roles, some not, during her trip to Israel.

By MARCY BRINK-DANAN  
mbrink-danan@jfri.org

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Courtesy/Consul General Nadav Tamir

JERUSALEM JOURNAL

In defense of the sabra

*The interior sweetness overpowers the exterior gruffness*

**A** SABRA is a pear cactus that is hard and spiky on the outside, but soft and sweet on the inside. It is also



**Daniel Stieglitz**

the term used to describe the native-born Israeli. However, there is an unfortunate stereotype that ignores the soft and sweet center, and focuses entirely on

the hard and spiky qualities of an Israeli. Qualities such as rudeness, impatience, and lack of caring. Walking among these Israeli sabras on a daily basis, I can personally attest that it is their soft and sweet aspects that shine the brightest.

After I broke my leg during an army training exercise, I spent several weeks on

crutches. One day, while walking around in my uniform and crutches, I tried getting on an intercity bus. In typical Israeli fashion, everyone tried pushing and shoving their way onto the bus. Seeing the frenzied nature of this crowd, and fearing that someone might accidentally kick my already broken leg, I took a step towards the back of the crowd to ensure my health and safety.

A young woman holding a newborn baby was standing directly in front of me. As she tried to board the bus, she too was being jostled around by people with the sole purpose of getting on the bus. Next to this young woman was an older lady who noticed how the woman was being bumped

around with a baby in her arms. Without even hesitating, the lady raised her voice and started shouting at the crowd, "Every-

**"When push came to shove, the true sweetness of the Israeli sabra shone the brightest."**

one clear a path! There's a woman with a baby who needs to get on the bus!"

In an instant, without a blink or a whisper, the crowd stopped, and cleared a path



so that the mother and child could get on the bus safely. The crowd's eyes patiently followed the woman as she walked down the path they

had cleared. Then, an instant after she had safely stepped on the bus, the pushing and shoving began once again.

A moment later, the same older lady who had commanded the crowd to clear a path for the woman and her baby, turned around and noticed me standing there. Once again, she raised her voice to the crowd and shouted, "Wait! We also have a soldier on crutches!"

Once again, the crowd instantly parted, as the Red Sea did for Moses, and I found that I now had a clear path right onto the bus. With all eyes patiently on me, I hobbled my way through

the crowd of people. After I completed this red carpet treatment and got on the bus, the path that was created for me instantly disappeared,

and the people in the crowd once again began to push and shove their way forward.

I could tell you any number of tales such as this one. A young Israeli boy once overheard me ask for directions on the train after I had missed my stop. Even at the late hour of 11:30 p.m., the boy and his parents drove up in their car beside me, and insisted on helping me find my way home. And then, when they dropped me off at a bus stop where I could catch a bus home, a man at the bus stop gave me his phone number. He insisted that I call and stay by him on the off-chance that no more buses arrived at such a late hour. With such kind treatment and concern, I made it home unscathed that evening.

So, while some of you may focus on the hard and spiky qualities of Israelis, such as when the impatient crowd was pushing and shoving to get onto a simple bus, I beg you to focus on the soft and sweet parts where they weren't. Quite literally, when push came to shove, the true sweetness of the Israeli sabra shone the brightest, and they banded together to clear a simple path of patience.

*Daniel Stieglitz can be reached at [dstieglitz@gmail.com](mailto:dstieglitz@gmail.com).*

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*The true meaning of life is to plant trees under whose shade you do not expect to sit.*

Nelson Henderson

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**CANDLE LIGHTING TIMES**

For Greater Rhode Island

Aug. 21	7:16
Aug. 28	7:05
Sept. 4	6:54
Sept. 11	6:42



**QUOTE OF THE WEEK:**

**"When national security impels us to break a promise or ideal, it's a fool's promise."**

Sheldon Whitehouse  
United States Senator (D-R.I.)

# New York women come to town as strangers, leave as friends

*Physical labor helps build a Habitat house, food contributions fill empty pantries*

By NANCY KIRSCH  
nkirsch@jfri.org

**S**EVENTEEN women arrived in Rhode Island as strangers, but left as friends. After reading about Rhode Island's economic woes in the media, these women, under the auspices of the UJA Federation of New York (UJA New York), loaded themselves and boxes of food into cars and headed north on I-95.

After several domestic missions to New Orleans, post-Hurricane Katrina, UJA New York staffs contacted Marty Cooper, the director of the Community Relations Council (CRC) of the Jewish Federation of Rhode Island (JFRI), to learn more about our state's specific needs. Their lay leaders, Deena Katz and Debby Shlaf-Mitz, planned logistics and site visits for their Aug. 3-6 trip.

"We look for areas with a strong Federation presence and excellent professionals who we can cooperate with and who know the area," explained Bari Ziegel, director of new leadership campaign for UJA New York, in selecting sites for domestic missions. "It's always a partnership with the local Federation which can introduce us to local Judaism, local issues and our Jewish brethren."

Food and conversation came before work, so a "get-to-know you" lunch kicked off the whirlwind tour. Susan Leach DiBlasio, Ellie Elbaum, Roberta Schneider and Barbara Sokoloff,

lay leaders of JFRI; JFRI staffers Beth Dindas, senior development officer and Cooper; and Susan Adler, director of Jewish Elder Care of Rhode Island (JERI), met and talked with the New Yorkers during lunch at the JFRI. Then, the women, all from the Port Washington/Sands Point community in Long Island, were fueled and energized for work.

Asked whether they'd built in any "spa time," Ziegel's response was immediate, "Not a chance. We're here to work."

And, work they did. On Aug. 5, a brutally hot day, they sawed, hammered and drilled to help build a Habitat for Humanity House. There was, of course, plenty of sweat, though only trace evidence of blood and tears, from one woman's on-the-job injury. No whining, no complaining, just work and swigs of water.

Earlier in their trip, they visited the Holocaust Education & Resource Center. At dinner, they charmed – and were charmed by – Mayor David N. Cicilline, who briefed them on Providence's assets and needs. Visits to The Full Plate, the kosher food pantry, and the St. Michael's food pantry, to



**WOMEN WITH THE UJA FEDERATION of New York stock shelves at The Full Plate, the kosher food pantry in Rhode Island, with food they brought with them.**

Courtesy of JERI

"I was overwhelmed with their generosity," said Adler. "To see The Full Plate pantry filled with all of that food and the women hard at work with putting everything on the shelves, I needed to take a step back and realize that this will help the people we serve for at least two weeks."

At St. Michael's, Sister Anne Keefe was filled with gratitude; the shelves at her site had been empty before these women arrived to restock them. Visitors to her food pantry will have food through mid-September, thanks to these generous women.

A bit of sightseeing time in Newport included visits to the newly-opened Loeb Visitors Center and Touro Synagogue, with Bea Ross, co-president of Congregation Jeshuat Israel, and Keith Stokes, chairman of the Touro Synagogue



**WOMEN TAKE A BREAK from their hammering and sawing at a Habitat for Humanity house in Providence on one of our hottest summer days.**

Nancy Kirsch/JVH

Foundation. They also visited Norman Bird Sanctuary in Middletown and worked with individuals with disabilities at Top Drawer in East Providence.

For these women, *tikkun olam* is *tikkun olam*, regardless of who benefits. Donna Divon, program executive for community and volunteer services for UJA New York, explained, "In all this time, we never questioned who the recipients

were. We ask, 'Is there a real need?' and 'What can we do?'" Providence is the first city other than New Orleans they've visited on a domestic mission, said Karen Seltzer, and "it's terrific to come together [for *tikkun olam*] from a Jewish perspective. We've all been influenced by a new understanding of the needs of Jewish families out-

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**"We ask, 'Is there a real need?' and 'What can we do?'"**

**Donna Divon, program executive for community and volunteer services for UJA Federation of N.Y.**

which the entire Jewish community donates food, under the organization of the CRC and the Rhode Island chapter of National Council of Jewish Women, involved more physical labor. The women unloaded hundreds of pounds of donated food and restocked the nearly empty shelves at each location.

## HOW TO CONTACT US

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FROM THE  
INTERIM EDITOR

## Learning can light fires under us all

Mazel tov to Sonia  
Sotomayor, the country's  
newest U.S. Supreme  
Court associate justice.

NANCY KIRSCH  
nkirsch@jfri.org

I FEEL SOME CONNECTION to Sotomayor, though we've never met. Is it because we are both 55, both women and both attorneys? But, the similarities end there. She's a Supreme Court justice and, well, I'm not. In fact, I haven't practiced law since I left my general counsel position nearly a decade ago.

About Sotomayor – I'd venture to guess that no one offered her tastes of honey to reinforce the sweetness of learning, as teachers of Torah did for our ancestors. Even so, she recognized the value of education and pursued it for all it was worth.

Although her father apparently only had a third grade education, she decided, when she was 10, that she would attend college and become a lawyer. As an undergraduate, she was one of only a few Latinas attending Princeton University. Intellectual curiosity, rigorous discipline and an avowed passion for learning vaulted her to where she sits today.

Education is not the filling of a pail, but the lighting of a fire, said poet William Butler Yeats (1865-1939). In this issue, we hope that teachers, parents and students alike will be lit by the desire to light and stoke those fires of learning.

Perhaps your child is enrolled in one of the area's Jewish day schools, attends Harry Elkin Midrasha or participates in your synagogue's religious school programs. Perhaps you anticipate the renewed intellectual energies that arise out of your Torah study group or you've decided to finally enroll in an Introduction to Hebrew class at your synagogue. In any case, the opportunities for education are ripe for the plucking.

Education and learning can take place any time, anywhere – and not solely within a structured school environment.

Doing a *mitzvah* provides valuable teaching and learning opportunities, as does snuggling and singing with your toddler. Sharing your "first day of school" experiences with your "tween" teaches her that she's not alone in experiencing "first day" butterflies and reminds you to be extra-patient when she rolls her eyes at your request for a good-bye hug.

There are opportunities for learning in the summer, too. My kids and I all benefit from some lazy,

See EDUCATION, Page 6

Right-wing  
rantings about  
health care today  
evoke memories of  
'60s anti-war leftist  
protesters

MY WIFE Sandy and I shared our first years of married life during the late '60s. Those were turbulent times; to quote a lyric from an old Bob Dylan song, "Revolution was in the air."



Rabbi Jim  
Rosenberg

We lived in the northernmost tip of Manhattan in a section known as Inwood, adjacent to a congressional district in the

Bronx served in those days by Representative Jonathan Bingham, a member of the Democratic Party.

A couple of months before the 1968 Humphrey-Nixon presidential election, Rep. Bingham hosted a "traditional town hall meeting" on what was then the uptown campus of New York University (NYU). Not surprisingly, the meeting focused on issues relating to the war in Vietnam. The anti-war Minnesota senator, also a Democrat, Eugene McCarthy was the featured speaker.

On the day of the town hall meeting, Sandy and I made the short trip across the Harlem River to an auditorium on the NYU campus.

Not long after we had found seats in the crowded venue and before McCarthy could get a word out of his mouth, a group of bedraggled students charged down the center aisle chanting "Ho, Ho, Ho Chi Minh!" and then, switching to "Oink! Oink!" they hurled the bloody carcass of a pig onto the stage. Within minutes the New York Police Department had escorted the protestors in non-too-gentle fashion out of the building, and the pig had vanished from the stage.

McCarthy commented: "Last time was far more entertaining. They had a naked woman do a little dance." With that, he launched into his anti-war speech, which was followed by a sober and generally polite give-and-take.

Forty years later I am reminded of the irony of those anti-war protestors briefly disrupting the presentation of one of the most articulate anti-war politicians of that era. The more things change, the more they remain the same: in the '60s, much of the disruption came from the self-destructive extreme left. Today many of our town hall meetings that have been called to discuss health care reform are being disrupted by the self-destructive extreme right.

A central irony of this summer's meetings is that a number of senior citizens protesting "socialized medicine" don't seem to realize – or don't want to acknowledge – that

their Medicare benefits are administered by the federal government.

I will admit that the issues involved with health care reform are exceedingly complex. This is precisely why these town hall meetings need to provide the opportunity for informed debate. Unfortunately, in a number of places the thuggish behavior of the few has shut down discussion for the many. Even when individuals do manage to make themselves heard through all the shouting, the discussion is often sidetracked by such lunatic notions as the

claim that the evolving health care bill makes provision for "death panels" which will determine who among

our elderly are entitled to go on living and who must be euthanized for the greater good of society as a whole. Such calculated and vicious fear-mongering is beyond the pale of civilized discourse.

There is a central question which the extremists of the left in the 1960s and today's extremists on the right force us to confront: What are the limits of dissent?

To this question our Jewish tradition can provide some helpful perspective. I hardly need to remind you that Jewish historical experience – from Abraham's arguing with God over the fate of the twin cities of Sodom and Gomorrah through the hundreds of disputes recorded in our Talmud up to the-rough-

and-tumble discourse which characterizes much of our contemporary communal debates – has embraced the process of dissent.

Nevertheless, our tradition insists that there must be limits to dissent. The Talmud (Pirke Avot 5.20) puts it this way: "Every controversy which is for the sake of heaven is destined to be of enduring value; controversies that are not for the sake of heaven are not of enduring value." The rabbis point out that the ongoing dispute between the school of Hillel and the school of Shammai is for the sake of heaven because their controversy embodies their mutual search for communal values.

On the other hand, Korah's rebellion against the leadership of Moses and Aaron (Numbers, Chapter 16), grounded in self-aggrandizement rather than an attempt to heal the community at large, is not for the sake of heaven.

At the moment, much of the controversy that is occurring in the town hall meetings throughout our country is clearly not for the sake of heaven. As *New York Times* columnist Charles M. Blow wrote, in a recent op-ed piece (August 8, 2009, A17), "Belligerence is the currency of the intellectually bankrupt."

Let us hope that in the next few weeks more moderate voices will be heard at our town hall meetings; let us hope that the controversies that are aired will be for the sake of heaven. What is at stake is – quite literally – the health of our nation.

Rabbi James Rosenberg can be reached at [rabbimeritus@templeharonim.org](mailto:rabbimeritus@templeharonim.org).

## IT SEEMS TO ME

### The return of the know-nothings

"Such calculated and vicious fear-mongering is beyond the pale of civilized discourse."

## A READER'S RESPONSE

### Mo'az might find the ball on the Arab side of the court

**Editor's Note:**  
A reader submitted this rebuttal to Moshe Mo'az' "Solving the Palestinian Refugee Problem," that appeared in the Aug. 7 issue of The Voice & Herald.

Peaceful  
co-existence  
impossible under  
current conditions

By JACK L. SCHWARTZWALD  
Special to The Voice & Herald

IN THESE UNCERTAIN times, it is comforting to know that some people can still see a half-empty glass



Jack L.  
Schwartzwald

as half-full. But Moshe Ma'oz's panegyric on the Arab League's 2002 "Peace Initiative" strays beyond half-empty glasses (or even completely empty ones) into the realm of desert mirages.

Portraying the Arab League Initiative as a document that even Ghandi could not improve upon, Mo'az contends that Israel need only withdraw to the 1967 borders and accept her share of "moral respon-

sibility" for the creation of the 1948 Palestinian refugee problem (while footing the entire bill for damage done),

and peace will follow as naturally as summer follows spring.

Mo'az, however, neglects to explain why peace would ensue if Israel returned to the militarily-indefensible pre-1967 lines when, from that day to this, none of the Arab League member states has lifted a finger to prepare its populations for coexistence

with the Jewish state.

Media, mosques and schools throughout the region continue to vilify Israel, calling for

"Why should Israel accept responsibility, even jointly, for the result of a conflict it sought to avoid?"

her destruction. This is true even in Egypt and Jordan where negative views of Israel are said to be running in the 97 to 98 percent range.

Nor does Mo'az explain why Israel should assume any share of the "moral responsibility" for the Palestinian refugee

See ISRAEL, Page 6

FROM THE OLD OLIVETTI

Let's pay attention to our history lessons

*Tales from the Forward, biblical literature and today's media provide grist for the mill*

DOES BIBLICAL literature get any better than *Kobelet* (Ecclesiastes)? Well, maybe for action the books of Samuel can't be beat, and for pick-up lines there's none better than Song of Songs (especially if the love of your life deeply appreciates being compared to one of Pharaoh's horses. (I tried this once but it got me nowhere.)



Josh Stein

As to Ecclesiastes (a Jewish form of Stoic Greek philosophy) I particularly enjoy the message of Chapter 1 verse 9 that reads in the original, *plus ça change, plus c'est la même chose*

(Only that shall happen which has happened, only that occurs which has occurred; there is nothing new beneath the sun.)

I was reminded of the truth of this piece of eternal wisdom while perusing the *Forward*, my second favorite Jewish newspaper. Not only does one find news about Jews unavailable elsewhere, editorials that cheer the soul or boil the blood, AND a personals column that smokes, but there's the section that picks and summarizes a story from 100, 75, and 50 years ago.

One hundred years ago this was a story in the *Forward*: The workers' strike of the 200 ladies shirtwaist makers at the Rosen Brothers factory in New York turned into an all-out war, with "professional brawlers and rented bums" attacking the striking workers on a daily basis. Numerous workers with bandaged heads and limbs were plainly visible. The piece goes on to tell grizzly details. And today? Well, being by

trade an historian, I first see things in the past. I'm reminded of events of 20 years ago, when Nicolae Ceausescu, the last remaining Communist leader outside of the Soviet Union was being challenged by democracy advocates. As a last ditch effort he brought in coal miners from the provinces, high on whiskey and propaganda to beat up those who wanted to change

their own physicians. Some in the mob are lobbyists; others are dupes of the insurance companies who stand to lose while citizens gain. This calling out the troops drugged on hyperbole is the last toss in a lost game. Sometimes it works, but let's not pretend that this disruption of town meetings is democracy.

Seventy-five years ago there was a man named Benno

Karpeles who drew the attention of the *Forward*. His story in sum: He started out as an Orthodox Viennese Jew, became a Socialist, then a Communist, then a

Jesuit priest and finally, by 1934, a fascist. And of whom does this remind? Well, if there's a better example than the rabbis caught up in the New Jersey corruption sting, I can't think of one OFFHAND. Raised pious, they abandoned the teachings of Judaism and reached deeply into the slime of greed, participating without apparent scruples in money-laundering, organ selling, smuggling and God knows

what else. Rabbis indeed! In the next world may they meet Benno Karpeles and share his quarters.

Fifty years ago a stormy debate took place in Lebanon's parliament where it was alleged that the country's 7,000 Jews were more loyal to Israel than to Lebanon. It was also claimed that Israel planned to take control of all Arab countries by military force or by other means. Jewish assertions of loyalty were ignored. And today? Well, today there are no Jews in Arab countries, none to speak of anyway, because they've been expelled or killed or, seeing the writing on the wall, they've chosen to emigrate. Yet still the calumnies persist, a classic example of anti-Semitism without Jews: Israel is a war-mongering nation; it intends to control the Middle East from the Nile to the Euphrates; the settlements are the problem; the Jews are the problem.

Ah, *Kobelet* had it right. *Plus ça change, plus c'est la même chose.*

Josh Stein is a professor of history at Roger Williams University. He can be contacted at [jstein@rwu.edu](mailto:jstein@rwu.edu).

**"If there's a better example than the rabbis caught up in the New Jersey corruption sting, I can't think of one."**

the outlandish system that had governed the country since the end of the Second World War. So that's 100 years ago and 20. Today there are those in the minority who do not want to change the way medical care is administered, who gin up the folk with outlandish stupidities, CLAIMING that the president and Congress intend to CAUSE the euthanasia of America's elderly and that people won't be able to choose

FIRST PERSON PLURAL

Memory and mission are essential for Jewish entities

*Look to the future, not the past, to nurture strong Jewish identities*

BY ALAN KRINSKY

Special to The Voice & Herald

IN ANOTHER AGE, perhaps, the Jewish identity of The Miriam Hospital was self-evident. Communal, charitable associations were an important part of Jewish identity, especially for new



Alan Krinsky

immigrants finding their place and their community in a new land. And once there were quotas on Jews for medical school entry, a Jewish hospital addressed that restriction.

The Miriam Hospital itself was a philanthropic effort by Jews to care for the Jewish poor, and it became a neighborhood hospital serving Jews and non-Jews alike.

In our day, however, I am not sure how many people feel

the Jewishness of The Miriam. It has *mezzuzot* on the doors, some Jewish art work, and the partnership with the hospital in Afula. But kosher food is only an option, not the norm. And the hospital's "Mission, Vision and Values" statement makes but a single Jewish reference, neither in the Mission nor the Vision, but as one of five Values: "We will honor our Jewish heritage."

I would suggest the Jewish identity of the hospital cannot be rooted solely in heritage, in history and memory. There also needs to be some future, some purpose, some sense of mission and of Jewish values.

An analogy to the formation of my Jewish identity is worth noting. When I was growing up and attending Hebrew school twice a week in the late '70s and the very beginning of the '80s, the most powerful element of my Jewish education concerned the Shoah.

In these few years before I became *bar mitzva*, I knew that, had I been there, I, too, would have been taken to the

camp. Only an accident of birth saved me from that fate. This was the core of my Jewish identity. Today, it no longer is.

Let me be clear: by no means do I deny the critical significance of Holocaust education. I think

**"Jewish identity cannot be rooted solely in heritage, in history and memory. There also needs to be some future, some purpose, some sense of mission and of Jewish values."**

it important to make it part of education, Jewish and secular, especially as the years pass.

And although I can say nothing about the Jewish identity of the survivors, I do think that for the subsequent generations, mine included, Holocaust education makes a weak cornerstone for a strong Jewish identity.

I understand why someone might reject a Jewish identity framed largely by the horrors of the Holocaust. There needs to be something more positive to being Jewish, something more than memory, even as memory remains indispensable.

Israel's *raison d'être* is also

worth evaluating. In his recent book, *Saving Israel*, author Daniel Gordis argues that the greatest threat to Israel is not the conflicts with the Palestinians and Arabs. Instead, he writes, "[I]f Israel is to survive, if Israel-

is are to make lives and raise their children in a country continually at war, they will need to be able to articulate to themselves why a Jewish state matters and why preserving Israel is worth the sometimes excruciating price that it exacts."

Gordis suggests that many Jews in Israel are losing or have already lost a sense of why it's important to have a Jewish state, why it is of value to Jews and to the world.

And why should young people serve in the military for two or three years, and then the reserves, and risk their lives for something holding little meaning for them? The state must have value and purpose for its citizens to be willing to sacrifice their very lives.

Of course, the stakes are vastly

greater for Israel than for The Miriam Hospital. Yet I think a similar logic applies. We have no future without a past, but we also have no future with only a past.

The past can hold meaning for us, but it is difficult for me to understand how it alone can sustain purpose. We need something to live for, and we require the confidence that our lives make a difference. In terms of individual Jews and Jewish communities and the state of Israel, we need to believe that the Jewishness of our lives, our communities and our homeland not only makes a difference, but makes an additional difference not possible without the Jewish element.

As one who returned to Judaism as an adult, I now feel such a sense of meaning and purpose. The question before us is what difference does the Jewishness of a hospital in an American city make today?

Alan Krinsky lives in Providence and works in the field of healthcare quality improvement; he can be contacted at [adkrinsky@netzero.net](mailto:adkrinsky@netzero.net).

## President Obama, it's time to 'recalibrate' on Middle East

*Orthodox leader wonders: 'Where is the new Arab approach to Israel?'*

By STEPHEN J. SAVITSKY

NEW YORK (JTA) – I was privileged to be invited, along with 16 other Jewish leaders, to meet with President Obama at the White House on July 13. Much has been written about this historic meeting; it's hard to believe there have been so many commentaries on a one-hour session.

After the meeting, I surmised that the administration was asking a great deal of Israel while requesting little from the Arab world.

President Obama likes the word "recalibrate." I've heard him use it on many occasions. He said, "We have to recalibrate the perception that little is being asked of the Arab world, and specifically the Palestinians."

We were assured at the meeting that there would be significant changes in the news releases and speeches given by moderate Arab leaders. The president felt that with a more evenhanded diplomatic posture, the Arab world would rise to the occasion.

Since we've had our meeting, I have not heard one Arab leader publicly recognize Israel's legitimate right to be a Jewish homeland and a free democratic society in the Middle East. I have not heard one Arab leader publicly recognize Israel as a nation among the nations of the world. I have

not heard one Arab leader call for the elimination of incitement and hatred against Israel. I have not heard one Arab leader recommend that the educational tools used to indoctrinate hatred against Israel be eliminated and new textbooks published in which Israel is displayed on the geographic map of the Middle East.

Also, I did not hear any words of conciliation and moderation at the recent Fatah convention. What I did hear were statements praising suicide bombers and threatening violence, as well as the ridiculous claim accusing Israel of assassinating Arafat – although the Fatah delegates acknowledged there was no proof.

What I did hear at the convention is that Palestinians who supposedly were expelled in 1948 should be able to return to their homes. What I did hear is that Israel had no justification to defend itself after waiting seven years and absorbing tens of thousands of missiles fired at its people. What I did hear is a Palestinian leader warning the Arab states not to normalize their ties with Israel. ("Normalization of Israel's ties with the Arab countries before the occupation ends in the Palestinian areas is the last thing that the Palestinians should have to experience," said Abu El-Izz Dajani, a former PLO ambassador.) What I did hear is Jordan calling on Saudi Arabia to publicly reject appeals to improve relations with Israel.

After meeting with U.S. Secretary of State Hillary Rodham Clinton, Jordan's Foreign Minister Nasser Judeh told her that confidence-build-

ing measures that the U.S. wants the Arab states to take will not produce a resolution to the conflict. It seems that the Arab world has totally rejected President Obama's requests. I eagerly await the change in approach promised us on July 13.

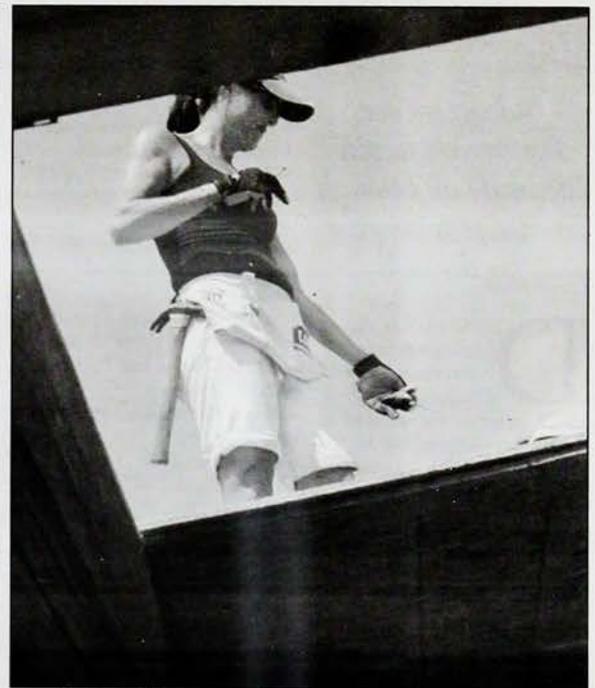
The Obama administration has continued to press the settlements issue with Israel, going so far as to summon its ambassador in Washington to the State Department over the eviction of illegal Arab residents in an East Jerusalem building.

The Arab world has sent a clear message to President Obama: "We will not change our rhetoric and we will not change our positions. Continue to press Israel, force them to give back land and compromise their security in exchange for words of hatred from moderate Arab leaders."

So I now ask you, Mr. President, if you are truly sincere about finding peace in the Middle East, is it not the time to recalibrate your position again?

May I suggest that you make it abundantly clear that the opportunity for peace rests clearly on the shoulders of the Arab world. Once they accept Israel completely and reject terrorism and incitement, and once the relationship between the United States and Israel is solidified to assure the world that there is no daylight, then and only then will the seeds of true peace be planted in the Middle East.

*Stephen J. Savitsky is the president of the Orthodox Union.*



Debbie Shlafmiz paused atop the roof of the Habitat for Humanity House she helped build in Providence.

## WOMEN: Bring groceries, *ruah* and friendship to R.I.

From Page 3

side of our own hometowns."

Many of the women commented that they've received far more from the experience than they gave; and more than one expressed, with quiet pride, the belief that they are role models for their children.

And, even in their backyards, the needs of the Jewish community continue to grow. There are more needy Jewish families in New York now than in the past 25 years, said Divon, and UJA New York recently established a program called Connect to Care. A \$7 million initiative, Connect to Care provides a one-stop resource to help Jewish middle class individuals, many of whom never needed help before and don't know where to turn.

Although this trip was organized through UJA New York, many of these women knew each other from shared synagogue experiences; they represented

three different synagogues in Port Washington, N.Y.

Nearly all came to Rhode Island as strangers, but one member of the domestic mission 'came home to Rhode Island.' Amy Sirotkin Harris, who grew up in Warwick and whose brother, Brad, still lives there, marveled at the changes since she moved away, nearly 25 years ago. "The kosher food pantry – that's new, and the JCC [I remember] was a fraction of the size it is today," she recalled. "I didn't recognize some of it, and Providence looks so much better."

Exchanges of business cards, email addresses and hugs lead this reporter to believe that the relationships will continue. Cooper, for one, hopes that we can reciprocate, as he said, "I was overwhelmed by these women's enthusiasm and dedication. Rhode Island really needed their support."

## ISRAEL: Is not responsible for the Palestinians' failings

From Page 4

crisis – much less pay compensation for it.

When the United Nations voted in 1947 for the creation of two states in Palestine, one Jewish, the other Arab, the Jews accepted the resolution. It was the Arab side that rejected the proposal and launched what the Arab League itself called "a war of extermination" aimed at throttling the nascent Jewish state in its cradle.

The refugee problem was spawned by this immoral war of aggression against Israel. Why should Israel accept responsibility, even jointly, for the result of a conflict it sought to avoid? Why must it pay compensa-

tion for defending itself against murderous enemies who sought its destruction?

Finally, Mo'az acts as though the Arab League's insincere 2002 initiative was the only gesture toward peace in Middle Eastern history. What about Israel's willingness to surrender Sinai in order to conclude peace with Egypt in 1979? What about Oslo? Camp David 2000? The Gaza withdrawal? The Annapolis talks?

Mo'az ignores the concessions offered or made by Israel in them all, while placing the burden solely on Israel's shoulders. "Successive Israeli governments," he laments, "either ignored or rejected [the Arab League]

initiative even as a starting point for negotiations, thus missing a great opportunity for peace." Even here he is inaccurate.

Benjamin Netanyahu – whom Ma'oz designates as one of the ignorer/rejecters – was quoted in Ha'aretz on July 24 as saying, "If these proposals are not final, they can create an atmosphere in which a comprehensive peace can be achieved." In contrast, Fatah leader Mahmoud Abbas has stated that the Palestinians will never recognize Israel as a Jewish state no matter what territorial agreement might be reached.

*Dr. Jack L. Schwartzwald resides in North Kingstown.*

## EDUCATION: Can occur anywhere, anytime, with anyone

From Page 4

relaxed days of summer where personal passions for learning – and play-

ing – can be indulged.

Savor the joys of learning something new, somewhere, sometime.

**The Voice & Herald welcomes letters from our readers. Send letters (no more than 200 words, please) to [voiceread@jfri.org](mailto:voiceread@jfri.org) or The Voice & Herald, 130 Sessions St, Providence, RI 02906.**

**Letters must be signed and may be edited for content and length.**

WASHINGTON: Letter reminds us that First Amendment rights are precious

From Page 1

try would accord all its citizens respect and tolerance, whatever their backgrounds and religious beliefs.

Washington's communication also assured Touro officials, "May the children ...of Abraham, who dwell in this land, continue to merit and enjoy the good will of the other Inhabitants; while every one shall sit in safety ...and there shall be none to make him afraid..."

More than 200 years later, the keynote speaker, Senator Sheldon Whitehouse (D-RI), reminded the audience that America always recovers because, he said, "of what we are. America is an idea, a promise."

We can't, though, be lax about our commitments to those ideas and promises, Whitehouse warned. "When national security impels us to break a promise or ideal, it's a fool's promise," he said. "We dim or darken those ideals at our own peril."

On a more positive note, Whitehouse continued, "Touro Synagogue is a source of pride, a reminder of our past, and of Rhode Island's lively experiment." With the new Loeb Visitors Center, the face of Newport is brightened even more. The Loeb Center is "like meeting someone new and knowing that you will like that person," he said.

"So many events link one to another through the arc of history," said Whitehouse. America's history is filled with themes of hope, justice, equality and liberty, he said.

"[We are a] 350-year-old congregation, an active congregation," said Bea Ross, the co-president of Congregation Jeshuat



U.S. Senator Sheldon Whitehouse gave the keynote address at the Aug. 16 reading of the George Washington Letter at Touro Synagogue.



Guests listen intently to the presenters on a hot, humid day.



Bea Ross and former Governor Bruce Sundlun pause; Rabbi Leslie Gutterman of Temple Beth-El appears in the background.

two teen-aged children, Leach wants that generation of Jews to get and stay involved in the synagogue and Touro. The annual letter reading, he said, memorializes what happened in the 1700s and demonstrates the significant connections between the syna-

as well.

Eighty-two-year-old Frank Hale was wearing full color guard clothing as a member of the Artillery Company of Newport. A direct descendant of a former governor of Rhode Island, Caleb Carr, Hale has attended many of these readings, and cited his great interest in local history.

Synagogue member Irving Kessler said, "Everything worked out as George Washington promised. Washington's letter was a promise of "to bigotry no sanction," and Jews [have been] treated like everyone else here," he said. Kessler and his wife, Greta, were married in the synagogue 55 years ago. The letter

and its annual reading demonstrate the role of the Jewish community in achieving a perfect democracy, he said.

In addition to Whitehouse and Ross, other speakers included master of ceremonies Keith W. Stokes, chair, Touro Synagogue Foundation; Rabbi Leslie Gutterman; and Rabbi Mordechai Eskovitz of Touro Synagogue. Colonel Jonathan deSola Mendes, honorary trustee of Congregation Shearith Israel, and Michael Jesselson, president, Jesselson Capital Corporation, read the Seixas Letter and the Washington Letter, respectively.

**"Every day reaffirms our nation's bedrock of commitment to religious freedom. How fortunate we are."**

Bea Ross  
co-president of Congregation Jeshuat Israel

Israel, the congregation that worships at Touro Synagogue. "Every day we pray here reaffirms our nation's bedrock of commitment to religious freedom and individual liberty. How fortunate we are."

Audience attendees, Jewish and gentile, found the annual reading moving and meaningful.

James Leach, the vice chairman of the Touro Foundation, a board member of Congregation Jeshuat Israel, and now a full-time Newport resident, wants to bring younger members into the congregation. "The Loeb Visitors Center will bring new light and new life to Touro," he said. With

gogue, the state of Rhode Island and the entire country.

Nuala Pell, the widow of former Senator Claiborne Pell, has always appreciated Touro Synagogue. "It's a living testament to history," she said. Former Governor Bruce Sundlun and former Ambassador John L. Loeb, Jr., who celebrated the recent opening of the Loeb Visitors Center, an undertaking that took \$12 million and 12 years to come to fruition, also attended the ceremonies.

Three high school students who won The Rita and Aaron Slom Scholarship for Diversity and Freedom were recognized,

# The Evening of Jewish Renaissance

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## BJE helps Jewish educators prepare for 'back-to-school'

*Tishrei workshop, Morim programs on the agenda*

By LAWRENCE KATZ  
lkatz@bjeri.org

**T**HE BUREAU of Jewish Education of Rhode Island's (BJE) Educational Services Department is a community resource devoted to serving greater Rhode Island's day and synagogue schools and Jewish educators; it can help teachers as they prepare for a new school year.

An integral part of the department, BJE's Creativity Center contains a veritable treasure trove of materials and curriculum resources for use all year. It is fully stocked with materials to help teachers create a warm and welcoming Jewish environment in their classrooms.

In addition to the Creativity Center resources, BJE will offer a series of workshops for educators, and the Morim program, a professional development series for beginning educators.

The first workshop in the series is a Tishrei holiday workshop, led by Hadas Sommers, a master educator and educational services consultant

at the BJE. The workshop will help educators prepare to teach the Tishrei holidays in new and more meaningful ways.

The Morim program is a monthly professional development opportunity for individuals who are relatively new to teaching Jewish education. The Morim program sessions help teachers develop the practical skills they need to succeed in the classroom, and addresses lesson-planning and classroom management, among other topics.

Visit the Web site at [www.bjeri.org](http://www.bjeri.org) for more information on all BJE educator and school services. Contact Diane Cerep, BJE's creativity center coordinator at 331-0956, ext. 182 or [dcerep@bjeri.org](mailto:dcerep@bjeri.org) to register for the Tishrei workshop on Tuesday, Sept. 8, from 7 - 9 p.m. at the BJE Creativity Center, or the Morim program. Register early for the Tishrei workshop for a light dinner, as well.

Stipends are available to teachers who complete at least 80 percent of the sessions. The Morim program begins this year on Oct. 26.

Lawrence Katz is the associate executive director for educational services at the BJE. Contact him at 331-0956, ext. 179, or [lkatz@bjeri.org](mailto:lkatz@bjeri.org).

## ASK WENDY

### What a surprise: Rhode Island's best 'bagels with everything' are in Seekonk

*Concierge is a sleuth, taste-tester and source for everything Jewish in R.I.*

By WENDY JOERING  
[wjoering@jfri.org](mailto:wjoering@jfri.org)

**L**AST FALL when I was hired to be "The concierge for all things Jewish in Rhode Island," friends started asking me lots of questions - mostly about food. As a Jew, from New York, I was spoiled, growing up with great pizza, Chinese and bagels, not to mention New York diners, on nearly every corner! So when the most popular question was, "Where can I find a good bagel?" my initial response was 175 miles south of here, on Middle Neck Rd. in Great Neck, NY. That, of course, was not acceptable.

So I set out to find the best bagel. Over the course of many Sunday mornings, I tried bagels all over the state. When I started telling people what I was doing, everyone had an opinion.

Then the project took on a life of its own! My good friend and Barrington



resident, Nicole Jellinek, challenged me to a blind bagel taste-off. How could I refuse? I gathered tasters from around Rhode Island, and from New Jersey, Baltimore, the Midwest and the bagel capitol of the world, New York. The results may surprise you, as they surprised us!

We tasted bagels from nine different shops, including two frozen "New York Style" kosher brands, without any accompaniments - no lox, no *shmeer* of cream cheese or melted butter. The results:

For a plain bagel, Bristol Bagel Works, 420 Hope St., Bristol, took first place, Crazy Korner Bagel & Deli, Route 6, Seekonk, Mass., took second place and Bagel

Gourmet, 250 Brook St., Providence, came in third.

For an everything bagel, Crazy Korner Bagel & Deli took first place, Bagel Gourmet took second and Bagelz The Bagel Bakery, 21 W. Main St., Wickford, placed third.

So, I can tell you where to find the best bagel and the best Chinese food in your area, but I can also help you find a *mobel* for your son's bris, tutoring services for your daughter's *bat mitzvah* and an introduction to Judaism class for you!

I am on a mission to help make Jewish life in greater Rhode Island as fulfilling and meaningful as possible - for all members of the community. I want to connect you to the services and programs that you need. So please send me your questions. If I don't know the answer, I will find it for you!

Joering is the community concierge and the Jewish volunteer connection (JVC) coordinator at the Jewish Federation of Rhode Island. Her column, "Ask Wendy," will appear in *The Voice & Herald* every third issue. Contact her at 421-4111 x169 or [wjoering@jfri.org](mailto:wjoering@jfri.org).

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## BJE welcomes new teen education director

PROVIDENCE- The Bureau of Jewish Education welcomes Shari Weinberger as the new director of teen education. She worked most recently in Stamford, Conn. where she was the director of the community Hebrew high school for the past three-and-one-half years, she is known for her out-of-the-box creativity in incorporating experiential education into all programs.

Brand new to Providence, (due to her husband's job), she is excited to meet the teens and their parents and get their feedback and ideas to create stronger, more vibrant programs.

She's a board member of the National Association of Community Hebrew High Schools, and is on the Advisory Board for Evaded Issues in Jewish Education, a resource guide for Jewish educators.



Courtesy/Shari Weinberger  
Shari Weinberger

Her daughter Amanda, a ninth-grader, will join her at the Harry Elkin Midrasha Community High School.

Contact Shari at [sweinberger@bjeri.org](mailto:sweinberger@bjeri.org) or 221-0956, ext. 181.

**CONSUL:** General summoned to explain leaked memo

From Page 1

criticized Israeli policies toward the Obama administration, designed to serve the interests of Obama's domestic opponents.

According to wire service accounts, Tamir wrote, "There are people in the U.S. and Israeli politics who ideologically oppose [U.S. President Barack] Obama, and are willing to sacrifice the special relationship between the two countries in order to advance their political agendas."

The letter continued, in part, "The atmosphere of confrontation between the Israeli government and the Obama administration puts the American-

Jewish community, which is so important to us, in a difficult position. Many of them are distancing themselves from the State of Israel because of this conflict."

Local Jewish leaders expressed ongoing support for Tamir, whom they consider a true friend.

"By coming to Rhode Island

and meeting with our national, state and local leaders, Tamir has put a human face on the stories of Israel," said David Leach, chair of the Community Relations Council (CRC) of the Jewish Federation of Rhode Island (JFRI). "He's met with leaders of the Jewish and interfaith communities, including Ruth Simmons at Brown University and Robert Caroth-

ers [former president of URI]. Tamir is a valuable asset in getting Israel's message across to the Rhode Island community."

"I have worked with Tamir for the last two years

to help promote Israel in Rhode Island," Avi Nevel, chair of the Israel Task Force of the CRC, said. "I've not met anyone else as dedicated and committed to the promotion of Israel."

"The Consul General and his staff have worked hard to strengthen Israel's relationship with Rhode Island," said Marty Cooper, the JFRI community

relations director. "Tamir was an eloquent speaker at last fall's community service [held at Temple Emanu-El during the Gaza conflict]." The Consul General accepted an invitation with less than 48 hours notice, Cooper said, during a crucial period for Israel and US relations. "His presence and presentation helped solidify support for Israel with the community

during a tremulous time when many Rhode Islanders questioned Israel's actions," he added.

During the two years he's held the Consul General post, Tamir has helped the Rhode Island Jewish community implement programs that exemplify Israel's role in science, medicine, technology and the arts, said Cooper.

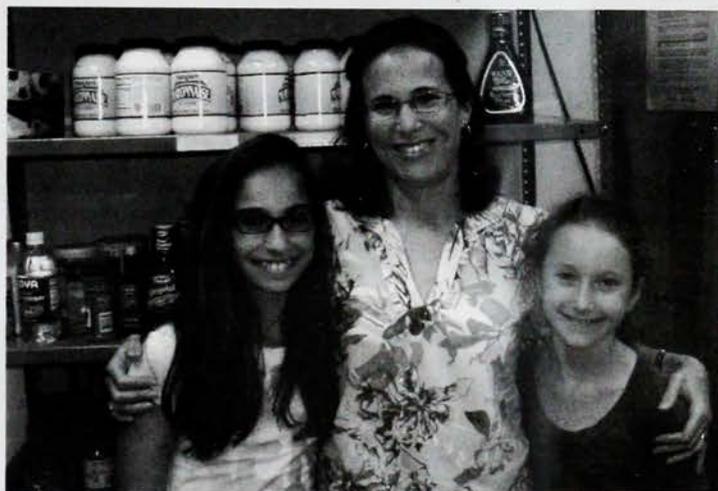
Tamir will be "on-the-ground" in Rhode Island later

this month. Scheduled to host a New Year's open house on Sept. 15 at Temple Sinai to meet spiritual and community leaders in the Jewish community, he will meet two days later with Nancy Carriuolo, Rhode Island College's new president.

The Voice & Herald will feature an interview with Tamir in an upcoming issue. Stay tuned.

**"Tamir's presence helped solidify support for Israel when many Rhode Islanders questioned Israel's actions."**

**Marty Cooper, community relations director, JFRI**



Courtesy/JSA

**IT'S A FAMILY AFFAIR: Nassau family volunteers at The Full Plate**

Debra Nassau, center, and her two daughters Rachel and Jessica volunteer at The Full Plate, the kosher food pantry. If you wish to volunteer, contact Ethan Adler at 621-5374 or eadler3@cox.net. Funding provided by the Jewish Federation of Rhode Island and private donations.

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**REMEMBER:** The past so that it is not repeated

From Page 1

the first deportation of German-born Jews. The monument of red sandstone, designed and executed by a student, depicts a section of a broken bridge with, simply, the name 'Gurs.' Here, too, the students sprinkled red rose petals and stood for a moment of silence. Throughout, I was so impressed by the seriousness of the students, how much they had assimilated about Judaism and Jewish history in their region, and how eager they were to learn more.

The book readings occurred in four different locations during the next several days. In each, I spoke briefly (in English with an interpreter) and read from my book (in German). After I spoke, a rather lengthy question and answer and discussion period

*Editor's Note: In the Aug. 7 issue of The Voice & Herald, we featured Goldstein's recollections of her third trip back to Germany, where she was born. We continue with her recollections here. Goldstein was gracious enough to let us include some of the recipes in her book, Ordinary People, Turbulent Times. They appear on page 25.*

in German followed, as did a book signing. At each reading, attendance was larger than expected, ranging from 30 to 90 attendees. For example, in Kenzingen, the inn-keeper had set up for about 45, yet the overflow spread out into the garden and up into the bar.

Audience members shared their own reactions to the Nazi period and told stories of hidden Jews and small gestures of rebellion against the Nazi policies. Others came with photo albums. One picture depicted three girls with a toddler in a white coat and hat – me; another showed four girls in identical dresses, the fabric of which had been bought from my father (who owned the family fabric/household goods store in Kenzingen); and another was of two children holding dolls, one of which had been mine until it was sold when we fled Germany.

At one reading, a woman rose to publicly apologize for the atrocities against the Jews, and regretted that she could speak only for herself and not for the



PEOPLE OF ALL AGES line up to talk with Goldstein after one of her book readings in southwestern Germany.

municipality.

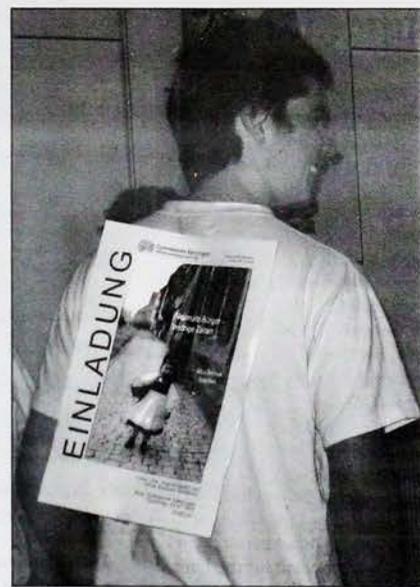
I was eager to see the interior of the house where we'd lived, which now houses an optical shop and two rental apartments. The shop manager tracked down the owner and obtained a key for the currently unoccupied apartment that my grandparents had lived in so many years ago. I found it quite changed, with new walls, doors, and windows, despite the old layout. Not much to be nostalgic about. But I did notice one old doorframe and door that clearly had not been changed along with the others. On close inspection, I found the two holes once made by a *mezuzah*. The manager, witnessing my disappointment that I couldn't see more of the interior, offered to send me pictures of the other areas.

Throughout our stay, we were remarkably impressed by people's friendliness and helpfulness. Many went out of their way to assist us in getting around, lending Sid a hand when he needed it, and welcoming us to the area.

The mayor of Kenzingen took us to lunch, and we were honored

at City Hall. A therapist who noticed Sid's swollen hand at a book reading, gave him a massage on the spot. He gave Sid additional massages every morning and taped his hand, rejecting any payment at all. Acquaintances stopped by to bring us fresh rolls in the morning (they have a shelf-life only slightly longer than Pesach rolls). Our landlord brought us both the region's specialty – a *linzertorte* (raspberry tart) – and a rather formal welcome. He indicated how impressed he was that we came, considering my past history; how important he thought the visit was; and how much he hopes that visits like ours will help the German people to remember the past and not repeat it.

I realize that we met a selected group of individuals – those who are appalled at their past and want both to atone and rebuild.



A HIGH SCHOOL STUDENT wears a poster advertising Goldstein's book readings.

As one woman said, she herself was two generations removed from the Nazi era and in no way responsible. Yet when she learns about the period, she can't help feeling some guilt and the need to atone. She and so many others we met hope very much that young people will learn the lesson and help build a better future.

I realize how difficult this is and how much racism and prejudice, if not against Jews then against Muslims or other minorities, still has to be overcome. But I am impressed by how much is being done in German schools and other venues to move ahead. I am cautiously optimistic about their future.

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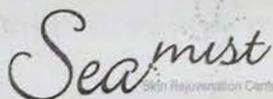
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## ISRAELIS: They're not so sure about President Obama

From Page 1

Obama's policies on Israel. He suggested, however, that numbers only tell part of the story.

Despite the polls, my informal dialogue found Israeli opinion about the U.S. president to be tentative, but not always negative.

**Ruth Lande, 33, diplomat, Ministry of Foreign Affairs**

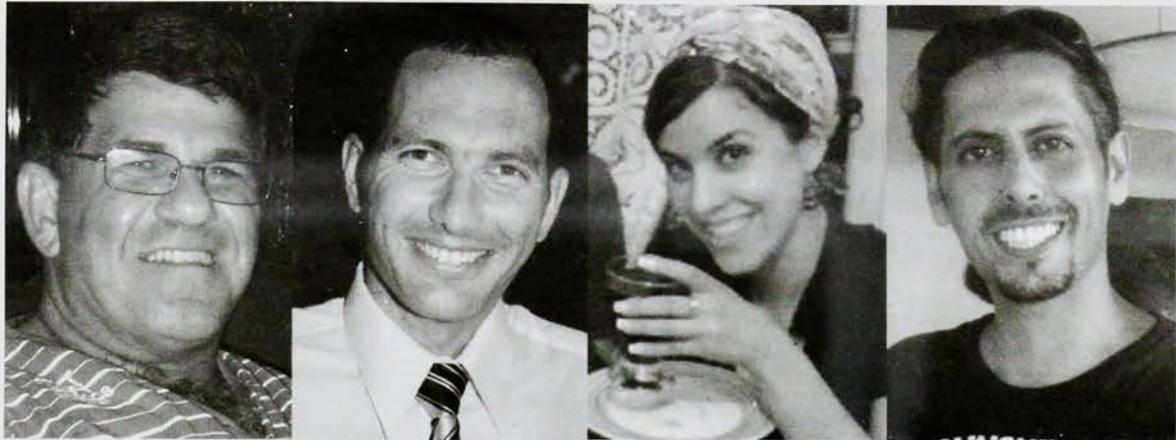
With all the current problems in the international arena and at home, he will have a difficult time juggling priorities: Afghanistan, Pakistan, the Middle East peace process and the economic crisis. However, I see Obama's election as symbolic of Americans' increasing liberalism.

A senior Israeli politician once said, "The best president for Israel will be that person who is the best president for the United States." He will be successful at bringing peace to the Middle East because he will enjoy support at home. I do see him as able to negotiate with the major players in the region.

**Tsvi Frenkel, 56, administrator, Bar-Ilan University**

Obama and the Americans don't seem to understand the relevance of Israel and its place in the Middle East. They think they can deal with the Muslims as if they are Europeans, but their outlook is totally different. This is the source of Obama's lack of understanding.

He needs to see Israel as the only national home of the Jewish people and the source of strength for Jews around the world. When he starts demanding the freezing of settlements, as if they are part of an "occupied" land, instead of



Tsvi Frenkel

Aviv Wasserman

Liat Spiegel

Yaki Amsallem

Israel's land, he shows a lack of understanding of local politics.

It doesn't surprise me that Americans are against Jewish sovereignty in Israel; I don't see this as a new phenomenon. I don't see why it is America's job to decide how and when I defend my family and my land. I think this should be my choice, not the Americans' choice.

**Aviv Wasserman, 35, lawyer, executive director of the Lod Community Foundation**

It gives me hope that someone with the background as a community organizer (as I am) can rise to such a prominent position. Because of him, people who work for *tikkun olam* should remain optimistic. If Obama, as a public interest lawyer, can reach the top, we know that it's not only generals who can make policy.

I have *tikva* (hope) that Obama

has a better chance than most politicians of making peace; as a community organizer, you have to build coalitions.

**"The best president for Israel will be that person who is the best president for the United States."**

**Naomi Elyadin, 50, kibbutz member, Kibbutz Lavi**

First of all, he is totally handsome. I'll bet nobody said that yet!

Whether or not he is good for Israel, I think it is too early to know. He seems like a good politician. He's just talking for now. I do think that because he knows what it is like to be different (because of his ethnic background), he should be able to empathize with the Jewish

situation.

I think that peace making is important to his career. I don't know where he thinks the settlers will go if they empty the settlements.

**Yaki Amsallem, 36, owner, Café George, Tel Aviv**

Obama isn't a *frier* (sucker). He projects a "don't mess with me" attitude. He talks nice and he'll listen to everyone, but I get the sense that it isn't a good idea to mess with him.

I'm sure that people are skeptical about his way of getting to an agreement, but I trust him. He isn't like George W. Bush in that he doesn't give unconditional support to Israel. Everybody wants support, don't you?

**Ezer Alperin, 29, physics student, Tel Aviv**

Obama seems cool. I think he has a clear agenda, but one that Israelis don't get. I think I know what he wants. Israelis can't tell if he is good or bad for Israel.

This is good for everyone. Psychologists have understood this for a long time. He shouldn't and doesn't seem biased toward anyone or else he doesn't have a chance for diplomacy. But the Israelis can't see it that way. They want the American president to unilaterally support them.

**Liat Spiegel, 22, student, Haifa**

I don't really follow politics in general; I've been busy planning my recent wedding. I hear a lot about his wife. I do think that because of his history, and the history of African-Americans and their suffering, he will be more sensitive to the Jews as a minority group.

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Attorneys at Law



Jeffrey B. Pine  
Attorney General 1993-1999

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## Jewish Community Calendar

### Friday

August 21

#### "Dirty Rotten Scoundrels" at Theatre by the Sea

Enjoy Theatre by the Sea's last summer show for the season, stroll the gardens and dine pre- or post-performance.

**WHERE:** Theatre by the Sea, 364 Cards Pond Rd., Matunuck

**WHEN:** 8 p.m. Show runs through Sept. 6, evening and matinee hours vary.

**COST:** \$39 to \$49

**MORE INFO:** 782-8587 or [www.theatrebythesea.com](http://www.theatrebythesea.com)

### Sunday

August 23

#### Tifereth Israel Family Picnic

Event includes races, raffle, hot dogs and hamburgers. Family, friends, potential members are welcome.

**WHERE:** Tifereth Israel Synagogue, 145 Brownell Ave., New Bedford, MA

**WHEN:** 4 p.m.

**COST:** \$5 per person, \$15 per family

**MORE INFO:** RVSP required, 508-997-3171



**SHABBAT ON THE BEACH** – Temple Habonim's last outdoor Shabbat service of the summer, on Barrington Beach. See August 28.

#### Temple Emanu-El Back to School BBQ

Sponsored by the Outreach Committee, prospective Temple members will attend for free.

**WHERE:** 99 Taft Ave., Providence

**WHEN:** 5 – 7 p.m.

**COST:** \$10 adults, \$5 children under 10, children under 4 are free; \$30 family maximum

**RSVP:** 331-1616 or [happenings@teprov.org](mailto:happenings@teprov.org)

### Monday

August 24

#### Stop and Smell the Roses at EPOCH

Linda Shamoan, president of the RI Rose Society, will educate the audience on roses, which ones grow best and how to plant them, how to keep them healthy.

**WHERE:** EPOCH Senior Living on Blackstone Boulevard, 353 Blackstone Blvd., Providence

**WHEN:** 3 p.m.

**MORE INFO:** 273-6565

### Thursday

August 27

#### JFS Sandwich Generation Financial Literacy series

Save for retirement and a child's education, care for aging parents, advocate for your elder effectively, and understand current market conditions.

**WHERE:** Jewish Community Center of RI, 401 Elm Grove Ave., Providence

**WHEN:** 6 p.m.

**MORE INFO:** 331-1244, [info@jfsri.org](mailto:info@jfsri.org), [www.jfsri.org](http://www.jfsri.org)

#### JERI August Satellite Hours

Susan Adler, director, and Ethan Adler, assistant director, are

available for walk-in visits to explore "Remembering the past... Celebrating the future." Ethan is available for one-on-one pastoral conversations.

**WHERE:** Congregation B'nai Israel, 224 Prospect St., Woonsocket

**WHEN:** 2:30 - 4 p.m.

**MORE INFO:** Susan Adler, 621-5374, [sadler-jeri@jsari.org](mailto:sadler-jeri@jsari.org)

### Friday

August 28

#### Home-Style Shabbat in East Greenwich

Kid-friendly Shabbat family dinner followed by interactive family Shabbat evening service.

**WHERE:** Temple Torat Yisrael, 1251 Middle Rd., East Greenwich

**WHEN:** 5:45 p.m. supper, 6:15 Shabbat service

**MORE INFO:** 785-1800

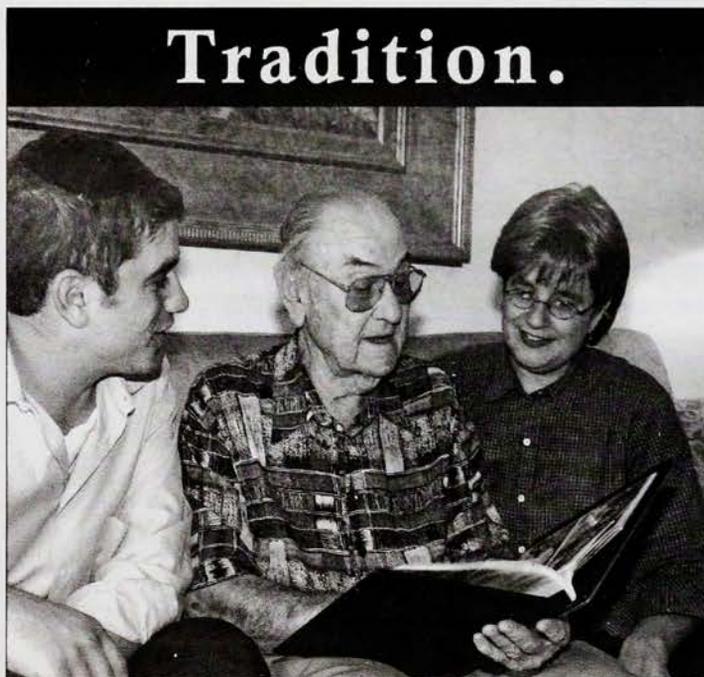
#### Temple Etz Chaim Shmooz

Come to a Shabbat *shmooz* with wine and cheese before the sun sets and the candles are lit.

**WHERE:** Temple Etz Chaim, 900 Washington St., Franklin, MA

**WHEN:** 6:30 p.m., service at 7:30 p.m. with *oneg* to follow

See CALENDAR, Facing Page



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# Calendar

From Page 12

**MORE INFO:** 508-528-5337

## Temple Habonim Shabbat on the Beach

Jodi Blankstein, cantorial soloist, and Rabbi Andrew Klein lead last outdoor Shabbat service of the summer.

**WHERE:** Barrington Beach, End of Bay Road, Barrington

**WHEN:** 6:15 p.m.

**MORE INFO:** 245-6536

## Saturday

### August 29

#### Touro Fraternal Association's Summer Two-fer

An evening of dinner theater and cabaret at Newport Playhouse includes a dinner buffet and "Norman, Is That You?"

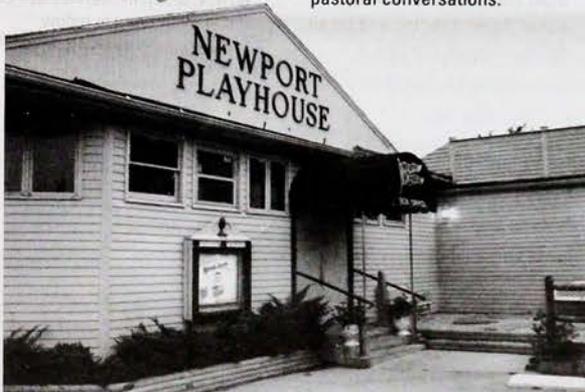
**WHERE:** Newport Playhouse, 102 J T Connell Highway, Newport

**WHEN:** Dinner at 6:15 p.m.; performance at 8 p.m.

**COST:** \$50 per Touro couple, \$100 per non-Touro couple

**MORE INFO:** P.O. Box 3562, Cranston, RI 02910

## Sunday



ENJOY AN EVENING OF dinner theater and cabaret at Newport Playhouse. See Touro Fraternal, August 29.

### August 30

#### Temple Torat Yisrael Yeladon and Cohen Religious School Open House

**WHERE:** Lower Village Middle School, 2220 South County Trail, East Greenwich.

**WHEN:** 9:30-11:30 a.m.

**MORE INFO:** 785-1800

#### Temple Emanu-El Religious School Orientation

Meet Ritual Director Hinda Eisen, and experience the back-to-school transition.

**WHERE:** Temple Emanu-El, 99 Taft Ave., Providence

**WHEN:** Orientation at 6:30 p.m., family ice cream social at 7 p.m.

**MORE INFO:** Miriam Abrams Stark at 331-1616, Miriam@teprov.org

## Monday

### August 31

#### JERI August Satellite Hours

Susan Adler, director and Ethan Adler, assistant director, are available to explore "Remembering the past...Celebrating the future." Ethan is available for one-on-one pastoral conversations.



**STOP AND SMELL THE ROSES** Linda Shamoan, president of the RI Rose Society, will educate the audience on roses and how to grow them. See Epoch, August 24.

**WHERE:** Sakonnet Bay Manor, 1215 Main Rd., Tiverton

**WHEN:** 10-11:30 a.m.

**MORE INFO:** Susan Adler at 621-5374 or sadler-jeri@jsari.org

## Thursday

### September 3

#### Temple Am David Lunch & Learn

Cantor Rick Perlman leads weekly Torah portion discussion; enjoy a kosher deli lunch.

**WHERE:** 40 Gardiner St., Warwick

**WHEN:** noon-1 p.m.

**COST:** \$10

**MORE INFO:** RSVP required, 463-7944 or cantorrick@cox.net

## Friday

### September 4

#### Friday School Open House

**WHERE:** Jewish Community Center, 401 Elmgrove Ave., Providence

**WHEN:** 4 - 6 p.m.

**MORE INFO:** info@thefriday-school.org

### September 7

#### Chabad Shofar Factory

Fashion your very own shofar from a real animal horn as you learn the entire process from the cooking to the final polishing.

**WHERE:** Chabad House, 362 Hope St., Providence

**WHEN:** 11 a.m.

**COST:** \$2 admission; \$7 per shofar

**MORE INFO:** 884-7888 or Rabbi@rabbiwarwick.com

## Monday

## 2009-2010 Jewish holidays

With the start of school and new calendar entries, we thought it advisable to include the dates for the major Jewish holidays for the balance of 2009 and for 2010. Remember that all Jewish holidays begin on sundown the evening before.

**2009**  
Rosh Hashanah  
Sept. 19 - 20

Yom Kippur  
Sept. 28

Sukkot  
Oct. 3 - 4

Shemini Atzeret  
& Simhat Torah  
Oct. 10 - 11

Hanukkah  
Dec. 12 - 19

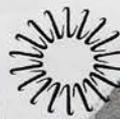
**2010**  
Purim  
Feb. 28

Passover  
March 30 - 31

Concluding Days of Passover  
April 5 - 6

Shavuot  
May 19 - 20

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## MEDICAL ARTS

## Make me to know who I am

Biologists, writers  
and sociologists  
cannot agree

**W**HEN *The Jewish Publication Society of America* editors began the lengthy process of assembling their four-volume text, "The Jews. Their History, Culture and Religion," in 1940, they appealed to large numbers of Jewish scholars, worldwide, asking them the following question: "What questions should be answered in this contemplated book on Judaism and the Jews?"

A blizzard of responses emerged – doctrinal, ideological, epistemologic, cultural – but the dominant question was simply: "What is a Jew?," followed closely by a corollary question, "Who is a Jew?" and sometimes accompanied by a discordant footnote, "Why bother to seek the answer?"

Stanley Aronson MD

To answer the question, and assuming that there is an answer, one must first establish objective anthropometric and/or cultural criteria in defining what is a Jew. Many historians and sociologists had declared that it is easier to define what is not a Jew than what is. The role of assimilation and exogamy, generation by generation, diminished the likelihood that a simple biological answer will be forthcoming. Rewording the question, then: "Is there any test or battery of tests that can unequivocally identify a Jew?"

The development of a rational taxonomy allowed 19th century biologists to offer a defensible classification of living things. It was only natural, then, to apply the same diagnostic tools to various groups of humanity – and specifically to a heterogenous group called Jews – to determine whether there is any objective rationale for declaring them to be biologically distinguishable.

The primitive pseudo-science of body measurements – called anthropometry – was the first of many tests deployed in seeking an answer. The ratio of cranial length to cranial width, a major analytic tool of

early anthropologists, showed a significant difference between those of Mediterranean stock (long-heads) and those of north European stock (short-heads). Measurements of European-born Jews show the short-head pattern akin to their non-Jewish European neighbors rather than an alignment with their coreligionists in the Middle East, thus suggesting that the biologic

**"Is there any test or battery of tests that can unequivocally identify a Jew?"**

plasticity of the diaspora Jews was enhanced considerably by their dispersion and assimilation.

A succession of increasingly sophisticated biochemical tests was tried, particularly tests of blood types and other biological markers. No one parameter – or even cluster of parameters – was demonstrated which were unequivocally "Jewish."

What were the thoughts of some of the early 20th century scholars in explaining Jewish identity and cultural solidarity? An endless debate ensued, many – for legitimate reasons – hoping that no tests would emerge. In 1900, for example,

one writer declared: "The Jews can rank neither as a nation, nor even as an ethnic unit, but rather as a socio-religious group." Another writer defined the Jews as a group held together "partly by a long historic memory, partly by a sense of common suffering, partly by a religion."

By 1939, the failure of any laboratory test of Judaism led to this retrograde answer: "A Jew is one who by virtue of family tradition, does practice or whose ancestors did practice the religion of Judaism." Still others declared Jews to be "a peculiar people," "a quasi-caste," "a social anomaly," "a linguistic group" and even "a chimeric people leading a life of unreality."

By the middle of the 20th century, then, all hopes (or fears) of an independent laboratory test for Judaism had faded, leading most observers to conclude that "a Jew is a person who calls himself a Jew or who is called Jewish by others." The stereotypic features alleged to be Jewish (such as "talking with the hands" or a hooked aquiline nose) were shown to be regional attributes not confined to Jews.

The discoveries of nucleic acids as definable hereditary

units capable of biometric analysis, have now led to laboratory techniques of greater discernment and relevance. Further analysis of DNA, particularly in the male Y chromosome, and the female mitochondria have been widely applied to known Jewish populations (Ashkenazi, Sephardic), to those claiming to be Jewish (Falashas of Ethiopia, Karaites of Crimea, Cochabamba, Beni-Israel of Bombay) and those with Jewish ancestry but who are no longer Jewish (*conversos* of New Mexico, *Anusim* of Balearic Islands, *Maimonem* of Salonika). It is now possible to indicate the statistical probability of whether a coherent group may have Jewish ancestry.

The last century has witnessed an enormous effort to provide answers to the seminal question: "What is a Jew?"

Answers have been suggested by scientists, Judaic scholars, even entertainers such as Woody Allen and Jackie Mason. One perceptive sociologist concluded: "Jews are composed of two extreme groups: those who want to be Jewish; and those who cannot escape being Jewish."

*Dr. Stanley Aronson, a retired physician, can be reached at smamd@cox.net.*

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Temple Emanu-El welcomes  
new ritual director/educator

BY VOICE & HERALD STAFF  
voiceherald@jfri.org

PROVIDENCE – Temple Emanu-El welcomes new Ritual Director/Educator Hinda Eisen, who replaces Cantor Leslie Hamilton Penn, who resigned.

Eisen, who grew up in a traditional Conservative home in West Caldwell, N.J., brings a wealth of Jewish knowledge, knowledge learned from, she said, her parents, Susan and Steven Eisen, the Jewish day schools she attended and the Jewish Theological Seminary.

Eisen's experiences as a Camp Ramah camper and counselor and as a member of the HaZamir choir will serve her well in her new position. She holds a B.A. in religion, concentrating in Judaic studies and a minor in special education from Boston University.

Asked about her favorite rituals, Eisen replied, "I love the whole extended ritual of



Courtesy/Temple Emanu-El

Hinda Eisen

welcoming Shabbat – lighting the candles, *davening* and singing, saying *kiddush*.

The whole experience includes just the right amount of spirituality, Jewish awareness, and mixed with the practicality of needing a haven in the work week."



Courtesy/JCCRI

Front, left, Danielle Levine and Rebeka Heath; rear left, Gabrielle Warshay, Hannah Meharg, coach Barney Heath, Rae Pfau of Kansas City, Shira Levine of Kansas City, Allie Robbio and Mikaya Davis of Kansas City pose for an all-team picture.

## Cheers, hurrahs for JCC Maccabi Games participants

SAN ANTONIO – Student-athletes from Rhode Island participated in the JCC Maccabi Games, held on Aug. 8-14 in San Antonio. The seven athletes were supervised by chaperone Elice Landry, basketball coach Barney Heath and Darlene Desroches, the delegation head and coach. Narragansett residents Aaron Libman and Dan Lebove played soccer on a mixed delegation team with players from Birmingham, Ala.; Kansas City, Kan.; and Columbus, Ohio; the team finished in fourth place.

The girls' basketball team, Gabrielle Warshay, Allie Robbio and Daniela

Levine, all of Providence, Hannah Meharg of Cranston, and Rebekah Heath of Pawtucket, welcomed three girls from Kansas City, Kan.; the team finished in fifth place.

It's not too early to start thinking about next year's Maccabi Games, says Desroches. Next year's events, which will include both JCC Maccabi Arts-fest and Maccabi Athletic Games, will be held in August 2010, most likely in Baltimore, Md.

*Want more info? Contact Darlene Desroches at the JCCRI at 861-8800, ext. 155.*



Courtesy/JCCRI

## Super-heroes or super-models?

JCC pre-schoolers Jonathan Kabessa and Moses Sebastian find dress-up time a source of great enjoyment.



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Offer valid Aug 3-Sept 30. New members only. One offer per family. Not valid in combination with any other offers. (2009)



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JCCRI is a partner agency of the Jewish Federation of Rhode Island.

## The Jewish community is vivid and vibrant throughout Rhode Island



Courtesy/Rabbi Lauffer

### CHABAD: Peace Corps Program

CHABAD STUDENT RABBIS Sholom Leiberof, left, and Yosef Wolf share the joy and warmth of Jewish life with David Goldstein, center, on Providence's Thayer Street recently. The Chabad student rabbis were participating in a summer Chabad Peace Corps program.



Courtesy/Camp JORI

### SHABBAT AT CAMP JORI: Campers, counselors are adorned in their finest camp apparel

CAMPERS AND COUNSELORS dress up for Shabbat dinner and services at Camp JORI. Left, counselor Shayna Matzner, and counselor Zohar Bromberg, right, book-end campers Nora Stolzman and Allie Selsberg prepare for Shabbat celebrations.

**lalo**  
Treasures

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Courtesy/JSA

### "Take me out to the ballgame, buy me some peanuts and Cracker Jacks..."

ETHAN ADLER, assistant director of Jewish Eldercare of Rhode Island, and participants of the To Life Center, Adult Day Services, a program of Jewish Seniors Agency, enjoyed themselves, even without peanuts and Cracker Jacks, at a PawSox game. Contact Jennifer Minuto at 351-2440 for information about the adult care program.



CHARLOTTE MINTZER, AMY COHN AND ROSE PHIPPS helped keep things cooking at last spring's kugel cook-off. Habonim has introduced new programming to keep teens engaged and committed to their religious school education.



ALEX WINOKER AND JESSE BLASBALG at Confirmation Class L'Taken Social Action Seminar in Washington, D.C.

Courtesy / Temple Habonim

## Temple Habonim introduces innovative post-*b'nei mitzvah* student programming

*It's a family affair: Faculty, parents and students create new curriculum*

By MICHAEL ZUCKER  
Special to *The Voice & Herald*

IT'S NO SECRET that many synagogues struggle to keep their post-*b'nei mitzvah* students engaged in synagogue learning – or that it is a frequent topic of conversation among religious school educators and rabbis. This year, Temple Habonim will implement its newly-designed program targeting just those students. The program was created

after Linda Silverman Levine, Temple Habonim's director of education, and Rabbi Andrew Klein elicited information and ideas from all those involved.

First came meetings with parents who shared their thoughts and opinions about designing a new educational program. Then students had their chance to evaluate the existing program and list the subjects of most interest. Much to everyone's surprise, the students focused more on academics than did the parents! Finally, staff spoke with congregants about how they might be able to contribute to the process by sharing their talents or knowl-

edge of a specific subject.

All those ideas, blended with in-depth research by Levine and Klein, led to this new

**"Much to everyone's surprise, the students focused more on academics than did the parents!"**

curriculum. Some highlights of the new program include:

- Students may arrive at school any time on Tuesdays between 6:45 p.m. and the time classes begin, 7:15 p.m., to hang out, *nosh*, chat with the rabbi, etc., all to encourage social interaction among the teens and their teachers.

- The academic year is divided into five mini-sessions, with each one lasting for four or five weeks, with a two-week break between sessions.

- Enrolled students in grades 7 through 10 must choose two core classes and three elective classes; many of the elective classes, such as Jewish genealogy and holiday cooking, will

be taught by congregants.

To date, the response has been positive. Synagogue leaders hope that students will choose Habonim as the place to be on Tuesday nights.

*Michael Zucker chairs the synagogue's communications committee.*

*For more information about Temple Habonim, a Reform synagogue in Barrington, call 245-6536 or visit the Web site, [www.templehabonim.org](http://www.templehabonim.org)*

## School days beckon, JCDSRI's new assistant head can't wait

*Renee Rudnick shares a secret with students*

By NANCY KIRSCH  
[nkirsch@jfri.org](mailto:nkirsch@jfri.org)

P.SST. Want to hear a secret? Renee (pronounced Reenie) Rudnick, the new assistant head of the Jewish Community Day School of Rhode Island (JCDSRI), knows something that kids don't.

"Teachers are as excited and nervous as the kids are," she said, laughing. "We wonder, 'Will I remember all the kids' names? Will they be excited and have a great year?'"

Bubbling with enthusiasm about education, Jewish day schools and JCDSRI, Rudnick



Renee Rudnick

says, "It's always a welcome relief to have the summer break, but once you start revving up in August, the juices are flowing. You can't wait to meet that next group of kids, work with them

and learn from them."

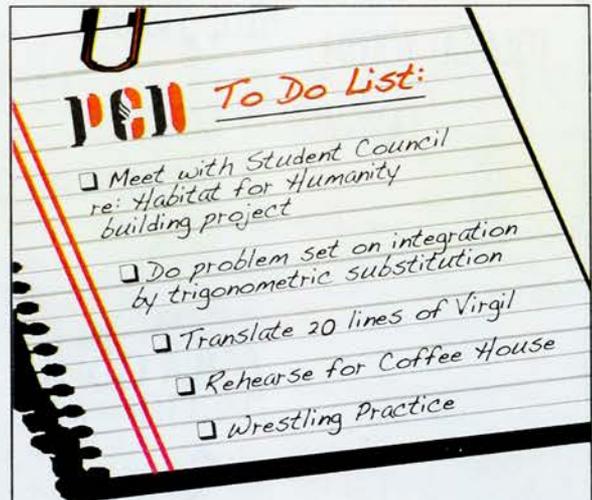
With an undergraduate degree in education from Goucher College and experience teaching in the Marblehead, Mass. school system, Rudnick was a stay-at-home mom for some time. She served as the board president of the Solomon Schechter School in Worcester, Mass. when their second daughter was enrolled there.

An adult *bat mitzvah* and a masters degree in Near East Judaic studies from Brandeis University followed.

With her graduate degree in hand, she returned to teach at the Solomon Schechter School, where she stayed for eight years until it closed in 2008.

A period of evaluation and

See RUDNICK, Page 18



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RUDNICK: Excited about new adventures

From Page 17

regrouping followed, until March 2009 when she became the head of Congregation Beth Israel's Religious School in Worcester. When the opportunity to serve as JCDSRI's assistant head beckoned, she found it irresistible.

"A day school education," she asserts, "is a gift to your child and your entire family. It's such a gift to be part of that kind of community that is living a Jewish life on a daily basis." What could be better, she asks, than to live in a community that cares deeply about education, that cares about each and every child?

What is Rudnick's portfolio of responsibilities at JCDSRI?

"My primary charge, my greatest charge," she explains, "is to be the Judaic presence in the school. I'm there to oversee the general learning in the school, support the teachers, know and support the kids in their education and to be there for the parents."

Rudnick will teach, though she's not sure which subjects yet. "I want to know the kids and learn the curriculum [first], and enrich where [the school] needs enriching," she says.

Asked about enrollment and morale, Rudnick is positive. "Enrollment has held very nicely, and morale is good. I've met with teachers individually, and I think parents are excited."

Enrollment is at 82 students,



Last year the JCDSRI kindergarteners participated in tashlikh.

Courtesy/JCDSRI

she notes, with a possible full-to-capacity enrollment of 100 to 110 students in pre-kindergarten through grade 5. And, she finds that the vibrancy of the newly-painted lobby and school offices reflects a new energy in the school.

Meeting the needs of all the constituents, she laughs, is "the biggest challenge and it's impossible." But, kids come first, she says, "educationally, emotionally

and socially. At the same time, I need to support the staff and keep parents happy. When kids are happy, we hope the parents

continues to actively participate in Shabbat morning *bavurah* services. Asked what other self-study she's engaged in, she was quick to reply, "My new job."

She loves the Midrash of *Nahshon* and the parting of the Red Sea which offers students of all ages great life lessons.

In that Midrash, God tells everyone to enter the Red Sea, she reminds me, and everyone but *Nahshon* holds back.

**"[The Midrash of Nahshon] speaks to me about faith and leadership. You don't have to finish a task, but you are obligated to begin it."**

are too."

Rudnick isn't forsaking her own Jewish education, as she

He goes in, he keeps walking, keeps walking as the water rises to his waist, his chin, his nose... and finally, finally God parts the Red Sea.

"It speaks to me about faith and leadership," Rudnick says. "You don't have to finish a task, but you are obligated to begin it." We're often daunted or overwhelmed by a task's size, but we just need to take those first steps.

A native of Worcester, Mass., where Rudnick lives with her husband, Hal, she feels truly blessed to have wonderful family, including their three grown daughters, with whom they celebrate the Jewish holidays.

Her hopes for her first year at JCDSRI? "I hope to establish a culture of excitement for learning, a spirit of true collegial cooperation among the staff, and help in the process of rebuilding trust in the school. Going from teaching to helping at JCDSRI where other people love to teach and want to continue to do so is a phenomenal opportunity," she says.

Rudnick hopes, too, to implement some of the family programming she led at the Solomon Schechter School - making *tallitot*, children and parents writing ethical wills to one another, *bavdalab* and Shabbat sharing programs.

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## Rabbi Baruch Goldstein shares his Holocaust story with educators

*Teaching the Holocaust: No cut-and-dried answers*

By PHILIP EIL

Special to The Voice & Herald

**M**ORE THAN 100 teachers rose as one in a standing ovation for Rabbi Baruch Goldstein, after he shared his Holocaust experiences. At a full-day training session for Providence teachers, organized by the Providence School Department and the Holocaust Education & Resource

Center of Rhode Island (HERC), Goldstein, an Auschwitz-Birkenau survivor and author of *For Decades I Was Silent: A Holocaust Survivor's Journey*

*Back to Faith*, spoke of losing 44 members of his extended family of 47 in the Holocaust.

The workshop, held in late June, offered complex, but easily navigable, materials for teaching Holocaust studies to middle and high school students.

A new Holocaust curriculum for public school teachers, *Echoes and Reflections*, has been published by the Anti-Defamation League (ADL), the University of Southern California's Shoah Foundation Institute, and Yad Vashem.

The training session for Providence teachers was part of a nationwide campaign that has

taken Deborah Batiste, *Echoes and Reflections* project director for the ADL, to 43 states in the last five years.

"I learned about the Holocaust in 1964," said Batiste. "My teacher taught us, 'The people who perpetrated the Holocaust were monsters. They were evil. They were demons,'" she said. "I didn't have to worry about what I would have done during that situation because I knew I wasn't a monster. I knew I wasn't evil."

Published in 2004, the 375-page book, *Echoes and Reflections*, includes readings, poems, maps and photographs.

**"I didn't have to worry about what I would have done during the Holocaust. I knew I wasn't evil."**

Deborah Batiste,  
ADL project director

*Echoes and Reflections* provides a thorough historical context. "We don't just drop in on the ghettos or Auschwitz or anyplace else," Batiste explained, citing lessons about anti-Semitism, Nazi propaganda, and the "Final Solution."

Second, with hours of survivors' testimonies on an accompanying DVD, the curriculum focuses less on statistics, and more on the individuals involved in the conflict. "Perpetrators, bystanders, victims, collaborators, rescuers, liberators — there were many players on the stage," Batiste said. "Unless we look at the whole



Deborah Batiste

story of the Holocaust as a human story — human beings making decisions — then it won't have as much meaning for students."

Finally, although *Echoes and Reflections'* concise lessons and video and online components are easy to navigate, the curriculum does not provide cut-and-dried answers.

"We didn't want this to be easy," Batiste said. Considering the dilemmas facing victims, bystanders, perpetrators and liberators, Batiste said, is critical for a student to consider "the kind of person and citizen he wants to be."

"It's state of the art," said May-Ronny Zeidman, executive director of HERC. Zeidman, who helped coordinate a similar workshop for 60 teachers earlier this year, was thrilled to be reaching a broader audience. "If you just see the

eyes of educators when they open [*Echoes and Reflections*]," she said. "They know they have something really golden."

One of those teachers, Kenneth Sullo, a psychology teacher at Classical High School, said, "This is invaluable. There is so much here that I can use that it would [otherwise] take me hours to find online."

Providence teachers must attend some professional

development workshops to maintain their certification, Sullo said. So, while some teachers may have preferred to be elsewhere on a summer day, Sullo, citing Rabbi Goldstein's speech, was impressed with the program. "This has a point," he said. "When you actually had someone who has been there, witnessed it, gone through it, it's more meaningful."

### Pediatrician and dentists offer advice

By VOICE & HERALD STAFF  
voiceherald@jfri.org

**H**ERE ARE SOME back-to-school tips to keep your kids healthy and what to do when they're not.

- The seasonal flu is less common, but a more severe illness than the H1N1 (swine) flu. Seasonal flu causes higher fevers. (MD)
- Tooth decay is caused by too much carbonated soda, diet and regular, and breath mints. Avoid them whenever possible. (DDS)
- If kids have a fever and a cough, keep them home. The Centers for Disease Control suggests sending them back to school 24 hours after the fever breaks. (MD)
- Brush, brush, floss. Brush your teeth twice each day, every morning and before bedtime, using a fluoridated toothpaste. Floss every day, after you've brushed your teeth before bedtime. (DDS)
- Good sleep schedules. Transitioning from late night sleepovers to post-Labor Day

wakeup calls of 6 or 6:30 a.m. for school is like jet lag. Kids need to keep regular sleep schedules for good health. (MD)

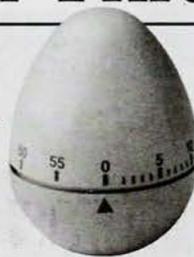
- Protect your teeth. Wear a sports mouth guard while playing sports. (DDS)
- Hand-washing is so important, especially with warm water and soap. No sink? Use the germ killing sprays or gels. (MD)
- College-bound kids should have the names of a dentist and oral surgeon; ask at the college's health service for names. (DDS)
- Vaccinate. Childhood vaccines have been responsible for reducing diseases that used to be scourges. (MD)

MD advice is from Dr. Nathan Beraha, a pediatrician with Anchor Medical Associates in Lincoln; DDS advice is from the offices of Michael L. Rubinstein, DDS & Robert J. Ducoff, DMD, Inc. in Providence. The Voice & Herald thanks them for their contributions.

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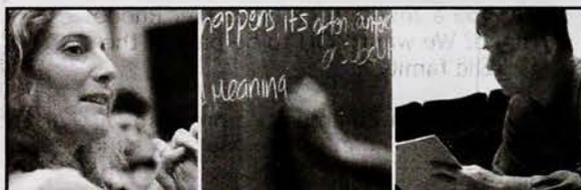
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## Wisdom from the front lines: What struggling teens need

Recommendations from co-authors Frederic Reamer and Deborah Siegel

By NANCY KIRSCH  
[nkirsch@jfri.org](mailto:nkirsch@jfri.org)

**P**ROUD PARENTS *kvell*, with understandable pride, "My daughter is going to Harvard."

What happens, though, to teens who struggle academically, socially or who have been charged with a crime?

"As parents, we need to acknowledge that our blessed and beloved children are capable of making serious mistakes," says Deborah Siegel, a licensed clinical social worker and professor of social work at Rhode Island College. "Even charming, academically accomplished Jewish kids might shoplift, gossip, cheat or lie. A highly successful teen may be hurting deeply inside. We need to have our eyes open so we can offer the constructive discipline and guidance they need."

The husband-and-wife team of Frederic (Rick) Reamer, also a professor of social work at Rhode Island College and a national expert on criminal justice, and Siegel, have lots of experience helping teens and their families navigate these waters.

Reamer, who has served on the Rhode Island Parole Board for nearly 18 years and has spoken at Evenings of Jewish Renaissance (sponsored by the Bureau of Jewish Education of Rhode Island), explains, "It's important to acknowledge, not camouflage, life's challenges—substance abuse, poverty, family violence, etc."

It's particularly challenging now, Siegel says, as today's "new normal," according to parenting expert and author Ron Taffel, includes experimenting with alcohol, marijuana and sexual activity in ways that today's parents, when they were teens, didn't. This new normal is not safe. Even if widespread, teenage drinking still requires adult intervention.

So what's a parent to do? Siegel and Reamer, co-authors of *Finding Help for Struggling Teens* and *Teens in Crisis*, offer some wisdom.



Deborah Siegel and Frederic Reamer in the bucolic setting of their back yard.

### STAY INVOLVED

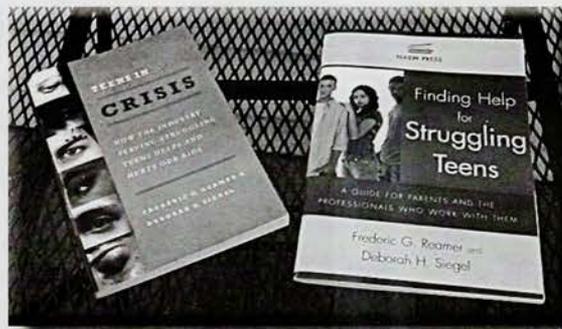
- Your kids need you to remain involved, even as they push you away.
- Instead of interrogating,

### HOW TO ESTABLISH LIMITS

- Discard the old "because I said so" or "I'm the mom, that's why" parenting style. That method is less likely to work.
- Set limits collaboratively when possible. A give-and-take on homework, curfews, clothing styles, etc., gives your teen some ownership, teaches problem-solving skills and enhances the likelihood of compliance.
- When your teen is invited somewhere, call the parents about supervision. Your teen may be mortified, but teens are less likely to engage in risky behaviors with adult supervision.
- Choose one or two non-negotiable, enforceable rules. If your rule is "no friends in an unsupervised house after school," but you're not home until 6:30 p.m., how do you enforce it?

**"It's important to acknowledge, not camouflage, substance abuse, poverty and family violence."**

Rick Reamer



lecturing or giving advice, listen nonjudgmentally.

- Be physically present. Plop down in a spare chair when your teen is watching television or surfing the Internet. If you're there, your teen might just talk to you.

- Be a chauffeur. By listening—silently—while your kids' friends talk, you'll learn what's going on.

- Teach problem-solving and coping skills. Help your teen think things through. For example, ask, "When you're at a party where kids are smoking pot, what are your thoughts about how to handle that?"

friends in an unsupervised house after school," but you're not home until 6:30 p.m., how do you enforce it?

### WARNING SIGNS OF TROUBLE AHEAD

- When your teen has red eyes, slurred speech, academic troubles, becomes withdrawn or hangs out with peers whose behavior is dangerous:
- Don't shrug it off; take action. Action could range from talking with your teen to, in extreme cases, calling the police. Loss of

See TEENS, Page 23

# Young woman leapfrogs from school to work

*Septembers bring different work experiences, opportunities and challenges*

**Editor's Note:** For this year's back-to-school issue, we wanted a story on the school-to-work transition. How does it feel to start work after years of "If it's September, it must be the start of another school year?" Rachel Cylus, the program coordinator for the Vilna Shul in Boston, volunteered her perspective.

BY RACHEL CYLUS  
Special to The Voice & Herald

ONE HOUR after receiving my degree from Johns Hopkins University last May, my phone rang. Steven Greenberg, the executive director of the Vilna Shul, Boston's Center for Jewish Culture (the tiny Jewish Museum where I had interceded a few weeks earlier), was calling to offer me a job as the program coordinator. I had three weeks to pack up from college, enjoy an abbreviated summer in Baltimore with friends, and sort out a new life in Boston. Nervous and excited, I arrived in Boston armed with a suitcase and a liberal arts degree.

Feeling "freshly hatched," I was a bit overwhelmed by my new career and Boston. In college, life seemed so neatly divided into bite-size chunks. Even stressful semesters, intense classes or time-consuming projects had clear and definite end points, followed by weeks of vacation. It was hard to adjust to spending so much time in one place.

I felt out of place in my new community. Being a part of the Jewish community of Boston was integral to my job. But having grown up in a secular home, I was unsure of how to relate to such an active and involved community.

I felt young. My work required that I play a leadership role with many volunteers, nearly all of them older than I. It seemed insincere to expect them to take me seriously, considering my lack of experience, both in the job and in Boston.

Shortly before the end of my first summer at the Vilna, as my boss and I began to plan for the fall, it hit me. This was not an internship. I was going to be at this



courtesy/Katherine Kennedy  
Rachel Cylus in the Vilna Shul, where she works as the program coordinator.

job long enough to see these

**"In college, life seemed so neatly divided into bite-size chunks."**

projects through to their fruition. Perhaps most frighten-

ing of all, their success was dependent on me. I was going to have to get invested - fast.

But just as I was settling in for my first New England winter, stabilizing my life and committing myself to my new profession, the rest of the world, particularly the Jewish non-profit world, was experiencing a melt-down. Furloughs, layoffs, and Madoff became part of our everyday vocabulary.

One November afternoon, a representative from the National Trust for Historic Preservation told me that a grant we had written was being considered. If selected, the Vilna would have a chance to compete for a share of \$1,000,000.

But the decision-makers weren't sure that our site or our project - uncovering a wall of hidden murals - was the best match. She wanted me to prove that the Vilna Shul could be a serious contender in a competition among some of Boston's most elite historic sites.

I assured her that, given the chance, we would prove that the Vilna had the vision, experience, community support, and stability to be a true competitor - precisely the characteristics I feared were lacking in my own post-college life.

For the next few months, I prepared for the competition. With a project and a goal in my mind, it was easier to balance in a new city and stage programs and act as an effective leader. People rallied behind the Vilna, helping us come in seventh place winning \$90,800 in restoration funds.

Looking back, the competition helped me find a center of balance in a new city and stage of life. Although I still think wistfully back on my college days, the young professional world no longer feels quite so threatening. Once I found something to work for, it was easier to meet like-minded people, feel a sense of purpose, and find some direction in the post-college world, where, if nothing else, at least I don't have final exams!

*Rachel Cylus, a native of Baltimore, Md., graduated from Johns Hopkins University with a degree in history in 2008. She continues to work at the Vilna Shul as the program coordinator. For more information about Vilna, visit [www.vilnashul.org](http://www.vilnashul.org)*



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## If Rabbi Akiva could learn the *alef bet* at age 40, so can you

*Joy, meaning in returning to school at an older age'*

By ROBIN KAUFFMAN  
Special to The Voice & Herald

**M**Y JOURNEY back to college at age 40 may sound familiar to some, not to others. One experience set the wheels in motion for my journey. When I was growing up, my family didn't affiliate with any synagogue in the New York City suburbs. My sisters and I occasionally attended Sunday School at the local JCC, but did not attend a formal religious school program. My parents, both from Orthodox families, believed our home was our house of worship.

Although we were secular, we celebrated Jewish holidays with extended family, and we were particularly proud ethnic Jews.

Soon after my husband and I married and became parents, we affiliated with the synagogue where my husband became *bar mitzvah*. Our only child, a daughter, attended religious school when she was of age, and I decided to learn Hebrew. At age 40, I became *bat mitzvah*. Soon after, my daughter would read from the Torah on that same *bima*. The three of us had come full circle.

I had enjoyed being a student again. Even though it had been nearly 20 years since my

college days, I was still able to absorb and retain substantial information. I was so inspired that I decided to change my career; I wanted to learn more about how adult learners learn.

In 2002, I received a masters degree in education from the University of Rhode Island. It was a "transformational" experience.

Most of my classmates, to my surprise, were like me – adults returning to school. Some came for career changes or professional development, others were coping with life transitions and others simply wanted to learn new skills and hobbies. We, perhaps unlike the college-age students among us, chose to be where we



Robin Kauffman

use metaphors.

I presented my semester research on critical thinking using Adam and Eve as an

icebreaker. Were they not the first couple to make a decision? Unfortunately for them – but fortunately for us, they shot from the hip with a knee-jerk response.

Professors frequently let us know that we had taught them something. And why not? We had years of experience and a wealth of wisdom to share with our classmates and professors.

Is life not the sum of accumulated experience and knowledge?

I am glad that I could demonstrate the importance of education to my daughter. For me, that sense of accomplishment is better than the best Gregg's Death by Chocolate cake!

*Robin Kauffman lives in Cranston with her husband. Their daughter attends the University of Rhode Island.*

**"Is life not the sum of accumulated experience and knowledge?"**



were. Our professors assisted, encouraged, cultivated and challenged us. We were recognized as adults. Some classes had grading contracts; in others, we chose how our professors evaluated our progress. We reflected, analyzed and synthesized.

It was not uncommon for us to demonstrate a theory through artwork or role play. I became quite good with a marker, learning how to draw pictorials and

## TEENS: Help for them is around the corner

From Page 20

privileges, family meetings, getting rid of temptations or calling the parents of other teenagers may be appropriate.

- Don't be impulsive. Decide on the best course of action for that behavior and your teen, then act. If your teen drinks a beer, that's worth a conversation; if he drinks a six-pack, more intervention is needed.

- When confiding in someone about your teen, be thoughtful. Parents have a right and a responsibility to seek help; kids also have a right to privacy.

- Remember "PBWA," parenting by wandering around. Pay attention, listen, listen, listen.

### JEWISH TEACHINGS ARE INSTRUCTIONAL

- Jewish parents can create a village that serves both parents and teens. Avoid gossiping about others' troubles; a gossip mill leads parents to feeling criticized, shamed, blamed or isolated.

- Look to the Torah, as it is filled with stories of human struggles. Acknowledge your vulnerabilities and efforts to improve.

- Imagine the rough waters Noah and the animals would have experienced if he'd had to build his ark during (and not before) the raging flood, and corral the uncooperative animals onto an ark-in-process. That's what it's like for parents of today's

teens, who are rocking the boat.

But, says Siegel, some research suggests that teens who experiment a bit are better adjusted than kids who don't. Making mistakes is part of their developmental growth.

Many community-based providers, says Reamer, may not know the full range of resources for struggling teens and their families, including mentoring programs, alternative high schools, outreach and tracking programs, wilderness therapy and therapeutic boarding schools. A knowledgeable clinical social worker, educational advocate or educational consultant might help parents find resources. Their book, *Finding Help for Struggling Teens*, is a place to start.

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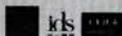
from scheduling activities. If you need information or help, contact Marty Cooper, the JFRI community relations director, 421-4111, ext. 171, mcooper@jfri.org, or your spiritual leader, to meet with the school authorities to rectify the situation.

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**Midrasha helps students tackle SAT challenges**

*Students can reinforce old skills, learn new ones for improved test-taking*

BY CINDY KAPLAN & SHARI WEINBERGER  
Special to The Voice & Herald

**T**HE SCHOLASTIC Achievement Test (SAT) is difficult for many students, even very successful students. The test's difficulty derives from many factors, and the College Board, schools, teachers and the students themselves all share some culpability. By purposely being tricky, by establishing greater penalties for answering a question incorrectly than with no answer at all, and by inequitably distributing extended time allowances, the College Board makes the test content difficult and the test administration unfair.

While some high school English teachers stress vocabulary and grammar, many do not. Few English teachers require students to write in-class, timed essays with penmanship that must be easily readable. Yet the critical reading and writing sections of the SAT demand these skills.

Math courses are generally taught in a linear fashion, building on the preceding concepts,

rather than reviewing topics that were taught years before. But SAT math problems jump from advanced algebra to pre-algebra to geometry, and many students find such shifts very hard to handle.

Because the vast majority of teenagers spend leisure time sending text messages, checking Facebook, playing video games, listening to music or watching television, very few spend time reading books that build their vocabulary and expand their attention span.

**"Teens have learned to rely on the computer to correct their spelling, grammar and handwriting problems."**

They have learned to rely on the computer to correct their spelling, grammar and handwriting problems and they rely on the calculator for even the simplest calculations. All of these factors contribute to less than desirable SAT scores.

SAT preparation often helps students practice and rebuild some of these lost skills, and provides them with specific test-taking strategies. Realizing that many students need such a class and the time constraints imposed by schoolwork, afternoon sports, Shabbat, and other important activities, the Harry

Elkin Midrasha Community High School began incorporating SAT prep into its Sunday morning program several years ago.

Kaplan Tutoring Services has taught the SAT prep class for the past three semesters, in private and small group sessions. The class runs on Sundays for 10 weeks, with a 4-hour practice test near the end of the course. Students are required to take at least one other Midrasha course and the SAT class, and the fee for the SAT course is separate from the Midrasha fee. A maximum number of nine students (three students each period) will be able to register for this course each semester.

The fall SAT course prepares high school juniors for the PSAT in November (from which National Merit scholarships are determined) and the SAT in January or March. The spring SAT course prepares students for the SAT in May or June.

For registration or for additional information, contact Shari Weinberger at the Bureau of Jewish Education of Rhode Island at 331-0956 ext. 181, or sweinberger@bjeri.org.

Cindy Kaplan owns Kaplan Tutoring Services and Shari Weinberger is the BJE/RI director of teen education.

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# Family favorites from Alice Goldstein's *Ordinary People, Turbulent Times*

*Jewish cooking: It's not always latkes and kugels*

By VOICE & HERALD STAFF  
voiceherald@jfri.org

**M**OST FAMILIES, Goldstein writes in the appendix to *Ordinary People, Turbulent Times*, "treasure a series of recipes that are handed down from one generation to the next... Our family certainly had



Alice Goldstein

such traditions. Most of them traveled with us to the United States, where they were enjoyed by employers, friends and family."

The text continues, "We knew nothing of bagels, *latkes* or *kugel*, but had our own specialties that we thought of as particularly Jewish. Alas, many are so artery-clogging that they have become only fond memories on our taste buds."

Here, then, are some of those recipes – some artery-clogging, some not-so-much.

### Green beans and spaetzle

Goldstein wrote, "This economical main course was often served during the lean years of the late 1930s, but was also a family favorite. It was served more often during the summer months, when green beans were fresh and plentiful."

#### Spaetzle Ingredients

- 1 egg
- 1/3 cup water
- 1/4 teaspoon salt
- 3/4 cup flour

#### Method

Mix all ingredients until well blended. Bring pot of salted water to a boil.

Place small amount of dough on edge of thin plate or on a wooden cutting board. With a knife, cut small pieces of dough off the edge of the plate or board into the boiling water.

Repeat with remaining pieces of dough until all used. Boil 10 minutes

#### Beans

##### Ingredients & Method

Trim one pound of fresh green beans.

Place in pot with enough water to cover half the beans.

Bring to a boil, then simmer for about 6 minutes.



served at room temperature.

Makes 4-6 servings.

#### Apple and plum compote

Goldstein wrote, "The festive Rosh Hashanah meal would not have been complete without an apple and plum compote. This tradition was carried over from Alsace and takes advantage of seasonal produce."

#### Ingredients

- 6 large apples – Macintosh or Cortland work very well
- 2 pounds Italian prune plums (about 12 plums)
- 1 tablespoon cinnamon
- 1/2 cup sugar (optional)

#### Method

Place all ingredients in large pot and add water to cover.

Bring to a boil, then simmer until apples and plums are tender.

Refrigerate before serving. Makes 4-6 servings.

#### Italiano

"The name of this salad," wrote Goldstein, "suggests that it was considered somewhat exotic by my south German family, although it only uses familiar ingredients. At any rate, it was a great summertime favorite for us all and made the transition to the United States intact."

#### Ingredients

- 3 large potatoes, boiled until soft, cooled and diced
- 2 eggs, hard-boiled and diced
- 2 half sour pickles, diced
- 1/4 pound bologna, sliced and diced

- 6 pieces pickled herring, diced
- 2 tablespoons cider vinegar; more if desired
- 2 tablespoons canola oil
- salt and pepper to taste

#### Method

Mix all ingredients gently in a large bowl. Chill until ready to use, though best

Drain and rinse under cold water.

#### Croutons topping Ingredients

- 1 cup croutons, either prepared or homemade
- 1/2 cup sweet butter, melted

#### To assemble the dish

Begin with a layer of spaetzle, top with beans, then alternate another layer, finishing with spaetzle. Top with croutons and pour butter over all.

Makes 4-6 servings.



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## AS WE GROW OLDER What's in a name?

*Vastly different meanings can be ascribed to the word 'social'*

**I**N TODAY'S WORLD of political differences, many references are made to issues or individuals being "socialist."

During the 1930s, when political connotations were colored by the devastated economy, the word often denoted deviance from the American way of life. It was (and maybe still is) seen as a precursor to becoming a communist. And then as now, that term seemed to threaten us.

If you asked the average citizen to define either word – socialist or communist – he or she would find it difficult to do so. In today's world of politics, these terms are now most commonly heard when referring to plans for national health care.

Opponents to such plans call them "socialized medicine," and those fortunate enough to have health insurance feel their present coverage will be threatened.

What is "socialized medicine?" Well, just stand up and face north. Our friendly neighbor, Canada, has national health programs. Is that "socialized medicine?" Most of our allies across the ocean have government-sponsored health care policies. And it seems that their citizens have survived.

Ask any physicians (or their survivors) who practiced medi-

cine during the Great Depression about government-sponsored medical care and they will tell you that they would have really appreciated "socialized medicine" because they were practicing healing and a large percentage of their patients were unable to pay for it.

There are other ways in which the term "social" has been misused, misunderstood or abused. We have often heard the term "social butterfly" used and abused. Like many facets of life, the interpretation depends on one's perspectives. To some, social butterfly means a person (usually female) whose economic status determines her popularity and entitlement to whatever behavior she chooses. To others, it denotes promiscuity! I have never heard social butterflies described in positive terms.

And then there is the term "social outcast." I have no idea of

challenging groups and never pass up an opportunity to attend a social gathering.

Perhaps my interest is most tested by "social disease." The implications of that term are positive but nothing could be more negative than a social disease. The impact and consequences of such diseases on one's health and social status can be devastating. (We will examine "social status" later). Yet someone, in his or her infinite stupidity, labeled venereal diseases as social diseases. (I never did understand how some English words evolved.)

"Social climbers" are ridiculed and never achieve the level of social status that they aspire to. There are many variations of which social status is most impressive. Some achieve their goals through accumulating great wealth. Others aspire to have recognition of their accomplishments and achieve prominence.

Some have goals of membership in the best school, best country club, etc., feeling that will put them in a higher rung of the ladder they wish to climb.

"Social service" usually has good connotations whether it is done voluntarily or professionally. Those employed as social workers usually enjoy their commitment and are usually too busy for other social aspirations.

So you can see where one little word can have a myriad of meanings – some good and some bad. A corny interpretation of this is best expressed in the old adage; beauty (or social) is in the eye of the beholder.

In 1944, I questioned my father about his voting preferences.

He, like most Jews, had always voted for Franklin Delano Roosevelt (FDR). This time he

was ambivalent. He was apolitical but if asked, he would say that he was a Zionist. He had begun to resent the president's unwillingness to more actively intervene to save Jews in the concentration camps. So he was considering voting for the Socialist Party candidate, Norman Thomas. He ended up voting for FDR because he learned that Thomas had no interest in a Jewish homeland. But to consider voting for a

socialist was, even then, "almost un-American."

My husband's college dictionary defines 'social' as "pertaining to society or organization." Roget's Thesaurus has 33 synonyms for the word.

One word. So many uses. So many abuses.

*Tema Gouse, a retired social worker, can be reached at nbjtpg@cox.net.*



**Tema Gouse**

**"One little word can have a myriad of meanings – some good and some bad."**

the phrase's origins. I feel certain, though, that it was created by someone looking to demean another person. It can be a minimal derision or a serious defamation. There is nothing "social" about it.

What is a "social gathering?" I have been to social gatherings that have been downright "anti-social." I have become convinced that when "social" is used in a verbal or written invitation, it has served to justify the planner's inability to find a purpose for assembling a mishmash of people. But I love mixing with

## Alzheimer's disease center seeks patients for new study

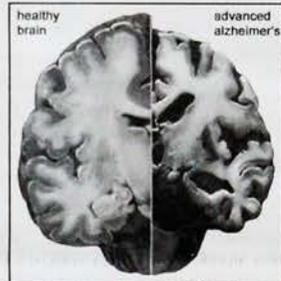
PROVIDENCE – The Alzheimer's Disease and Memory Disorders Center (the Center) at Rhode Island Hospital is currently recruiting patients to take part in

a multi-center study testing a new investigational drug to determine if it can slow the progression of Alzheimer's disease.

More than 800 volunteers in 250 study sites across the United States and Canada will take part in the trial, known as the ICARA study. The study will last up to 83 weeks and all study-related procedures and medication will be provided at no cost to participants. A medical team of a physician, nurse, neuropsychologist and study coordinator will monitor participants during the study. Participants will be

compensated for their travel.

Eligible participants must be between the ages of 50 and 88, have a diagnosis of probable Alzheimer's disease and have a caregiver who is



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willing to be involved in the study.

The trial will be led locally by Brian R. Ott, MD, a neurologist and the director of the Center, and a professor of medi-

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## Yiddish history and poetry with Hadassah

WARWICK - Mara Sokolsky will present a program on Yiddish poetry and the history of the language for Rhode Island Hadassah on Aug. 14, from 7 to 8:30 p.m. at the Phyllis Siperstein Tamarisk Assisted Living Residence in Warwick.

Sokolsky, the librarian at Temple Emanu-El and a freelance writer, has a long history with Yiddish. She began studying the language at age 6 at a Workmen's Circle *shul* in New York, and continued through *mittleschule* (high school). Sokolsky will read and translate a variety of Yiddish

poems and lead a discussion about them.

Hadassah member Debbie Deletetsky arranged this program, as part of her training with the Hadassah Leadership Academy, an intensive, three-year long program to educate and mold future leaders of Hadassah, the Women's Zionist Organization of America.

*Tamarisk Assisted Living is at 3 Shalom Drive, Warwick. This event is free and open to the public, though RSVPs are requested by Sept. 11; contact 463-3636 or rhodeislandchapter@hadassah.org.*



Joie Schwartz

KINGSTON - If you hear singing at the URI Hillel, don't be surprised. The new program associate for Hillel, Joie (pronounced Jo-ey) Schwartz has performed at Lincoln Center,

## URI Hillel welcomes Joie Schwartz

Carnegie Hall and the Trenton War Memorial, as a member of the Westminster Choir College in Princeton, N.J.

Before coming to Hillel, she was the director of youth and family programming at

Temple Reyim in Newton, Mass. for the past two years.

Given her love of meeting new people and enjoying new experiences, stay tuned for novel program ideas at the URI Hillel.

## Humor and music on Cranston Senior Guild agenda

CRANSTON - The Cranston Senior Guild will meet at 1 p.m. on Wednesday, Sept. 2 at Temple Torat Yisrael, 330 Park Ave., Cranston.

The group's featured guest, Hagop Anmahian, is a humorist and violinist. Following the presentation, there will be a raffle and refreshments.

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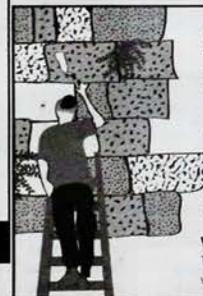
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Rabbi Sol Goodman, Jules Cohen, Melvin Zurier, Dr. Norman Cowen, Stan Turco and Curt Abbott, current chairman of the Jewish Committee on Scouting, at the havdalah service.

**Jewish scouts honor community leaders**

Dr. Norman Cowen and Melvin Zurier, Esq. were honored with the Shofar Award at the Aug. 1 havdalah service at Camp Yawgoog in Rockville. The service was held in the Chapel of the Ten Commandments. During his years at Camp Yawgoog, Cowen was the spiritual leader for Jewish services long before the chapel was built; later he funded the cabin adjacent to the chapel to house the rabbi and his wife. Zurier, as the secretary of the Helene and Bertram Bernhardt Foundation, approved funding to expand the chapel that had grown too small.

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May it be Your will, G-d of our ancestors, that You grant my family and all Israel a good and long life. Remember us with blessings and kindness. Fill our homes with your Divine Presence. Give me the opportunity to raise my children and grandchildren to be truly wise, lovers of G-d, people of truth, who illuminate the world with Torah, good deeds and the work of the Creator. Please hear my prayer at this time. Regard me as a worthy descendent of Sarah, Rebecca, Rachel and Leah, our mothers, and let my candles burn and never be extinguished. Let the light of your face shine upon us, and bring true peace to Israel and the world.



**CANDLE LIGHTING SCHEDULE**

5770 (2009-2010) Providence, Rhode Island

September, 2009		October, 2009		November, 2009	
4	6:54	2 Erev Sukkot	6:06	6	4:14
11	6:42	3 Sukkot after	7:09	13	4:07
18 Erev R.H.	6:30	9	5:54	20	4:02
19 R.H. after	7:33	10 Shimini Atzeret	6:57	27	3:58
25	6:18	16	5:43		
27 Erev Yom Kippur	6:14	23	5:32		
28 Yom Kippur	7:17	30	5:23		

Daylight savings time ends Nov. 1					
December, 2009		January, 2010		February, 2010	
4	3:56	1	4:06	5	4:46
11	3:55	8	4:12	12	4:55
18	3:57	15	4:20	19	5:03
25	4:00	22	4:28	26	5:12
		29	4:37		

Daylight savings time resumes March 14					
March, 2010		April, 2010		May, 2010	
5	5:20	2	6:51	7	7:30
12	5:28	4 Passover	6:54	14	7:33
19	6:36	5 Passover after	8:01	18 Erev Shavuot	7:41
26	6:44	9	6:59	19 Shavuot	8:50
29 Passover	6:47	16	7:07	21	7:43
30 Passover after	7:54	23	7:14	28	7:50
		30	7:22		

June, 2010		July, 2010		August, 2010	
4	7:55	2	8:04	6	7:38
11	8:00	9	8:02	13	7:28
18	8:03	16	7:59	20	7:18
25	8:04	23	7:53	27	7:07
		30	7:47		

The above times are for Providence, RI. Other areas around the region may vary by a few minutes. Courtesy of Chabad Rhode Island

Candle lighting time for the second night of the Holiday is usually about one hour after the candle lighting time of the previous night.

Please do not deface or discard this paper, for G-d's name is on it.

**Blessings for Shabbos**

ברוך אתה יי אלהינו סדר העולם אשר קדשנו בתורתו וצונו להליל גו של שבוע קדש :

BO-RUCH A-TOH ADO-NOI E-LO-HEI-NU ME-LECH HO-LOM A-SHER KI-DE-SHA-NU BE-MITZ-VO-SOV VI-TZI-VO-NU LE-HAD-LIK-NER SHEL SHA-BOS KO-DESH

Blessed are You, G-d our Lord, King of the universe, who has hallowed us through His commandments, and has commanded us to kindle the lights of the holy Shabbos

**Blessings for Holidays**

Select the proper ending for the appropriate Yom Tov:

BORUCH ATO ADO-NOY ELO-HAY-NU MELECH HO-LOM A-SHER KID-SHONU B'MITZ-VO-SOV V-T ZI-VONU L'HAD-LIK NER SHEL (on Friday add — SHA-BOS V-SHEL)

Pesach, Shavuot and Succot:..... Yom Tov  
Rosh Hashanah:..... Yom-Ha-zi-Koron  
Yom Kippur:..... Yom Ha-Kippurim

Add this blessing following each of the above blessings except for the last holidays of Pesach.

BORUCH ATO ADO-NOY ELO-HAY-NU MELECH HO-LOM SHE-HEH-CHE-YONU V'KEE-MONU V'HEE-GEE-ONU LEEZ-MAN HA-ZEH

Special instructions for holidays (but not on Shabbat). It is forbidden to create a new fire by striking a match, lighter, etc., However, it is permissible to use a flame already burning since before the inception of the holiday, such as a pilot light, gas or candle flame.

CAUTION FOR FRIDAYS: DO NOT light candles after sunset so as not to desecrate the Shabbos. It is forbidden to light candles after sunset.

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**Ruth Abramson**

NEWPORT — Ruth (Hodosh) Abramson, 93, died July 21. A resident of Newport, she was the sister of Isabelle David of Pennsylvania and David "Sonny" Hodosh of Providence. Her sister Mildred Colitz, her brother Dr. Milton Hodosh, and her husband Dr. Lewis Abramson predeceased her.

Born in Providence on Feb. 29, 1916, she was the daughter of the late Samuel and Eva (Schonfeld) Hodosh. She attended Rhode Island School of Design and worked as a bookkeeper. In the 1940s, she moved to Newport, where she volunteered with the Newport Hospital gift shop and the hospital's Women's Auxiliary, Easter Seals and the PTO. During World War II, she was a plane spotter.

She leaves her children Martha M. Abramson of Newport, and Stewart J. Abramson and his wife, Karen of Newport; grandchildren Stephanie Abramson Pires, Melissa Henry and her husband, Robert F. of Newport, and Lewis Abramson and his wife, Cheryl of Los Angeles; and great-grandchildren Hayley M. Pires, Taylor E. Henry and Robert L. Henry.

Contributions may be made to Temple Shalom in Middletown.

**Richard G. Bookbinder**

BOCA RATON, Fla. — Richard G. Bookbinder, 82, died Aug. 10. He was married to Dorothy (Zarum) Bookbinder for 62 years. Born in Providence, a son of the late Albert and Anna (Strauss) Bookbinder, he lived in Boca Raton for 17 years, previously living in Warwick. He was a plumbing and heating contractor, retiring in 1992.

A World War II Army Air Corps veteran, he served in the Philippines, and was a former member of Temple Torat Yisrael and a member of AOPA and the Masons — Redwood Lodge. He was the father of Jeffrey

Bookbinder of Warwick, Bruce Bookbinder of West Greenwich and Edward Bookbinder of Exeter; the brother of Paul Bookbinder of Cincinnati, Ohio; the grandfather of Evan, Lyle, Jamie, Lora, Emerson and Haley; and the great-grandfather of Ryan, Dylan, Jacob and Elissa.

Contributions may be made to the Transplant Foundation, 701 S.W. 27th Ave., Ste. 705, Miami, FL 33135.

**Leo Cohen**

WARWICK — Leo Cohen, 98, of Greenwich Farms, 75 Minnesota Ave., died Aug. 16. He was the husband for 70 years of Adele (Bernstein) Cohen. Born in Providence, a son of the late Israel and Esther (Kunick) Cohen, he had lived in Warwick for seven years, previously residing in Cranston. He was the owner and operator of Cogens Printing until his retirement in 2000.

He was a member of Temple Emanu-El, its men's club and its choir, and the Rotary Club where he was a Paul Harris Fellow. He was active for many years in Jewish Community Center events on Benefit Street. He mentored a literacy program in Rhode Island and Florida.

He was the father of Phyllis Freedman of Lincoln, and Joseph Cohen and his wife, Suzanne of Narragansett; the grandfather of five and great-grandfather of six. Nine siblings predeceased him.

Contributions may be made to the Jewish Community Center, 401 Elm-grove Ave., Providence, RI 02906.

**Herman Gadon**

LA JOLLA, Calif. — Herman Gadon, 84, died Aug. 8. Born in Worcester, Mass. on Oct. 17, 1924, he graduated *summa cum laude* from Dartmouth College in 1947, and received a doctorate in economics from the Massachusetts Institute of Technology (MIT) in 1953.

He served in the U.S. Navy during World War II and achieved the rank

**Obituaries**

of lieutenant (junior grade). His ship, the U.S.S. Morris, was heavily damaged and later destroyed in a kamikaze attack during the battle of Okinawa in April 1945.

He lived in Rhode Island for 11 years after college and then moved to New Hampshire where he served as a founding faculty member of the Whittemore School of Business and Economics in 1964. He was a founding member of the Society of Professionals in Disputes Resolution.

Harvard Business School and MIT chose Gadon as a founding faculty member of the International Management Development Institute in Lausanne, Switzerland. He started several business schools and his clients included Fortune 500 companies and government agencies.

He introduced the "flex time" or flexible working hours to U.S. businesses. He wrote several books, including *Alternative Work Schedules, Effective Behavior in Organizations and Fitting In: How to Get a Good Start in Your New Job*, coauthored with his wife, Natasha Josefowitz, Ph.D.

In addition to his wife, he leaves his daughters Nicole Kelly and Dr. Margaret Gadon, son John Gadon, brothers Harold Gadon and Joseph Gadon, sister Irene Ozer, sons-in-law John V. Riley and David Kelly, and grandsons Eliot and Nicholas Brown and Scott Kelly. His son William Gadon died in 1981.

Contributions may be made to the San Diego Center for Children, 3002 Armstrong St., San Diego, CA 92111 or an organization of your choice.

**Hyman Goodman**

PROVIDENCE — Hyman Goodman, 88, died Aug. 12. The husband of the late Lucy (Bozigan) Goodman, he worked for the U.S. Postal Service and Providence College.

He served in Europe during World War II in the Army, and was a prisoner of war. He received the Purple Heart and other awards.

He was predeceased by his son Ronald Goodman, and his siblings, twin brother Maurice, and Louis Goodman,

Clara Spader, Sophie Tebrow and Ida Mendelstein. He leaves his brother David Goodman of Coconut Creek, Fla., grandchildren Melissa, Catherine and Andrew, and three great-grandchildren.

Contributions may be made to your favorite charity.

**Steven Horowitz**

FOSTER — Steven L. Horowitz, 49, died unexpectedly on Aug. 8, of injuries sustained in a car accident. He was the husband of Christine (Gero) Horowitz, to whom he was married for two years.

Born in Providence, a son of Stanley and Audrey (Blau) Horowitz of Cranston, he had lived in Foster for six years. He was the director of a methadone clinic and was a substance abuse counselor for more than 20 years. He was the brother of Alan Horowitz and Marcy Horowitz of Cranston, and Cindy Wilson and her husband, John of North Kingstown. He also leaves several nieces and nephews and four dogs.

Contributions may be made to your favorite charity.

**Abraham Myerson**

CRANSTON — Abraham L. "Abe" Myerson, 85, died Aug. 6. He was the husband of Hope (Sackett) Myerson for 58 years. Born in Providence, he was a graduate of Hope High School and Bryant College. He was a staff sergeant in the Army

Air Force during World War II. Before retiring, he was an accountant for American Insulated Wire Co.

Besides his wife, he is survived by his children Steven Myerson and his wife, Jean, David Myerson and his wife, Mona and Linda Bristol; and his grandchildren Zoe and Eva Bristol and Lana, Kyle, and Sarah Myerson.

Contributions may be made to the charity of your choice.

**Phyllis Priest**

PROVIDENCE — Phyllis (Kesselman) Priest, 72, a resident of Providence for most of her life, died August 6. She was the wife of Burton H. Priest for 51 years. Born in Boston, she was the daughter of

the late Hyman Kesselman and Mae (Cohen) Drizin. She was a graduate of Boston University, a member of Temple Emanu-El and its Sisterhood, The Miriam Hospital Women's Association, and was active with the R.I. Holocaust Museum.

Besides her husband, she is survived by her children Mara Scoliard and her husband, John, and Dr. Jeffrey Priest; and her grandchildren Nicholas and Jacquelyn Scoliard. She also leaves an uncle, Leo Cohen, and cousins Dr. Norman and Sheila Goldberg and family, and Dr. Elliot and Jeri Goldberg.

Contributions may be made to The Miriam Hospital Oncology Unit, 164 Summit Ave., Providence, RI 02906.

**Julian B. Savage**

CRANSTON — Julian B. Savage, 89, died on Aug. 11. He was the husband of Selma (Herman) Savage, to whom he was married for 60 years. Born in New Bedford, Mass., a son of the late Morris and Eva Sevitch, he had lived in Cranston for 53 years. Owner of the former Myron Herman Company/Herman's Furniture Galleries, he retired in 1995.

He was a World War II veteran, serving in the Pacific and European theatres as a captain in the U.S. Army with the Quartermaster Corps. He

was a member of Temple Beth-El, a life member of Cranston Rotary, where he was a Paul Harris Scholar, and a member of the University Club. He earned a B.S. in economics and business from the University of California at Berkeley.

He was the father of Jonathan Savage and his wife, Judith of Providence, and Robert Savage and his wife, Dianne of Cranston; the brother of the late Sidney Sevitch and the late Yetta Blau; and the grandfather of Justin, Jeremy and Julia.

Contributions may be made to Disabled American Veterans Charitable Service Trust, 3725 Alexandria Pike, Cold Spring, KY 41076, or Nantucket Historical Society, P.O. Box 1016, Nantucket, MA 02544.

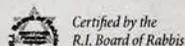
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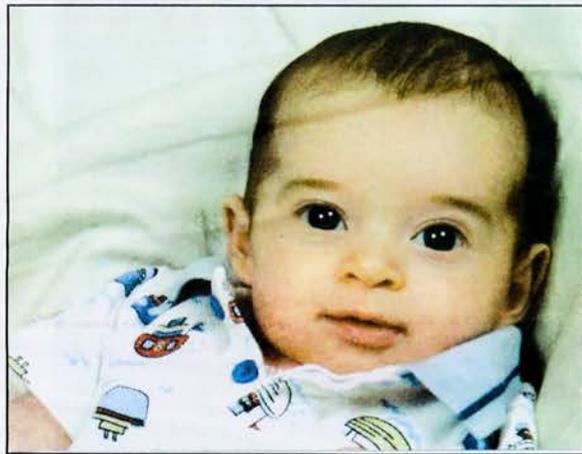


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**Simchas Births**

**A**DAM AND LUCY FREEDMAN of Pawtucket, RI announce the birth of their first daughter, Sophie June Freedman on June 6, 2009. She is the granddaughter of Alex and Sandra Freedman of Newton Highlands, Mass. and Adriano and Cecilia Couto of Pawtucket. She is the great-granddaughter of Max and Esther Bree of Seattle, Wash.

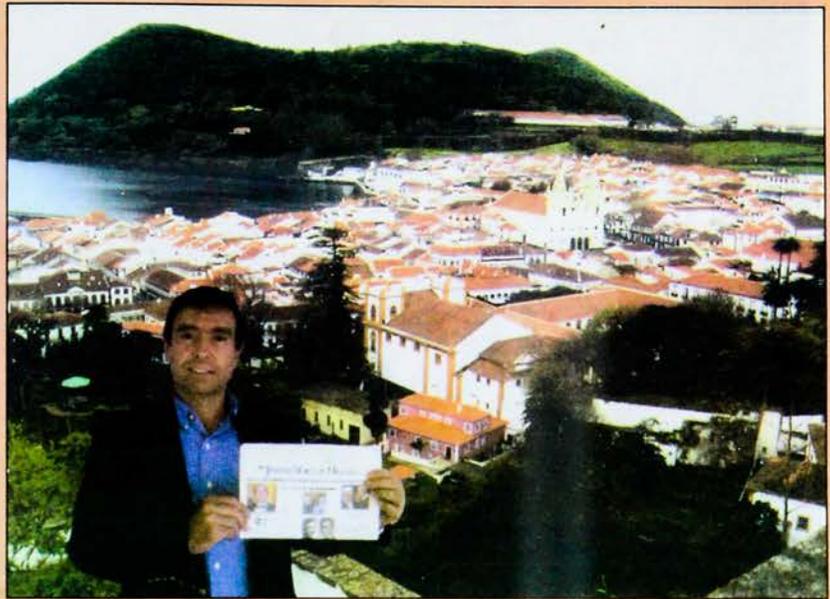


**ANDREW AND KAREN RUBINSTEIN** of Harrington Park, N.J. announce the June 6 birth of Benjamin Lael. He is named for his maternal grandfather Benjamin Haynoski and his paternal great-grandfather Louis Baruch Rubinstein. His grandparents are Dr. and Mrs. Michael L. Rubinstein and Barbara Haynoski. His great-grandmother is Beatrice Rosen.



**STEVE KUMINS AND NANCY PINN** of Providence announce the July 15 birth of their daughter Margalit Ella. Margalit is named after her maternal grandfather Marvin Pinn and paternal great-grandmother Edith Kumins. Paternal grandparents are Richard and Bernice Kumins of Providence. Maternal grandparents are the late Marvin Pinn and Hilary Pinn of Watchung, N.J., and Susan Pinn of Fort Lee, N.J.

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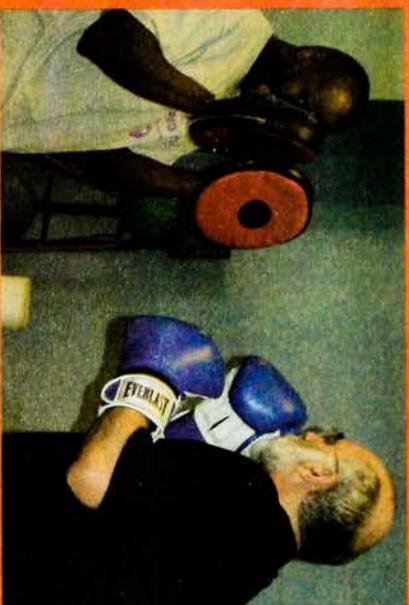
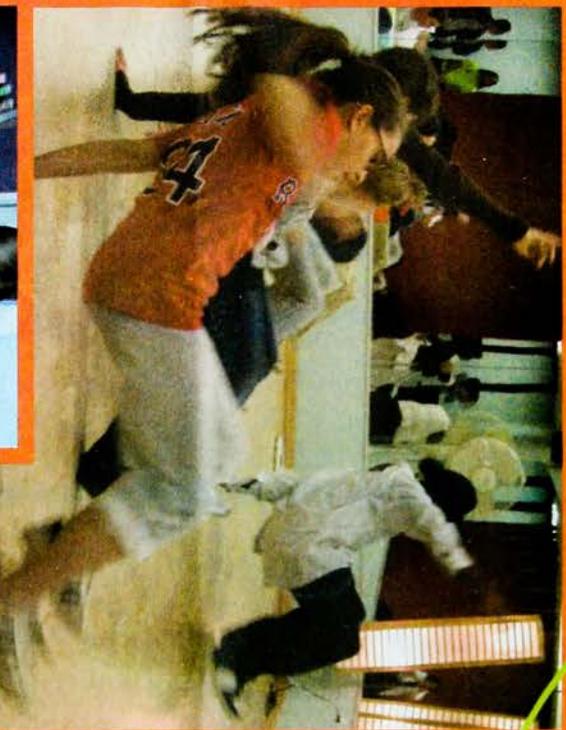
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all are welcome!

# FALL 2009

## PROGRAM & CLASS GUIDE



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**ARTS • CAMP**  
**INFANT TODDLER**  
**PROGRAM &**  
**PRESCHOOL**  
**SPORTS • DANCE**  
**LANGUAGE**  
**AFTERSCHOOL**  
**SWIMMING**  
**SOCIAL EVENTS**  
**JEWISH IDENTITY**

**SEPTEMBER - DECEMBER 2009**  
**5769 - 5770**

INCLUDING PROGRAMS  
BROUGHT TO YOU BY



# welcome!

In the heart of the east side of Providence, the "J" is your diverse neighborhood center for fitness, childcare, enrichment and a sense of community. Our building is also home to the Jewish Federation of Rhode Island and the Bureau of Jewish Education, both of which offer services and programs statewide.

Families and individuals are invited to participate in our vast array of social, educational, cultural and recreational activities.

Our varied programs offer health, social contact and self-improvement for everyone from babies to seniors. We also offer insight into Jewish tradition and heritage. We are open to Jews and non-Jews alike and welcome all to participate.

Please feel free to contact us for more information, or simply to tell us what you think of our offerings.

Douglas Emanuel  
President

Kevin Olson  
Executive Director

## departments

**TO REGISTER FOR CLASSES**  
Call 401- 861-8800

**MEMBERSHIP**  
Call 401-861-8800

**INFANT TODDLER PROGRAM & PRESCHOOL OFFICE**  
Ext. 130

**CHILDREN, YOUTH, CAMP & KIDSPACE**  
Ext. 147

**HEALTH AND FITNESS DIRECTOR**  
Ext. 210

**FITNESS CENTER DESK**  
Ext. 152 or  
Direct Line: 401-453-1530

**AQUATICS OFFICE**  
Ext. 153

**JCC MACCABI GAMES & ARTSFEST**  
Ext. 155

**ADULTS**  
Ext. 108

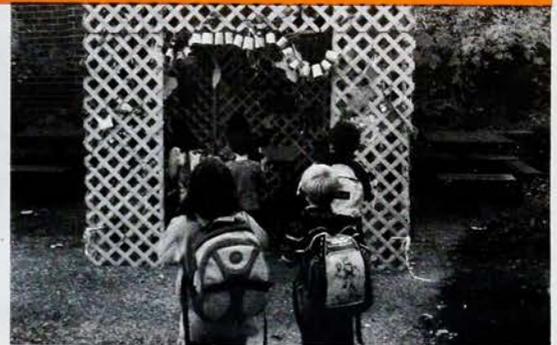
**ROOM RESERVATIONS & RENTALS**  
Ext. 100

**BIRTHDAY PARTIES**  
Ext. 155

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JCC MACCABI GAMES  
& ARTSFEST
- 18-19 ADULTS
- 20 FALL 2009  
REGISTRATION FORM

partner agency of  
ederation of Rhode Island



## SPECIAL FALL PROMOTION!

August 3 through September 30

New members pay \$0 application fee (\$75 value) and receive choice of:

- 1 free hour personal training session, or
- 50% off massage

Call 401-861-8800 for more info or to schedule a tour of the facilities.

Become a member today!

## join the jcc!

Membership at the JCCRI gives you access to an exciting community of great events, people, and programming. In addition to taking advantage of significantly discounted classes, membership also includes unlimited use of the following facilities:

- Brand new, state-of-the-art cardio and weight training center with full circuit of Cybex equipment
- Two aerobic/group exercise and mind/body studios
- 4-lane, 25 yard, heated indoor swimming pool
- Large free weight area
- Full-court basketball gymnasium
- General locker rooms
- **FREE** group exercise and mind/body classes
- 2 free individual orientations to the fitness center

## register now for classes!

### BY MAIL, FAX, ONLINE OR IN PERSON

You may mail, fax 401-861-8806, or drop off your registration, or you may register for JCC classes online using PayPal at [www.jccri.org](http://www.jccri.org).

All faxed registrations must include credit card information.

Most classes begin the week of Sunday, September 13, 2009. After school care will begin the week prior.

### REGISTRATION POLICIES

The JCCRI reserves the right to cancel any activity due to insufficient enrollment. Payment must be received in full before you will be permitted to enter a class.

### LATE FEE

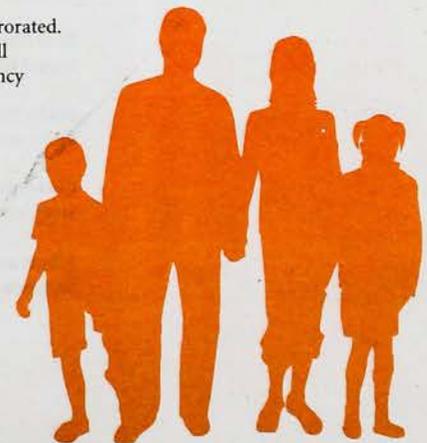
Registrations after the first day of class will be charged a \$25 late fee per entrant.

### REFUND POLICY

A full refund will be issued after the first class only. If the JCCRI cancels a class, you will receive a credit in full towards a future class or program.

No refunds will be issued for classes postponed for inclement weather. Every effort will be made to re-schedule such classes.

No late entry into classes will be prorated. Any refunds not covered above will be made at the department or agency director's discretion.





## give to the "j"

Mark special occasions by making a contribution to one of the many funds at the JCCRI. Your donation can be used to help fund specific JCCRI programs, provide scholarship assistance or support general operations.

When you donate, we will mail out a card to the person you are donating on behalf of, letting them know of your generosity.

Please send your donation to:  
 Carol Gualtieri, JCCRI  
 401 Elmgrove Ave., Providence, RI 02906

You can also establish a named fund with a minimum gift of \$1,000. For more information on establishing a fund or about deferred giving and estate planning, contact Kevin Olson, Executive Director, at 401-886-8800 ext. 111

### UNRESTRICTED FUNDS

#### General Fund

Supports operations of the JCCRI  
 All contributions are placed into the general funds unless otherwise specified.

#### Miriam & Edwin Soforenko Fund

Supports Center activities and operations

### DESIGNATED FUNDS

#### Lillian and Saul Abrams Fund

Further awareness of the Jewish founders and enhances their knowledge of the Jewish founders and leaders

#### Bertha Engleman Library

Provides support for children's and Jewish family life circulating collection

#### Alperin/Hirsch Fund

Provides scholarship assistance

#### Harlan J. Espo Fund

Pays for lay leadership conference expenses

#### Charles J. Fox Fund

Promotes aquatics programs

#### Jeremiah J. Gorin Fund

Provides funding for staff development

#### Samuel and Ruth Pritzker Fund

Promotes enrichment activities

#### Rose Schulman Memorial Camp Fund

Supports camp programs

#### Rocky Simon Israel Education Fund

Promotes education

#### Gertrude Solomon Education Fund

Supports art education for children

#### Albert and Etta Lavett Stone Fund

Supports adult programming

#### Mable T. Woolley Fund

Promotes staff training

#### Bella Zias Fund

Supports senior adult programs

### YOUTH PROGRAM FUNDS

#### Jonathan Freiman Memorial Fund

Supports youth programs

#### Marion Feinstein-Roger Williams

**Lodge Fund**  
 Subsidizes youth activities for BBYO members

#### Robbie Frank Outdoor Fund

Funds youth activities

#### Isador S. & Cecile Low Fund

Recognizes youth leadership

### HEALTH & PHYSICAL

### EDUCATION FUNDS

#### Leonard Abrams Memorial Fund

#### Paul D. Litwin Endowment Fund

#### M.M.Q.B. Health and Physical

#### Education Fund

#### Linda and Richard Mittleman Fund

#### David Hochman Maccabi Fund

### CULTURAL PROGRAM FUNDS

#### Lola Schwartz Fund

Supports cultural arts programs

#### Peter and Anna Woolf Fund

Funds free annual cultural arts program

#### Miriam Soforenko Memorial Fund

Supports arts education and special events

## upcoming special events

### NEW! COMING THIS FALL!

#### "PURE POWER TALK WITH PAVRITA®"

##### A WOMEN'S WELL-BEING SERIES

Join us for our first presentation which will focus on the book *You'd Be So Pretty If...Teaching Our Daughters to Love Their Bodies—Even When We Don't Love Our Own* by author Dara Chadwick, a guide for moms on raising daughters who feel good about their bodies and for daughters who want to make peace with their body image legacy. This will be a panel discussion format with Q&A facilitated by Life Coach and radio host Pavrita Ciavardone. Book signing included. Contact Carlene Barth at [cbarth@jccri.org](mailto:cbarth@jccri.org) or 401-861-8800 ext.117 for more information.

#### BLOOD PRESSURE MONITORING

Every second and fourth Friday throughout the year, a nurse from Cathleen Naughton Associates comes to take blood pressure at 11:30 am.

Free

#### SHINGLES VACCINATION CLINIC WEDNESDAY, SEPTEMBER 9, 2009 NOON - 2:00 PM

One shot to protect you from the painful effects of shingles. Some insurance plans may cover the cost of the vaccination. Call The Wellness Company at 490-0942 to learn more and to schedule an appointment for your shot.

Ages: Adults 60 and older

#### 8TH ANNUAL JCCRI 5K ROAD RACE SUNDAY, SEPTEMBER 13, 2009

Sponsored by The Miriam Hospital  
Youth races sponsored by East Side Pediatrics  
Join us on Sunday, September 13th for our annual 5k road race. All proceeds benefit the JCCRI. East Side Pediatrics Youth race at 8.30 am, adults at 10 am. Prizes will be awarded to the top finishers. Corporate teams of 3 or more are welcome!

For more information, or to register, visit [www.needtorace.com](http://www.needtorace.com).

See MEN'S AND WOMEN'S RUNNING CLUB in Adults Section for info on race prep. Come run with us!

#### FLU SHOT CLINIC

#### WEDNESDAY, OCTOBER 14, 2009 9:30AM - 11:30AM

Protect yourself this season with a flu shot administered by VNA of Care New England. Bring proof of insurance or Medicare Part D to ensure coverage  
Ages: Adult

#### SAVE THE DATE!

#### MY BIG FAT JEWISH WEDDING SATURDAY NIGHT CHAI, PART 1 SATURDAY, OCTOBER 17, 2009

Come and dance, shmooz and nosh in an evening of light entertainment at the J. Watch as Bernie and Beryl meet, argue and fall in love (don't worry, they're actors). Perfect for an evening out... "It's like having fun at a wedding that you didn't have to plan, organize or pay for, and actually like all the people you meet!"  
(Watch for My Big Fat Jewish Wedding Part 2—the nuptials, December 19, 2009)

#### DO IT FOR THE COMMUNITY.

#### DO IT FOR JEWISH UNITY.

#### DO IT FOR YOURSELF...JUST DO IT! OCTOBER 19 - NOVEMBER 17, 2009

Whether you call it Tikkun Olam, social action, or chesed, here is your chance to join thousands of Jewish organizations and individuals around the world of all backgrounds and affiliations for a month of unity through social action. Volunteer with children, rally for Darfur, clean up a river, feed the homeless, raise money for Sderot, paint a mural—or do whatever you are passionate about...How to get started? Contact Sue Suls, 401-861-8800 ext. 108.

#### BOOK FAIR

#### THURSDAY, NOVEMBER 12, 2009

Jewish Book Month starts November 12. Join us for stimulating programs in celebration of the printed word.

#### SAVE THE DATE!

#### THE DR. JAMES YASHAR & JUDGE MARJORIE YASHAR EVENING OF JEWISH RENAISSANCE SATURDAY, NOVEMBER 21, 2009

Mark your calendar for this evening of Jewish learning, culture and community brought to you by the Bureau of Jewish Education of Rhode Island.

#### ABRAHAM AND SARAH'S TENT

A return of last year's successful series of stimulating and provocative discussions on a variety of Jewish identity topics. Make sure you are on our e-mail list to receive updates for this free program. Contact Sue Suls at 401-861-8800 ext. 108 to add your name.

#### SAVE THE DATE!

#### KOL ECHAD: ONE VOICE YOUTH HANUKKAH CONCERT & CELEBRATION SUNDAY, DECEMBER 6, 2009

Join us for this youth Hanukkah concert led by Rabbi David Paskin. Kol Echad is a PJ Library partners program. PJ Library is a program of the Bureau of Jewish Education. For more information, contact Nicole Katzman, Director of PJ Library at [nkatzman@bjeri.org](mailto:nkatzman@bjeri.org).

Free



# community programs & services

## EARLY CHILDHOOD PROGRAM

Our Early Childhood Program, for children 3 months to 5 years, is a Reggio-inspired comprehensive developmental program that is committed to creating a sense of community for you and your children.

We believe children learn best by doing. That's why we offer rich and varied play-based environment that enhances the social, cognitive, emotional, physical, and spiritual life of each child. Jewish education is experienced through "An Ethical Start," our innovative ethics curriculum that ranks in the top 50 most innovative programs in the country.

We also offer swimming in our heated indoor pool, and high teacher/child ratios. The JCCRI operates programs at the JCCRI building in Providence and at Temple Habonim in Barrington. The JCCRI Early Childhood Program is fully licensed by the RI Department of Children, Youth and Families and is NAEYC accredited. Call 401-861-8800 ext. 130 for more information.

## NEW! KIDSPACE PLUS+

Kidspace Plus+ is the better after-school alternative for your child that has been enhanced to best suit your needs and your child's interests.

## VACATION CAMPS

School's out! The J is in! We offer vacation camps for ages 2-5 and grades K-6. Counselor in Training (CIT) program is available for 7-11th graders. Activities include: arts, sports, field trips, and more! Contact Claudia at 401-861-8800 ext. 147 for more information, or go to [www.jccri.org](http://www.jccri.org).

## FITNESS CENTER

J-Fitness is our new, state-of-the-art fitness facility that features 30 cardio machines, flat-screen televisions, weight machines and free weights, and 2 studios. Best of all, each of our GroupEx and Mind/Body classes are FREE for members. Check out our website, [www.jccri.org](http://www.jccri.org), for schedules.

## HEATED INDOOR POOL

Our indoor pool opens at 5:30 am Mondays through Fridays and 7:30 am on weekends. We offer regular classes and open swim time. Check our website, [www.jccri.org](http://www.jccri.org), for more updated schedule and class info.

## ENRICHMENT CLASSES

We offer lots of great programming and activities for kids, teens and adults. See pages 18-19 in the guide for details on our adult offerings, including LUNCH & LEARN, BRIDGE, MAH JONGG, CREATIVE WRITING, YIDDISH SHMOOZ, and more!

## AGEWELL RI

AgeWell RI is a collaborative program of the Jewish Community Center, Jewish Family Services and Jewish Seniors Agency, all core agencies of the Jewish Federation of Rhode Island. AgeWell is a one-stop resource for older adults and their family members or caregivers.

Serving seniors across the state, AgeWell can provide information about a variety of services, such as lunch programs, assisted living, adult day services, support groups, and more. For more information, call 401-223-2335 or 866-524-3935 or visit [www.agewellri.org](http://www.agewellri.org).

## THE FULL PLATE, KOSHER FOOD PANTRY

As a Jewish community, it is our responsibility to come to the aid of our fellow Jews who struggle with life's basic needs. As such, AgeWell RI, a program of Jewish Family Services, Jewish Seniors Agency and the Jewish Community Center of Rhode Island, have taken on the task of formulating and establishing the first Kosher Food Pantry for members of the Jewish Community of Rhode Island.

The Kosher Food Pantry is a critical resource for needy families who wish to observe Jewish dietary laws. JCC is one of several drop off points statewide. For more information, please contact Susan Adler at [Sadler-Jeri@jsari.org](mailto:Sadler-Jeri@jsari.org)

## the israel desk at the bureau of jewish education

### Israel Resources: Travel, Education and Programming

Whether you want to travel to Israel or learn more about it, we can help.



Yom Ha'atzmaut in Jerusalem

The Israel Desk of the Bureau of Jewish Education of Rhode Island oversees a diverse group of programs, all designed to achieve one goal: to assure that an Israel experience becomes an integral part of each student's Jewish education.

In addition, the Bureau works to bring Israel to our community through the Attractive Land map and curriculum and other Israel programming.

For more information on Israel travel, grants and scholarships, please contact Beth R. Brier, Director of Israel Desk: 401.331.0956 x 223 or [bbrier@bjeri.org](mailto:bbrier@bjeri.org).



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### ADAPTIVE FITNESS PROGRAMMING

Coming to J-Fitness! Adaptive fitness is designed to help with levels of physical disabilities participate in fitness training. The JCCRI will now offer equipment and classes geared toward this part of our community.

Programs include: adaptive yoga, adaptive fitness fencing, and adaptive leagues. Call Carlene Barth at 401-861-8800 ext. 117 for info or to make an appointment.

### VOLUNTEER CONNECTION AT THE JEWISH FEDERATION

Volunteer in the community and be a powerful force for change. The most effective change often starts at a grassroots level—individuals like you, fulfilling a need in the community.

Our Volunteer Connection helps you realize the immediate impact of giving by finding an opportunity that accommodates your skill set and community needs.

Jewish organizations from throughout greater Rhode Island are in need of capable volunteers.

The following is just a sample of what you can do:

- Help children learn to read
- Teach a class
- Serve meals to the elderly
- Staff a library
- Visit nursing homes
- Help seniors remain independent

Perform a mitzvah. Explore volunteer opportunities and get involved by calling Wendy Joering, Volunteer Connection Coordinator at the Jewish Federation of Rhode Island, at 401-421-4111 or by e-mailing her at [wjoering@JFRI.org](mailto:wjoering@JFRI.org).

### SHALOM BABY

Shalom Baby is a program designed to answer many other questions for new parents. Whether you, a friend, or a family member is growing by one, Shalom Baby is a great resource! We introduce and connect parents to the many programs available for families in the local Jewish community, and provide helpful information about parenting, holidays, resources and more.

Send e-mails about new babies to [wjoering@JFRI.org](mailto:wjoering@JFRI.org). (Please include name of baby, gender, date of birth/adoption, and parent name(s) and contact number.) We will arrange a personal visit to share useful hints, information, and an assortment of helpful goodies!

For additional information please call Wendy Joering, Director of Outreach and Engagement at the Jewish Federation of Rhode Island at 401-421-4111 ext. 178.

### SHALOM RHODE ISLAND

Help us extend a warm Rhode Island "Shalom!" Let us know about new arrivals to our Jewish community, whether babies, individuals, or families.

Share contact information on new arrivals with Wendy Joering, Director of Outreach and Engagement at the Jewish Federation of Rhode Island at 401-421-4111 ext. 178.



### PJ LIBRARY

The PJ Library is a Jewish literacy and outreach program for families with children age six months through six years.

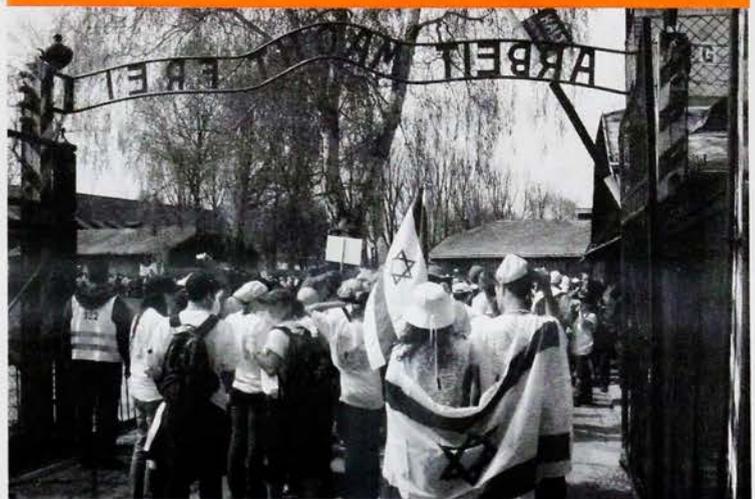
Children enrolled in PJ Library receive Jewish-content books and music on a monthly basis through the mail. Each delivery includes a guide for parents with tips on ways to enrich their use of the book or music.

**Save the dates for these upcoming PJ Library community events!**

**Sunday, December 6, 2009**  
**Koh Echad: One Voice**  
**Youth Hanukkah Concert & Celebration**  
**Held at JCCRI**  
**Free!**

**Wednesday, December 9, 2009**  
**PJ Library Book Fair**  
**Barnes & Noble, Warwick**

For more information about PJ Library, call Nicole Katzman, PJ Library Director at the Bureau of Jewish Education, at 401-331-0956 ext. 180 or send an e-mail to [nkatzman@bjeri.org](mailto:nkatzman@bjeri.org).



### March OF THE LIVING

A two-week experiential journey for high school juniors and seniors, the March of the Living is unlike anything else you've experienced. Join us and thousands of Jewish teens from around the world as we honor and celebrate our Jewish past, present and future.

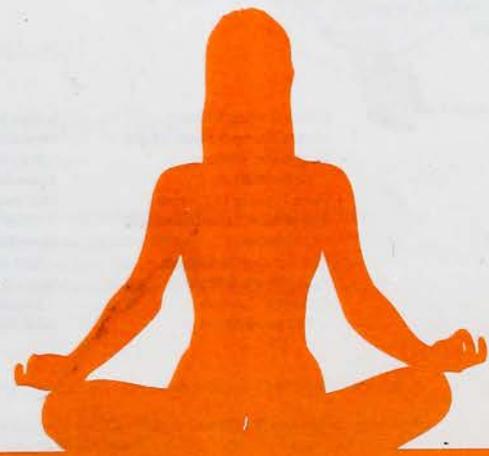
Teen participants are required to enroll in a year-long preparatory course offered through the Harry Elkin Midrasha Community High School.

**MARCH OF THE LIVING 2010**  
**ENCOUNTER THE PAST, EMBRACE THE FUTURE**  
**APRIL 7 - APRIL 21, 2010**

Interested teens should contact Claire Roche, March of the Living New England Regional Director at the Bureau of Jewish Education, via 401-331-0956 ext. 185 or [croche@bjeri.org](mailto:croche@bjeri.org).

Applications may be downloaded from [www.bjeri.org](http://www.bjeri.org).

Adults interested in participating in the March of the Living should contact Jeff Sock at [jeff@jsock.com](mailto:jeff@jsock.com).



# classes at a glance

**SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY**

## babies & toddlers

Sundays Kidsclub  
9:45-11:30 am  
Parent/Tot Swim Class  
10:30-11am

Art Start 10-11 am

Mommy and Me at the JCC  
10:30-11:15 am  
New Mom's Group  
11 am-12 pm  
Arts Mania 1-1:45 pm

Tot/ITC Swim 10-10:30 am  
Parent/Tot Swim Class 10:30-11am  
Tykes Gymnastics 2:30-3:15 pm

Open Play  
w/ Caregiver Participation  
9:30-10:15 am  
Tykes Gymnastics  
10:15-11 am

## little kids

Sundays Kidsclub  
9:45-11:30 am  
Preschool Swim Lessons  
10:30-11 am  
Beginning to Intermediate Swim  
11-11:40 am

Peewee Pottery 3-3:45 pm  
Creative Movement 3:00-3:45 pm  
Ballet I 3:45-4:30 pm  
Children's Swim Lessons  
3:45-4:30 pm  
Beginner Swim Lessons 6-6:30 pm

Arts Mania 1-1:45 pm  
Spantastico 2:15-3:00 pm  
Elite National Soccer  
3:45-4:30pm  
Children's Swim Lessons  
3:45-4:30pm

Pee Wee Sports 12:30-1:15 pm  
Pee Wee Sports & Swim 12:30-2 pm  
Preschool Swim Lessons 1:30-2 pm  
Peewee Pottery 2-2:45 pm  
Tykes Gymnastics 2:30-3:15 pm  
Preschool Gymnastics 2:30-3:15 pm  
Creative Movement 3:15-4 pm  
Preschool Gymnastics 3:15-4 pm  
Children's Swim Lessons 4-4:45 pm  
School Age Gymnastics 4-5 pm  
Girls Only School Age Gymnastics  
5-6 pm

All About Animals 2:00-2:45  
Pee Wee Sports 3:45-4:30pm  
Children's Swim Lessons  
3:45-4:30pm

Open Play  
w/ Caregiver Participation  
9:30-10:15 am  
Tykes Gymnastics  
10:15-11 am  
Preschool Gymnastics  
10:15-11:00 am  
Preschool Gymnastics  
11-11:45 am

## big kids

Sundays Kidsclub  
9:45-11:30 am  
Preschool Swim Lessons  
10:30-11am  
Beginning to Intermediate Swim  
11-11:40 am  
Broadway Dance Class  
10-11 am  
Pee Wee Basketball League  
1:15-2:15 pm  
Jr. NBA/WNBA Basketball  
League 2:30-3:30 pm

Kidspace Go Play! 3-6 pm  
Ballet I 3:45-4:30 pm  
Coach Pierre's Basketball  
Fundamentals 3:45-4:30 pm  
Beginner USA Karate 3:45-4:30 pm  
Children's Swim Lessons  
3:45-4:30 pm  
Homework Help and Computer  
Club 3:45-4:30 pm  
Pottery & Sculpture 3:45-4:30 pm  
Ballet II 4:30-5:15 pm  
Advanced USA Karate  
4:30-5:15 pm  
Tiger Sharks Swim Club  
4:30-5:30 pm  
Advanced Pottery 4:30-5:15 pm  
Potter's Wheel 4:30-5:15 pm  
Mixed Media Art 4:30-5:15 pm  
Beginner USA Karate 5:15-6:00 pm  
Hip Hop I 5:15-6:00pm  
Beginner Swim Lessons 6-6:30 pm  
Contemporary Dance 6-7 pm  
Girls Swim Lessons 6:45-7:30 pm

Kidspace Go Play! 3-6 pm  
Elite National Soccer  
3:45-4:30 pm  
Children's Swim Lessons  
3:45-4:30 pm  
Homework Help and  
Computer Club  
3:45-4:30 pm  
Paint It! 3:45-4:30 pm  
Tiger Sharks Swim Club  
4:30-5:30 pm  
Boys Swim Lessons  
6:45-7:30 pm

Kidspace Go Play! 3-6 pm  
Pee Wee Sports 12:30-1:15 pm  
Pee Wee Sports & Swim 12:30-2 pm  
Preschool Swim Lessons 1:30-2pm  
Ballet I/II 4-5 pm  
Contemporary Dance 5-6 pm  
Children's Swim Lessons 4-4:45 pm  
Homework Help And Computer Club  
4-5 pm  
JCCRI Maccabi Games Sports  
Training 4-5 pm  
School Age Gymnastics 4-5 pm  
Pottery & Sculpture 4-5 pm  
Sculpt It! 5-6 pm  
Girls Only School Age Gymnastics  
5-6 pm  
Girls Only Intermediate Gymnastics  
5-6 pm  
Girls Only Advanced Gymnastics  
5-6 pm

Kidspace Go Play! 3-6 pm  
Pee Wee Sports 3:45-4:30 pm  
Children's Swim Lessons  
3:45-4:30 pm  
Homework Help and Computer  
Club 3:45-4:30 pm  
Dungeons & Dragons  
4:15-5:45 pm  
Tiger Sharks Swim Club  
4:30-5:30 pm  
MLB Rookie League Baseball  
4:45-5:30 pm

Kidspace Go Play! 2:30-6 pm  
Mixed Media Art  
3:45-4:45 pm  
Woodshop 3:45-5:30 pm  
Mixed Media Art  
4:45-5:30 pm

## teens

Sundays Kidsclub  
9:45-11:30 am  
Preschool Swim Lessons  
10:30-11 am  
Beginning to Intermediate Swim  
11-11:40 am  
Broadway Dance Class  
10-11 am  
Pee Wee Basketball League  
1:15-2:15 pm  
Jr. NBA/WNBA Basketball  
League 2:30-3:30 pm  
Broadway Dance Class  
10-11 am  
Teen Jazz 10-11 am  
Teen Ballet 11-12 noon  
NBA/WNBA Basketball League  
3:45-5:00pm

Indoor Rowing 9:15am  
Deep Water Workout  
10:05-10:50 am  
Water Walking 12:15-1pm  
Teen & Adult Swim Instruction  
1-1:40 pm  
Beginner USA Karate 3:45-4:30 pm  
Children's Swim Lessons  
3:45-4:30 pm  
Homework Help And Computer  
Club 3:45-4:30 pm  
Advanced USA Karate  
4:30-5:15 pm  
Beginner USA Karate 5:15-6 pm  
Aerobics 6-6:40 pm  
Contemporary Dance 6-7 pm

Indoor Rowing 6 am  
Aerobics 10-10:40 am  
Teen Weight Training  
3-3:45 pm  
Children's Swim Lessons  
3:45-4:30 pm  
Homework Help and  
Computer Club  
3:45-4:30 pm  
Paint It! 3:45-4:30 pm  
Tiger Sharks Swim Club  
4:30-5:30 pm

Indoor Rowing 9:15 am  
Deep Water Workout with Jodi  
9:30-10:15 am  
Teen Rowing 3-3:45pm  
Deep Water Workout 3:05-3:50 pm  
Children's Swim Lessons 4-4:45 pm  
Homework Help And Computer Club  
4-5 pm  
Sculpt It! 5-6 pm  
Teen Ballet 4-5 pm  
Teen Ballet 5-6 pm  
Contemporary Dance 5-6 pm

Indoor Rowing 6 am  
Aerobics 10-10:40 am  
Water Walking 12:15-1 pm  
Children's Swim Lessons  
3:45-4:30 pm  
Homework Help and Computer  
Club 3:45-4:30 pm  
Dungeons & Dragons  
4:15-5:45 pm  
Tiger Sharks Swim Club  
4:30-5:30 pm  
Deep Water Workout with Jodi  
6-6:40 pm

Deep Water Workout  
10:05-10:50 am  
Teen Jazz 4:45-5:45 pm  
Mixed Media Art  
3:45-4:45 pm  
Woodshop 3:45-5:30pm  
Mixed Media Art  
4:45-5:30 pm  
Teen Ballet 3:45-4:45 pm

## adults

Adult Ballet noon-1 pm

Indoor Rowing 9:15 am  
Writers' Group 9:30am- 11 am  
Deep Water Workout  
10:05-10:50 am  
Water Walking 12:15-1pm  
Teen & Adult Swim Instruction  
1-1:40 pm  
USA Karate 5:15-6:00 pm  
Aerobics 6-6:40 pm  
French for Travelers  
7:00 pm-8:30 pm

Indoor Rowing 6 am  
Women's Running Club  
8:45-9:45 am  
Aerobics 10-10:40 am  
Mah Jongg Mavens  
10 am-noon  
Men's Running Club  
5:30-6:30 pm  
Men's 35+ Adult Basketball  
League 6 pm  
Adult Pottery 6:30-8:30 pm

Indoor Rowing 9:15 am  
Deep Water Workout with Jodi  
9:30-10:15 am  
Plain Talk 10-11 am  
Book Marks Book Club 11 am-noon  
Yiddish Language Class  
11:30 am-12:30 pm  
Hebrew Reading Crash Course  
11:30 am-12:30 pm  
Yiddish Conversation 12:30-1:30 pm  
ESL - English As A Second Language  
1 pm-2:30 pm  
Deep Water Workout 3:05-3:50 pm  
Women's Running Club 5:30-6:30 pm  
Adult Jazz Dance 6:30-7:30 pm

Indoor Rowing 6 am  
Mah Jongg Mavens 1 pm-3 pm  
Aerobics 10-10:40 am  
Water Walking 12:15-1 pm  
Men's 23+ Adult Basketball  
League 6 pm  
Deep Water Workout with Jodi  
6-6:40 pm

Yiddish Shmooz  
9:30-11:30 am  
Deep Water Workout  
10:05-10:50 am  
Weekly Lunch & Learn  
12-1:30 pm  
Adult Painting 1-2 pm

# babies & toddlers

Did you know the JCCRI offers  
**babysitting on weekdays, too?**  
Fit some "me" time into your day!

## ARTS

### ART START

It's never too early to provide your child with a strong arts background! Come join us as we explore a variety of different media, such as clay, paint, recycled materials, pictures, and more!

**Ages: 18 months–3 years**

**Mondays 10–11 am**  
**9/14/09–12/14/09**

12 sessions. Min. enrollment: 3 Max: 8  
No Class: 9/28, 10/12  
Member: \$120 Non-Member: \$156  
ID: 502-297

## ENRICHMENT

### MOMMY AND ME AT THE JCC

Come meet other Moms and discuss child development topics, as your child plays and has his or her first socialization experience.

**Ages: 6 months–3 years**

**Tuesdays 10:30–11:15 am**  
**9/15/09–12/15/09**

14 sessions. Min: 4 Max: 15  
Members: \$98 Non-Members: \$126

### NEW! MOM'S GROUP

For brand new mothers, bring your baby and a blanket and join other moms in exploring this new world.

**Ages: newborn to 6 months**

**Tuesdays 11–12 pm**

Sessions TBD. \$5 fee per session.  
Min. enrollment: 3 Max: 8 Space Limited.  
Contact Nicole Katzman to sign up via e-mail at [nkatzman@bjeri.org](mailto:nkatzman@bjeri.org).

## SPORTS

### STROLLER STRIDES

Stroller Strides is a fitness class where mom can get a great workout while baby rides along in the stroller. Each hour-long class includes power-walking, cardio burst, toning and stretching. All fitness levels welcome! Taught by nationally certified fitness instructor (who is also a mom).

Get fit, have fun with your baby, and meet other moms! For more information, or to register, contact Suzanne at 401-289-0444 or [suzanne@strollerstrides.net](mailto:suzanne@strollerstrides.net).

### RENAISSANCE GYMNASTICS ACADEMY: OPEN PLAY WITH CAREGIVER PARTICIPATION

This open play environment with structured opening and closing activities offers 40 minutes of specific event activities. The gym is set up for children to explore and play in a safe environment.

An instructor is always present to help guide and begin the instructor-student interaction, but a caregiver stays within arms reach of the child to assist and maintain safety. Sign up for the whole year (September 2009 – June 2010) and save 5%!  
**Ages: walking–5 years**

**Fridays 9:30–10:15 am**  
**9/18/09–12/18/09**

No class: 11/27  
13 sessions. Minimum enrollment: 3  
Member: \$156 Non-Member: \$182  
Full year: Member: \$380  
Non-Member: \$440  
ID: 506-805

### RENAISSANCE GYMNASTICS ACADEMY: TYKES GYMNASTICS

This class is a child's first introduction to a structured class. The 40 minute class helps transition the child into an independent learning environment. In the beginning parents assist the child through class, following the teacher's instructions. As the year progresses, the parents slowly step back and let the child take the lead. The gymnastics lessons help develop gross and fine motor skills, while introducing the basics of tumbling, balance, strength, and flexibility. Sign up for the whole year (September 2009–June 2010) and save 5%!  
**Ages: 2.5–3.5 years**

**Wednesdays 2:30–3:15 pm**

**9/16/09–12/16/09**  
No class: 11/11, 11/25  
12 sessions. Minimum enrollment: 3  
Member: \$144 Non-Member: \$168  
Full year:  
Member: \$355 Non-Member: \$415  
ID: 506-807

**Fridays 10:15–11 am**

**9/18/09–12/18/09**  
No class: 11/27  
13 sessions. Minimum enrollment: 3  
Member: \$156 Non-Member: \$182  
Full year:  
Member: \$380 Non-Member: \$440  
ID: 506-806

## SWIM

### TOT/ITC SWIM

Tots learn swimming with songs and games. ITC teacher accompanies ITC students.  
**Ages: 2–3 years**

**Wednesdays 10–10:30 am**

**9/16/09–12/16/09**  
No class: 11/11  
13 sessions. Minimum enrollment: 3  
Member: \$130 Non-Member: \$260  
ID: 507-741

### PARENT/TOT SWIM CLASS

Introduce your baby or toddler to the joys of swimming with this exciting program of water exploration, songs, and beginning skill development...all with the comfort of you and the instructor in the pool.

**Ages: 6 months–3 years**

**Sundays 10:30–11 am**

**9/13/09–12/13/09**  
No class: 9/20, 10/4, 10/11, 11/29  
10 sessions. Min. enrollment: 3  
Member: \$100 Non-Member: \$200  
ID: 507-700

**Wednesdays 10:30–11 am**

**9/16/09–12/16/09**  
No class: 11/11  
13 sessions. Minimum enrollment: 3  
Member: \$130 Non-Member: \$260  
ID: 507-703

## CHILD CARE SERVICES

### NEW! SUNDAYS KIDSCUB

Enjoy your fitness workout or join one of our exercise classes with the knowledge that your children are being watched in a safe, secure environment. Our qualified staff will plan age appropriate activities.

**Ages: 6 months and up**

**Sundays 9:45–11:30 am**

**9/13/09–12/13/09**  
No class: 9/20, 10/11, 11/29  
11 sessions.  
Fee: \$7 for first child  
\$2 for each additional child in family  
Payable by the day or buy a package!  
Please call Darlene at ext. 155 for details.

### BABYSITTING

Babysitting at the J is also available weekdays!

**Monday–Thursday**

**8:30 am–1:30 pm and 3–6 pm**

**Fridays 8:30 am–1:30 pm and 3–5 pm**

Call Shirley 401-861-8800 ext. 130 for prices and to reserve a spot.

support  
for mothers



Are you raising Jewish children,  
but you're not Jewish?

Don't do it alone!

Join us for The Mothers Circle!

New course begins in October



The Mothers Circle is a free educational and welcoming program empowering mothers any faith or religious background to create Jewish homes. Mothers in all family constellations are welcome and participants do not have to be affiliated with a Jewish institution or have any prior knowledge. The interactive curriculum for the sessions explores Jewish holidays, practices, rituals, and ethics while providing resources and tools for enriching Jewish family life at home.

FREE childcare is available upon request.

For more information please contact Kit Haspel, *Mothers Circle Coordinator* at 401.331.0956 x184 or [khaspel@bjeri.org](mailto:khaspel@bjeri.org).

Coordinated by the Bureau of Jewish Education of Rhode Island in partnership with the Jewish Community Center of Rhode Island. Generously funded by the Helene and Bertram Bernhardt Foundation and the Jewish Federation of Rhode Island.



# little kids ages 3-5

Be sure to check out the **babies & toddlers** section, which includes some classes in which younger 3 year olds may participate.

## ARTS

### ART START

It's never too early to provide your child with a strong arts background! Come join us as we explore a variety of different media, such as clay, paint, recycled materials, pictures, and more!

**Ages: 18 months-3 years**

**Mondays 10-11 am**

**9/14/09-12/14/09**

12 sessions. Min. enrollment: 3 Max: 8

No Class: 9/28, 10/12

Member: \$120 Non-Member: \$156

ID: 502-297

### PEEWEE POTTERY

Let your child's imagination soar while they create with clay! Children will have a chance to learn different methods of clay sculpture including the pinch, slab, and coil methods. Individual instruction will allow students to develop at their own pace.

**Ages: 3-6 years**

**Mondays 3-3:45 pm**

**9/14/09-12/14/09**

No class: 9/28, 10/12

12 sessions. Min. enrollment: 3 Max: 10

Member: \$132 Non-Member: \$171

ID: 502-208

**Wednesdays 2-2:45 pm**

**9/16/09-12/16/09**

No class: 11/11

13 sessions. Min. enrollment: 3 Max: 10

Member: \$143 Non-Member: \$185

ID: 502-205

### ARTS MANIA

Explore the world of art! Try out everything from painting to glue and sculpture making. We will also practice cutting and ripping and learn all about color. This class focuses on the creative process rather than the finished product.

**Ages: 2-5**

**Tuesdays 1-1:45 pm**

**9/15/09-12/15/09**

14 sessions. Min. enrollment: 3 Max: 10

Member: \$140 Non-Member: \$182

ID: 502-308

### ALL ABOUT ANIMALS

Through stories, visual art, slides, and pictures, students will learn about different animals and their sizes, color, weights, habitats, lifestyle and more. All through art! Using clay, papers, playdough, collage, foam, and their imagination in every class, kids will create a scene describing what they learn.

**Ages: 3-6 years**

**Thursdays 2-2:45 pm**

**9/17/09-12/17/09**

No class: 11/26

13 sessions. Min. enrollment: 3 Max: 10

Member: \$130 Non-Member: \$169

ID: 502-207

## ENRICHMENT

### SPANTASTICO

Spantastico is a program that teaches children from the ages of 3-5 the basic nuances of the Spanish language. Spantastico works because of the dynamic in which it is taught; a non-linear approach to learning a foreign language. Through music, interactive play, props and flashcards, children are able to grasp the fundamentals of the language more quickly.

**Ages 3-5**

**Tuesdays 2:15-3:15 pm**

**9/15/09-12/15/09**

14 sessions. Min. enrollment: 3 Max: 8

Member: \$210 Non-Member: \$266

ID: 501-503

## DANCE

### INTRODUCING

### "GOTTA DANCE" ACADEMY! TERESA PEARSON, DIRECTOR

We are pleased to introduce Teresa and her staff to our membership! The goal of our "Gotta Dance" Academy is to instill a lifelong love of dance in our students. Students will also learn responsibility, discipline, teamwork and an appreciation for cultural arts.

A wide range of classes for ages 3 through adult will be offered in many disciplines: Ballet, Hip Hop, Jazz, Irish Step Dance and Broadway Dance. All classes are taught by qualified instructors who will pass on their love of dance in a nurturing way, while showing that dance as exercise can be fun and exciting.

Teresa Pearson comes to us with many years of dancing, teaching and choreographic experience. She danced with the Syracuse Ballet Theatre, and graduated with a BS in Dance from Skidmore College, and an MS in Dance Therapy from Hunter College. She has taught many forms of dance, from ballet to Broadway dance as well as created choreography for numerous musicals.

**To learn more, contact Teresa at 401-524-7875 or Darlene Desroches at the JCC 401-861-8800 ext. 155.**

## CREATIVE MOVEMENT

Designed for the youngest student, this class will focus on coordination, listening skills, musical awareness, spatial movement and large motor skill development. This class will foster the child's imagination and natural creativity. Class attire: black leotard, pink tights, pink ballet slippers, and hair pulled back. Rates include costume fee and two tickets for recital in June 2010.

**Ages 3-5**

**Mondays 3-3:45 pm**

**9/14/09-12/14/09**

No class: 9/28, 10/12

12 sessions. Min. enrollment: 6 Max.: 12

ID: 506-640

**Wednesdays 3:15-4 pm**

**9/16/09-12/16/09**

No class: 11/11, 11/25

12 sessions. Min. enrollment: 6 Max: 12

ID: 506-444

### "GOTTA DANCE" ACADEMY PRICING

All classes offer the same pricing, and your choice to pay for the class(es) all at once or with a monthly payment plan. Prices for children includes costume deposit for the end of the year dance recital.

Dance classes may be purchased singly or in groups with discount. If purchasing in groups, be sure to indicate on the registration form to assure you get the group discount.

Member:

\$200 (1 class/week) \$320 (2 classes/week)

Non-Member:

\$240 (1 class/week) \$400 (2 classes/week)

### NEW! MONTHLY DANCE BILLING

Dance classes may be billed monthly. If you choose this option you must register directly with Darlene Desroches, [ddesroches@jccri.org](mailto:ddesroches@jccri.org) 401-861-8800 x155.

Member:

\$50/month for 1 class per week

\$80/month for 2 classes per week

Non-Member:

\$60/month for 1 class per week

\$100/month for 2 classes per week

## SPORTS

### RENAISSANCE GYMNASTICS ACADEMY: OPEN PLAY WITH CAREGIVER PARTICIPATION

This open play environment with structured opening and closing activities offers 40 minutes of specific event activities. The gym is set up for children to explore and play in a safe environment. An instructor is always present to help guide and begin the instructor-student interaction, but a caregiver stays within arms reach of the child to assist and maintain safety. *Sign up for the whole year (September 2009-June 2010) and save 5%!*

**Ages: walking-5 years**

**Fridays 9:30-10:15 am**

**9/18/09-12/18/09**

No class: 11/27

13 sessions. Min. enrollment: 3

Member: \$156 Non-Member: \$182

Full year:

Member: \$380 Non-Member: \$440

ID: 506-805

**RENAISSANCE GYMNASTICS  
ACADEMY: TYKES GYMNASTICS**  
See class description on page 9.  
Ages 2.5–3.5 years

**RENAISSANCE GYMNASTICS  
ACADEMY: PRESCHOOL  
GYMNASTICS**  
Our first child-independent program, the 40 minute curriculum builds around the young child's love of movement and learning how to do new things. They will also develop listening and following verbal instruction skills, patience and teamwork while learning how to do handstands and cartwheels. *Sign up for the whole year (September 2009–June 2010) and save 5%! Ages: 3–5 years*

**Wednesdays 2:30–3:15 pm  
9/16/09–12/16/09**  
No class: 11/11, 11/25  
12 sessions. Min. enrollment: 3 Max: 15  
Member: \$144 Non-Member: \$168  
Full year (includes costume & 2 tickets to end of year show):  
Member: \$405 Non-Member: \$465  
ID: 506-812

**Wednesdays 3:15–4 pm  
9/16/09–12/16/09**  
No class: 11/11, 11/25  
12 sessions. Min. enrollment: 3 Max: 18  
Member: \$144  
Non-Member: \$168  
Full year (includes costume & 2 tickets to end of year show):  
Member: \$405 Non-Member: \$465  
ID: 506-813

**Fridays 10:15–11 am  
9/18/09–12/18/09**  
No class: 11/27  
13 sessions. Min. enrollment: 3 Max: 12  
Member: \$156 Non-Member: \$182  
Full year (includes costume & 2 tickets to end of year show):  
Member: \$430 Non-Member: \$490  
ID: 506-811

**Fridays 11–11:45 am  
9/18/09–12/18/09**  
No class: 11/27  
13 sessions. Min. enrollment: 3 Max: 12  
Member: \$156  
Non-Member: \$182  
Full year (includes costume & 2 tickets to end of year show):  
Member: \$430  
Non-Member: \$490  
ID: 506-810

**RENAISSANCE GYMNASTICS  
ACADEMY: SCHOOL AGE  
GYMNASTICS**  
See class description on page 14.  
Ages: 4–7 years

**ELITE NATIONAL SOCCER**  
See class description on page 14.  
Ages: 5–9 years

**PEE WEE SPORTS**  
This class is an introduction to a variety of sports and a chance for the little ones to learn sportsmanship and teamwork. Basketball, hockey, baseball, soccer, and some non-competitive sports are taught.  
Ages: 4–6 years

**Wednesdays 12:30–1:15 pm  
9/16/09–12/16/09**  
No class: 11/11  
13 sessions. Min. enrollment: 4  
Member: \$169 Non-Member: \$205  
ID: 506-608

**Thursdays 3:45–4:30 pm  
9/17/09–12/17/09**  
No class: 11/26  
13 sessions. Min. enrollment: 4  
Member: \$169 Non-Member: \$218  
ID: 506-609

**PEE WEE SPORTS & SWIM**  
Pee Wee Sports in the gym, followed by the pool for swimming and splashing with Patty Gold, Aquatics Director. Learn primary Red Cross levels while enjoying a fun aquatic environment.  
Ages: 4–6 years

**Wednesdays 12:30–2 pm  
9/16/09–12/16/09**  
No class: 11/11  
13 sessions. Min. enrollment: 4  
Member: \$225 Non-Member: \$300  
ID: 506-611

## SWIM

**TOT/ITC SWIM**  
See class description on page 9.  
Ages: 2–3 years

**PRESCHOOL SWIM LESSONS**  
Your preschooler learns primary Red Cross levels while enjoying a safe and fun environment.  
Ages: 3–6 years

**Sundays 10:30–11 am  
9/13/09–12/13/09**  
No class: 9/20, 10/4, 10/11, 11/29  
10 sessions. Min. enrollment: 3  
Member: \$100 Non-Member: \$200  
ID: 507-710

**Wednesdays 1:30–2 pm  
9/16/09–12/16/09**  
No class: 11/11  
13 sessions. Minimum enrollment: 3  
Member: \$130 Non-Member: \$260  
ID: 507-712

**BEGINNER SWIM LESSONS**  
Ages: 3–10 years

**Mondays 6–6:30 pm  
9/14/09–12/14/09**  
No class: 9/28, 10/12  
12 sessions. Min. enrollment: 3  
Member: \$120 Non-Member: \$240  
ID: 507-711

**BEGINNING TO INTERMEDIATE SWIM**  
See class description on page 14.  
Ages: 4–10 years

## CHILD CARE SERVICES

**NEW! SUNDAYS KIDSCUB**  
Enjoy your fitness workout or join one of our exercise classes with the knowledge that your children are being watched in a safe, secure environment. Our qualified staff will plan age appropriate activities.  
Ages: 6 months and up

**Sundays 9:45–11:30 am  
9/13/09–12/13/09**  
No class: 9/20, 10/11, 11/29  
11 sessions  
Fee: \$7 for first child  
\$2 for each additional child in family  
Payable by the day or buy a package!  
Please call Darlene at ext. 155 for details.

**BABYSITTING**  
Babysitting at the J is also available weekdays!  
**Monday–Thursday  
8:30 am–1:30 pm and 3–6 pm  
Fridays 8:30 am–1:30 pm and 3–5 pm**

Call Shirley 401-861-8800 ext. 130 for prices and to reserve a spot.

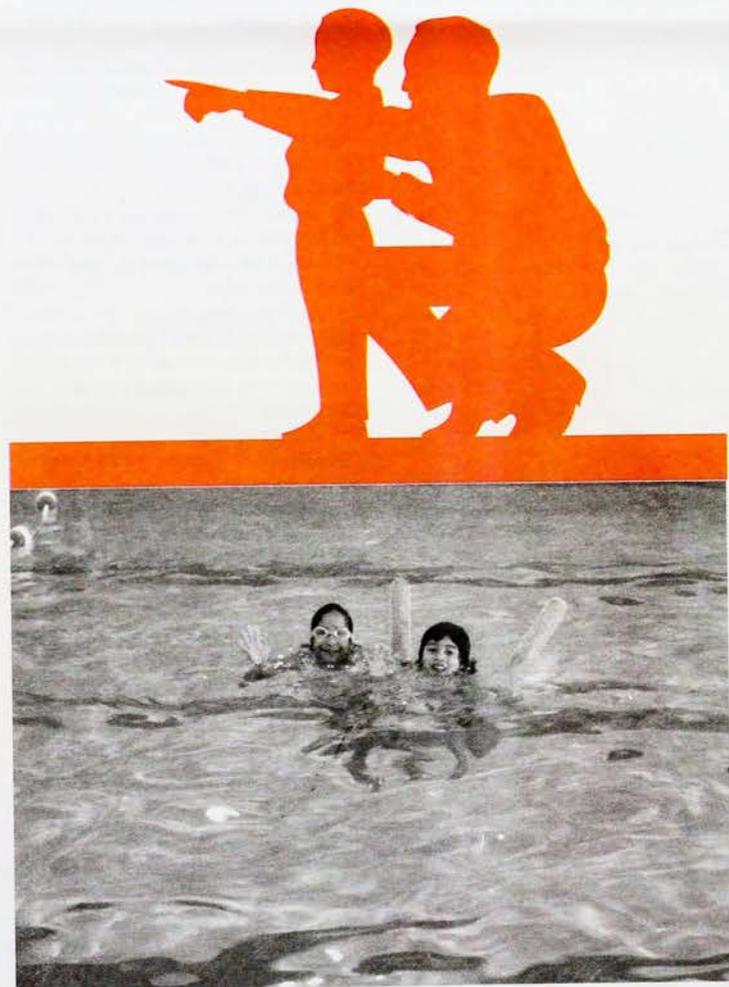
## AFTERSCHOOL CARE KIDSPACE GoPLAY

After a long day in the classroom come hang out and play at the 'J'! Children will be able to participate in the daily activity, and choose from toys or board games to play with their friends. All children learn through play. During Kidspace, kids will be able to play with games and toys or create their own games and scenarios. Kidspace will have adult supervision to facilitate and help children to choose the most appropriate games and toys for each age group. Children are also encouraged to do their homework during Kidspace hours.  
Ages 5–12 years  
See page 12 for registration information.

## HEBREW FOR PARENTS

**HEBREW READING CRASH COURSE**  
If you've got 6 weeks, we can have you reading Hebrew! JCCRI and Kollel partner to bring this proven course designed for anyone with little or no knowledge of Hebrew. Contact Robin Meyerowitz at [jccri.org](mailto:jccri.org) or by phone 401-861-8800, ext. 142.  
Ages: Adult

**Wednesdays 11:30 am–12:30 pm  
10/28/09 – 12/16/09**  
No class 11/11, 11/25  
6 sessions. Min. enrollment: 3  
Member: Free Non-Member: Free



# big kids ages 6-12

The J offers new classes like **"FUN MEETS"** under **SPORTS** and amenities like **SUNDAY KIDSCLUB** hours!

## VACATION CAMPS

### VACATION CAMPS

Activities include: stories and conversations about each holiday and its costumes and traditions, gym or outdoor games depending on weather, free swim, board games, and play time with our vast collection of toys.

Ages: Grades K-6

Grades 7+ are welcome as CITs

Columbus Day 10/12/09

Veteran's Day 11/11/09

Thanksgiving Break 11/25 (9 am-3 pm)

December Vacation Camp 12/21-12/31

Min. enrollment: 5 Max: 30

Please contact Claudia Fiks x147 for more information.

## AFTER SCHOOL CARE

### AFTERSCHOOL CARE KIDSPACE GoPLAY

After a long day in the classroom come hang out and play at the 'J'! Children will be able to participate in the daily activity, and choose from toys or board games to play with their friends. All children learn through play. During Kidspace, kids will be able to play with games and toys or create their own games and scenarios. Kidspace will have adult supervision to facilitate and help children to choose the most appropriate games and toys for each age group. Children are also encouraged to do their homework during Kidspace hours.

Ages 5-12 years

Options:

One Period (\$10/day members)

or All Day (\$18/day members)

**Mondays**

9/14/09-12/14/09

No class: 9/28, 10/12

12 sessions. Min. enrollment: 5 Max: 30

All Day 3-6 pm

Member: \$216 Non-Member: \$280

ID: 502-219

One Period: pick 3-3:45 pm|3:45-4:30 pm|

4:30-5:15 pm|5:15-6 pm

Member: \$120 Non-Member: \$156

ID: 502-272

**Tuesdays**

9/8/09-12/15/09

15 sessions. Min. enrollment: 5 Max: 30

All Day 3-6 pm

Member: \$270 Non-Member: \$351

ID: 502-220

One Period, pick 3-3:45 pm|3:45-4:30 pm|

4:30-5:30 pm|5:30-6 pm

Member: \$150 Non-Member: \$195

ID: 502-273

**Wednesdays**

9/2/09-12/16/09

No class: 11/11

15 sessions. Min. enrollment: 5 Max: 30

All Day 3-6 pm

Member: \$270 Non-Member: \$351

ID: 502-219

One Period: pick 3:15-4 pm|4-5 pm|

5-6 pm

Member: \$150 Non-Member: \$195

ID: 502-274

**Thursdays**

9/3/09-12/17/09

No class: 11/26

15 sessions. Min. enrollment: 5 Max: 30

All Day 3-6 pm

Member: \$270 Non-Member: \$351

ID: 502-222

One Period: pick 3-3:45 pm|3:45-4:30 pm|

4:30-5:30 pm|5:30-6 pm

Member: \$150

Non-Member: \$195

ID: 502-275

**Fridays**

9/4/09-12/18/09

No class: 9/18, 11/27

14 sessions. Min. enrollment: 5 Max: 30

All Day 2:30-6 pm

Member: \$252 Non-Member: \$327

ID: 502-223

One Period: pick 2:30-3:45 pm|

3:45-4:45 pm|4:45-5:30 pm|5:30-6 pm

Member: \$140 Non-Member: \$182

ID: 502-276

### ESCORT SERVICE FOR AGES 5-12

Daily escort service is available for a separate fee for children not utilizing KIDSPACE GoPLAY. These 15 minute intervals include supervised waiting time, a snack, and escort within the building. Call 401-861-8800 ext. 147 for more information.

### HOMEWORK HELP AND COMPUTER CLUB

Our counselors are available to help your child with their homework, be it reading, 'riting, or 'rithmetic. Also, we can help your child with science projects, book reports, Hebrew and Spanish homework and any other assignment. Children will have access to computers in our new G-Tech lab. Computers will be used for homework and research only. Computer lessons are included in case students finish their assignment before class is over.

**Note: Children ages 5-12 may sign up for KIDSPACE instead of HOMEWORK AND COMPUTER CLUB, and homework can be included at parents' request.**  
Ages 11-14 years

**Mondays 3:45-4:30 pm**

9/14/09-12/14/09

No class: 9/28, 10/12

12 sessions. Min. enrollment: 3 Max: 8

Member: \$120 Non-Member: \$156

ID: 502-272

**Tuesdays 3:45-4:30 pm**

9/15/09-12/15/09

14 sessions. Min. enrollment: 3 Max: 8

Member: \$140 Non-Member: \$182

ID: 502-273

**Wednesdays 4-5 pm**

9/16/09-12/16/09

No class: 11/11

13 sessions. Min. enrollment: 3 Max: 8

Members: \$130 Non-Members: \$169

ID: 502-274

**Thursdays 3:45-4:30 pm**

9/17/09-12/17/09

No class: 11/26

13 sessions. Min. enrollment: 3 Max: 8

Members: \$130 Non-Member: \$169

ID: 502-275

## ARTS

### PAINT IT!

Try out all different types of painting such as watercolors, acrylics, and oil paints. In this class, we will also paint on unusual surfaces like wood and glass. Choose what you want to paint and how!

Ages 9-13 years

**Tuesdays 3:45-4:30 pm**

9/15/09-12/15/09

14 sessions. Min. enrollment: 3 Max: 14

Member: \$154 Non-Member: \$200

ID: 502-199

### SCULPT IT!

Here's a class that's really hands on! Come create purposeful or abstract sculptures. Use anything from wood and clay to foam sheets and plastic. You are welcome to bring materials from home, or use anything in the art room! But be sure to bring your creativity.

Ages 9-13 years

**Wednesdays 5-6 pm**

9/16/09-12/16/09

No class: 11/11, 11/25

12 sessions. Min. enrollment: 3 Max: 14

Member: \$132 Non-Member: \$172

ID: 502-226

### POTTERY & SCULPTURE

Fire your imagination with clay creations! Learn hands-on different clay techniques to create works of art including pots, sculptures, or anything you can think of! Individual instruction will allow students to develop at their own pace.

Ages 6-12 years

**Mondays 3:45-4:30 pm**

9/14/09-12/14/09

No class: 9/28, 10/12

12 sessions. Min. enrollment: 3 Max: 14

Member: \$144 Non-Member: \$187

ID: 502-200

**Wednesdays 4-5 pm**

9/16/09-12/16/09

No class: 11/11, 11/25

12 sessions. Min. enrollment: 3 Max: 14

Member: \$144 Non-Member: \$287

ID: 502-203



### ADVANCED POTTERY

This class will offer students who already have some experience with clay the possibility to explore more deeply the clay universe and its potential. Our collection of resource books will serve as an inspiration while students explore new vocabulary and the possibilities of freely expressing themselves in a space where there is no right or wrong. Students will explore the 3 dimensional aspects of clay, use of tools, and glazing techniques.

**Ages 8–12 years**

**Mondays 4:30 pm–5:15 pm**

**9/14/09–12/14/09**

No class: 9/28, 10/12

12 sessions. Min. enrollment: 3 Max: 14

Member: \$144 Non-Member: \$187

ID: 502-201

### POTTER'S WHEEL

**Limited enrollment!**

Learn the basics of throwing clay to create bowls, vases, and more! Students will be able to glaze their own creations and actually use them. This class features one-on-one instruction with our pottery teacher. Space is limited so sign up now!

**Ages 8–12 years**

**Mondays 4:30 pm–5:15 pm**

**9/14/09–12/14/09**

No class: 9/28, 10/12

12 sessions. Min. enrollment: 1 Max: 3

Member: \$156 Non-Member: \$202

ID: 502-204

### MIXED MEDIA ART

How would you like to try different art projects and techniques each class? This class will provide young artists with the opportunity to create art through a variety of supplies. Participants can choose drawing, painting with acrylic, tempera, oil or watercolor, mixed media, 3-D crafts, jewelry, beads, construction, wires, leather, or they can explore from a variety of supplies we have available in the art room. This will be a guided open studio so young artists will be able to choose what they wish to do each class.

**Ages 6–12 years**

**Mondays 4:30 pm–5:15 pm**

**9/14/09–12/14/09**

No class: 9/28, 10/12

12 sessions. Min. enrollment: 1 Max: 3

Member: \$120 Non-Member: \$156

ID: 502-227

**Ages 9–13**

**Fridays 3:45–4:45 pm**

**9/25/09–12/18/09**

No class: 9/18, 11/27 (class will end at 5 pm on 10/2 and 10/9)

12 sessions. Min. enrollment: 1 Max: 3

Member: \$107 Non-Member: \$139

ID: 502-228

**Ages 9–13**

**Fridays 4:45–5:30 pm**

**9/25/09–12/18/09**

No class: 9/18, 11/27

(class will end at 5 pm on 10/2 and 10/9)

12 sessions. Min. enrollment: 1 Max: 3

Member: \$107 Non-Member: \$139

ID: 502-228

Register for both Friday periods!

Member: \$200 Non-Member: \$260

ID: 502-228

### WOODSHOP

**Limited space available!**

One of the most popular classes at the JCCRI, this course offers everything students need to work with real tools and build cool projects using wood. Students will learn about safety, handling tools, measuring, hammering, sanding, nails, screws and more! Students will create and design their own projects from scratch.

**Ages 9–13 years**

**Fridays 3:45–5:30 pm**

**9/25/09–12/18/09**

No class: 9/18, 11/27

(class will end at 5 pm on 10/2 and 10/9)

12 sessions. Min. enrollment: 3 Max: 10

Member: \$207 Non-Member: \$269

ID: 502-305

### BRAIN BOOSTERS

#### DUNGEONS & DRAGONS

D&D is a fantasy role playing game. D&D players create their own characters and the adventures begin. Our Dungeon Master Phil Irons has been guiding players for over 20 years. In this 90 minute class, Phil is the game referee and also the storyteller. Together players solve problems, start and end battles, and develop skill while debating and creating new strategies.

**Ages 9–16 years**

**Thursdays 4:15–5:45 pm**

**9/17/09–12/17/09**

No class: 11/26

13 sessions. Min. enrollment: 4 Max: 8

Member: \$234 Non-Member: \$304

ID: 502-212

### DANCE

#### "GOTTA DANCE" ACADEMY PRICING

All classes offer the same pricing, and your choice to pay for the class(es) all at once or with a monthly payment plan. Price includes costume deposit for the end of the year dance recital.

Dance classes may be purchased singly or in groups with discount. If purchasing in groups, be sure to indicate on the registration form to assure you get the group discount.

Member:

\$200 (1 class/week) \$320 (2 classes/week)

Non-Member:

\$240 (1 class/week) \$400 (2 classes/week)

### NEW! MONTHLY DANCE BILLING

Dance classes may be billed monthly.

If you choose this option you must register directly with Darlene Desroches, ddesroches@jccri.org 401-861-8800 ext 155.

Member:

\$50/month for 1 class per week

\$80/month for 2 classes per week

Non-Member:

\$60/month for 1 class per week

\$100/month for 2 classes per week

### BROADWAY DANCE CLASS

Class will focus on a variety of techniques needed to perform in a musical theatre production. Class will include ballet, lyrical, and contemporary dance techniques. Class will concentrate on creative expression and artistry. Class attire: black Jazz pants or shorts (with tights underneath), black jazz shoes or jazz sneakers, any colored t-shirt, and hair pulled back.

**Ages 11 & up**

**Sundays 10–11 am**

**9/13/09–12/13/09**

No class: 9/20, 10/4, 10/11, 11/29

10 sessions. Min. enrollment: 6 Max: 12

ID: 506-616

### BALLET I

This class will focus on basic ballet technique at the bar and in the center. Coordination, motor development, listening skills and musical awareness will be fostered in this class. Class attire: black leotard, pink tights, pink ballet slippers, and hair pulled back.

**Ages 5–8**

**Mondays 3:45–4:30 pm**

**9/14/09–12/14/09**

No class: 9/28, 10/12

12 sessions. Min. enrollment: 6 Max: 12

ID: 506-641

### BALLET I/II

This class will focus on basic ballet technique at the bar and in the center. Coordination, motor development, listening skills and musical awareness will be fostered in this class. Class attire: black leotard, pink tights, pink ballet slippers, and hair pulled back.

**Ages 5–11**

**Wednesdays 4–5 pm**

**9/16/09–12/16/09**

No class: 11/11, 11/25

12 sessions. Min. enrollment: 6 Max: 12

ID: 506-452

### BALLET II

This class will focus on basic ballet technique including proper placement, turnout of the hips, extension of the legs and coordination of the arms. The child will become more familiar with classical ballet vocabulary and be able to master an increased number of dance steps with creative expression and artistry emphasized. Class attire: black leotard, pink tights, pink ballet slippers, and hair pulled back.

**Ages 8–11**

**Mondays 4:30–5:15 pm**

**9/14/09–12/14/09**

No class: 9/28, 10/12

12 sessions. Min. enrollment: 6 Max: 12

ID: 506-642

### TEEN BALLET

**Ages 12–18**

Please see class description on page 17.

### TEEN JAZZ

**Ages 12–18**

Please see class description on page 16.

### HIP HOP

This class will focus on coordination, listening skills, musical awareness, spatial movement through basic hip hop moves. Class will include isolations, strengthening exercises, warm-up, stretch, and center dance combination set to fun, age appropriate music. Class attire: black jazz pants or shorts (with tights underneath), black jazz shoes or jazz sneakers, any colored t-shirt, and hair pulled back.

**Ages 7–12**

**Mondays 5:15–6 pm**

**9/14/09–12/14/09**

No class: 9/28, 10/12

12 sessions. Min. enrollment: 6 Max.: 12

ID: 506-650

### CONTEMPORARY DANCE

Students will learn the basics of modern dance, starting with a warm-up, moving across the floor, and learning a combination at the end of class. Contemporary Dance will teach the student to have control of their bodies through modern dance techniques which use dynamic movement, strength, and grace.

**Ages 10+**

**Mondays 6–7 pm**

**9/14/09–12/14/09**

No class: 9/28, 10/12

12 sessions. Min. enrollment: 6 Max: 12

ID: 506-657

**Wednesdays 5 pm–6 pm**

**9/16/09–12/16/09**

No class: 9/20, 10/4, 10/11, 11/29

12 sessions. Min. enrollment: 6 Max: 12

ID: 506-999

# big kids ages 6-12 continued

## SPORTS

### PEE WEE SPORTS

This class is an introduction to a variety of sports and a chance for the little ones to learn sportsmanship and teamwork.

**Ages: 4-6 years**

See full description on page 11.

### JCCRI YOUTH BASKETBALL LEAGUES

Join our youth basketball leagues and learn the game while having fun! The first 4 weeks are designed to teach the basic fundamentals of basketball through various games and drills. Players will then be placed on teams and play a schedule of games against each other for the remaining 9 weeks. Players must be of appropriate age by November 1st. Scholarships are available for this program. Please contact Lisa at ext. 210.

**Ages: 6-8 years, Pee Wee League**

**Sundays 1:15-2:15 pm**

**11/8/09-3/7/10**

No class: 11/29, 12/27, 1/3, 1/17, 2/14  
13 sessions

Member: \$80 Non-Member: \$100

ID: 506-700

**Ages: 9-11 years, Jr. NBA/WNBA League**

**Sundays 2:30-3:30 pm**

**11/8/09-3/7/10**

No class: 11/29, 12/27, 1/3, 1/17, 2/14  
13 sessions

Member: \$80 Non-Member: \$100

ID: 506-701

**Ages: 12-15 years, NBA/WNBA League**

**Sundays 3:45-5:00 pm**

**11/8/09-3/7/10**

No Class: 11/29, 12/27, 1/3, 1/17, 2/14  
13 sessions

Member: \$80 Non-Member: \$100

ID: 506-702

### COACH PIERRE'S BASKETBALL FUNDAMENTALS

Want to become a better basketball player? Let Coach Pierre improve your skills while having FUN! Learn the basic skills and fundamentals of basketball through various drills and games that make learning the sport fun.

**Ages: 8-12 years**

**Mondays 3:45-4:30 pm**

**9/14/09-12/14/09**

No class: 9/28, 10/12

12 sessions. Min. enrollment: 4

Member: \$156 Non-Member: \$203

ID: 506-626

### USA KARATE AT THE JCCRI

Join us at the JCCRI for professional karate lessons from the experts at USA Karate.

Learn discipline, control and self-defense to build confidence in any individual.

*30% discount for second child in the family.* Uniforms and testing fees not included.

Free gift for new students. At the request of USA Karate, classes will be held at the USA Karate studio in Lincoln the weeks of 9/28 and 10/12

**Ages: 6 years and up**

#### Beginner Class

**Mondays 3:45-4:30 pm**

**9/14/09-12/14/09**

14 sessions. Min. enrollment: 4

Member: \$140 Non-Member: \$170

ID: 506-664

#### Advanced Class

**Mondays 4:30-5:15 pm**

**9/14/09-12/14/09**

14 sessions. Min. enrollment: 4

Member: \$140 Non-Member: \$170

ID: 506-665

#### Beginner Class for Teens & Adults

**Mondays 5:15-6 pm**

**9/14/09-12/14/09**

14 sessions. Min. enrollment: 4

Member: \$140 Non-Member: \$170

ID: 506-669

### JCC MACCABI GAMES SPORTS TRAINING

This program is designed to introduce young athletes to the JCC Maccabi Games. The JCC Maccabi Games is a week long Olympic style athletic event for Jewish teenagers ages 13-16.

The athletes compete and socialize with other Jewish teenagers from around the world. Join our JCC Maccabi Games Sports Training Program and learn the basic fundamentals of most of the sports that take place at the JCC Maccabi Games.

Because this is a sports training program, it is open to anyone interested in becoming a better athlete. All are welcome to join! Funded by a generous donation from Dr. and Mrs. Albert Glucksman.

**Ages: 9-12 years**

**Wednesdays 4-5 pm**

**9/16/09-12/16/09**

No class: 11/11, 11/25

12 sessions.

Member: \$30 Non-Member: \$45

ID: 506-926

### JCC MACCABI GAMES & MACCABI ARTSFEST

We are looking for teenage Jewish Athletes and Artists to be part of our Maccabi Games and Maccabi Artsfest delegations for the state of Rhode Island. Please contact Darlene Desroches at 401-861-8800 ext. 155. See our ad on page 17!

### RENAISSANCE GYMNASTICS ACADEMY: SCHOOL AGE GYMNASTICS

This 55 minute program is for the first year gymnast, ages 4 to 7, in which a secure and supportive environment will enhance the gymnastics experience. Emphasis is on safety and fun, as well as the development of a strong gymnastics foundation. Must be appropriate age by September 1, 2009. Sign up for the whole year (September 2009-June 2010) and save 5%!

**Ages: 4-7 years**

**Wednesdays 4-5 pm**

**9/16/09-12/16/09**

No class: 11/11, 11/25

12 sessions. Min. enrollment: 3 Max: 21

Member: \$144 Non-Member: \$168

Full year (includes costume & 2 tickets to end of year show):

Member: \$405 Non-Member: \$465

ID: 506-624

**Ages: 5-7 years GIRLS ONLY PLEASE**

**Wednesdays 5-6 pm**

**9/16/09-12/16/09**

No class: 11/11, 11/25

12 sessions. Min. enrollment: 3 Max: 7

Member: \$144 Non-Member: \$168

Full year (includes costume & 2 tickets to end of year show):

Member: \$405 Non-Member: \$465

ID: 506-623

### RENAISSANCE GYMNASTICS ACADEMY: INTERMEDIATE GYMNASTICS

This 55 minute class allows for more advanced work with emphasis on flexibility and strength training, which are essential for the advanced gymnast. Sign up for the whole year (September 2009-June 2010) and save 5%! Price includes costume and 2 tickets to end of year show.

**Ages: 7 and up GIRLS ONLY PLEASE!**

**Wednesdays 5-6 pm**

**9/16/09-12/16/09**

No class: 11/11, 11/25

12 sessions. Min. enrollment: 3 Max: 7

Member: \$144 Non-Member: \$168

Full year:

Member: \$405 Non-Member: \$465

ID: 506-625

### NEW! 'FUN MEETS' RENAISSANCE GYMNASTICS ACADEMY: ADVANCED GYMNASTICS

This 55 minute class is for past participants of Intermediate Gymnastics for at least 1 year. The gymnasts begin working on USA Gymnastics Level Programs and have the opportunity to participate in "Fun Meets", which are held throughout the year. Sign up for the whole year (September 2009-June 2010) and save 5%! Price includes costume and 2 tickets to end of year show.

**Ages: 7 and up GIRLS ONLY PLEASE!**

**Wednesdays 5-6 pm**

**9/16/09-12/16/09**

No class: 11/11, 11/25

12 sessions. Min. enrollment: 3 Max: 7

Member: \$144 Non-Member: \$168

Full year:

Member: \$405 Non-Member: \$465

ID: 506-814

### ELITE NATIONAL SOCCER

This class is based upon the United States Soccer Federation's national youth program. The focus is on providing players with an opportunity to develop their individual technical skills and small group tactical awareness. We recognize that children at this level benefit most when provided with ample opportunities to play. For this reason, emphasis is placed on creating game-like activities that encourage decision making, while providing insight into the basic concepts of soccer.

**Ages: 5-9 years**

**Tuesdays 3:45-4:30 pm**

**9/15/09-12/15/09**

14 sessions. Min. enrollment: 8

Member: \$196 Non-Member: \$238

ID: 506-620

### MLB ROOKIE LEAGUE BASEBALL

Let our staff help you become a better baseball player! Learn the fundamentals of hitting, fielding, throwing and base running. Come use our pitching machine, bats, helmets, and catcher's gear...all you need to bring is your glove!

**Ages: 6-12 years**

**Thursdays 4:45-5:30 pm**

**9/17/09-12/17/09**

No class: 11/26

13 sessions. Min. enrollment: 4

Member: \$135 Non-Member: \$170

ID: 506-631

## SWIM

### BEGINNER SWIM LESSONS

**Ages: 3-10 years**

**Mondays 6-6:30 pm**

**9/14/09-12/14/09**

No class: 9/28, 10/12

12 sessions. Min. enrollment: 3

Member: \$120 Non-Member: \$240

ID: 507-711

### BEGINNING TO INTERMEDIATE SWIM

Red Cross levels 1-4 are offered. Children are grouped by their age and ability.  
Ages: 4-10 years

#### Sundays 11-11:40 am

9/13/09-12/13/09

No class: 9/20, 10/4, 10/11, 11/29

10 sessions. Min. enrollment: 3

Member: \$100 Non-Member: \$200

ID: 507-733

### GIRL'S SWIM LESSONS

Ages: 7-11 years

Mondays 6:45-7:30 pm

9/14/09-12/14/09

No class: 9/28, 10/12

12 sessions. Min. enrollment: 3

Member: \$120 Non-Member: \$240

ID: 507-742

### BOY'S SWIM LESSONS

Ages: 7-11 years

Tuesdays 6:45-7:30 pm

9/15/09-12/15/09

14 sessions. Min. enrollment: 3

Member: \$140 Non-Member: \$280

ID: 507-743

### CHILDREN'S SWIM LESSONS

Red Cross levels offered daily. Children are grouped by their age and ability. Pre-registration is required.

Ages: 3-14 years

Mondays 3:45-4:30 pm

9/14/09-12/14/09

No class: 9/28, 10/12

12 sessions. Min. enrollment: 3

Member: \$120 Non-Member: \$240

ID: 507-720

Tuesdays 3:45-4:30 pm

9/15/09-12/15/09

No class:

14 sessions. Min. enrollment: 3

Member: \$140 Non-Member: \$280

ID: 507-723

Wednesdays 4-4:45 pm

9/16/09-12/16/09

No class: 11/11

13 sessions. Min. enrollment: 3

Member: \$130 Non-Member: \$260

ID: 507-726

Thursdays 3:45-4:30 pm

9/17/09-12/17/09

No class: 11/26

13 sessions. Min. enrollment: 3

Member: \$130 Non-Member: \$260

ID: 507-729

### TIGER SHARKS SWIM CLUB

Swim levels 4 and up. Swim team format.

Pre-registration is required. Cap and goggles are required.

Ages: 7 years and up

Mondays 4:30-5:30 pm

9/14/09-12/14/09

No class: 9/28, 10/12

12 sessions. Min. enrollment: 3

Member: \$120 Non-Member: \$240

ID: 507-901

Tuesdays 4:30-5:15 pm

9/15/09-12/15/09

No class:

14 sessions. Min. enrollment: 3

Member: \$140 Non-Member: \$280

ID: 507-904

Thursdays 4:30-5:30 pm

9/17/09-12/17/09

No class: 11/26

13 sessions. Min. enrollment: 3

Member: \$130 Non-Member: \$260

ID: 507-902

Choose two days:

Mon. 4:30-5:30 pm, Tues. 4:30-5:15 pm,

or Thurs. 4:30-5:30 pm

No class: 9/28, 10/12, 11/26

27 sessions. Minimum enrollment: 3

Member: \$210 Non-Member: \$420

ID: 507-903

All three days:

Mon. 4:30-5:30 pm, Tues. 4:30-5:15 pm,

or Thurs. 4:30-5:30 pm

No class: 9/28, 10/12, 11/26

39 sessions. Minimum enrollment: 3

Member: \$280 Non-Member: \$560

ID: 507-905

## CHILD CARE SERVICES

### NEW! SUNDAYS KIDSClub

Enjoy your fitness workout or join one of our exercise classes with the knowledge that your children are being watched in a safe, secure environment. Our qualified staff will plan age appropriate activities.

Ages: 6 months and up

Sundays 9:45-11:30 am

9/13/09-12/13/09

No class: 9/20, 10/11, 11/29

11 sessions

Fee: \$7 for first child

\$2 for each additional child in family

Payable by the day or buy a package!

Please call Darlene at ext. 155 for details.

### BABYSITTING

Babysitting at the J is also available weekdays!

Monday-Thursday

8:30 am-1:30 pm and 3-6 pm

Fridays 8:30 am-1:30 pm and 3-5 pm

Call Shirley 401-861-8800 ext. 130 for

prices and to reserve a spot.

### NEW! COMING THIS FALL!

#### "PURE POWER TALK

#### WITH PAVRITA"

#### A WOMEN'S WELL-BEING SERIES

Join us for our first presentation which will focus on the book *You'd Be So Pretty If... Teaching Our Daughters to Love Their Bodies—Even When We Don't Love Our Own* by author Dara Chadwick, a guide for moms on raising daughters who feel good about their bodies and for daughters who want to make peace with their body image legacy. This will be a panel discussion format with Q&A facilitated by Life Coach and radio host Pavrita Ciavardone. Book signing included. Contact Carlene Barth at [cbarth@jccri.org](mailto:cbarth@jccri.org) or 401-861-8800 ext. 117 for more information.

## IT'S OFFICIAL: JCCRI WAS VOTED BEST PLACE TO HOST A BIRTHDAY PARTY IN RHODE ISLAND BY READERS OF THE JEWISH VOICE AND HERALD!

Whether you want to have a fun pool party, sports party or theme party (lasertag or princess party, anyone?), the J is the place for you! **Our party specialists think of everything.** Just show up with your favorite people. For more info: 401-861-8800 ext. 155



# teens ages 13-16

Teens have access to all kinds of fun classes in the big kids and adult sections as well as great programs designed specially for them.

## VACATION CAMPS

### CIT OPPORTUNITIES

Teens ages 13-17 are invited to become Counselors in Training (CITs) to acquire leadership skills and increased sense of responsibility. Activities include: reading stories and leading conversations with the children about each festivity and supervising gym or outdoor games, free swim, board games, and play time.

Ages: Grades 7-10 are welcome as CITs

Columbus Day 10/12/09

Veteran's Day 11/11/09

Thanksgiving Break 11/25 (9 am-3 pm)

December Vacation Camp 12/21-12/31

Min. enrollment: 5 Max: 30

Please contact Claudia Fiks ext. 147

for more information.

## AFTERSCHOOL CARE

### HOMEWORK AND COMPUTER CLUB

Our counselors are available to help your child with their homework, be it reading, 'riting', or 'rithmetic. Also, we can help your child with science projects, book reports, Hebrew and Spanish homework and any other assignment. Children will have access to computers in our new G-Tech lab. Computers will be used for homework and research only. Computer lessons are included in case students finish their assignment before class is over. Children might sign up to use the computers only.

Ages 11-14

See page 12 for schedule and pricing info.

## ART

### SCULPT IT!

Here's a class that's really hands on! Come create purposeful or abstract sculptures. Use anything from wood and clay to foam sheets and plastic. You are welcome to bring materials from home, or use anything in the art room! But be sure to bring your creativity.

Ages 9-13 years

Wednesdays 5-6 pm

9/16/09-12/16/09

No class: 11/11, 11/25

12 sessions. Min. enrollment: 3 Max: 14

Member: \$132 Non-Member: \$172

ID: 502-226

## BRAIN BOOSTERS

### DUNGEONS AND DRAGONS

D&D is a fantasy role playing game. D&D players create their own characters and the adventures begin. In this 90 minute class, our Dungeon Master, Phil Irons, has been guiding players for over 20 years. Phil is the game referee and also the storyteller. Together players solve problems, start and end battles, and develop skill while debating and creating new strategies.

Ages: 9-16 years

Thursdays 4:15-5:45 pm

9/17/09-12/17/09

13 sessions. Min. enrollment: 4 Max: 8

Member: \$234 Non-Member: \$304

ID: 502-212

## DANCE

### "GOTTA DANCE" ACADEMY

See page 10 for complete pricing and payment information.

### BROADWAY DANCE CLASS

Class will focus on a variety of techniques needed to perform in a musical theatre production. Class will include ballet, lyrical, and contemporary dance techniques. Class will concentrate on creative expression and artistry. Class attire: black Jazz pants or shorts (with tights underneath), black jazz shoes or jazz sneakers, any colored t-shirt, and hair pulled back.

Ages 11 & up

Sundays 10-11 am

9/13/09-12/13/09

No class: 9/20, 10/4, 10/11, 11/29

10 sessions. Min. enrollment: 6 Max: 12

ID: 506-616

### CONTEMPORARY DANCE

Ages 10+

Please see page 13 for class details.

### TEEN JAZZ

This class will include a vigorous jazz technique warm-up in the center. Focus will be on coordination, strength and fluidity of jazz movements. Class will be set to up-beat music to encourage creativity and expression. Class attire: black jazz pants or shorts (with tights underneath), black jazz shoes or jazz sneakers, any colored t-shirt, and hair pulled back.

Ages 12-18

## harry elkin midrasha community high school for teens

Hebrew

Friends & Fun

Talmud Torah klal yisrael

Community Service dereck erez

Proud to be Jewish Teens

**Harry Elkin MIDRASHA**

**Community High School**

Israel Arts & Culture

March of the Living

gemilut chasidim tikkun olam kehilah

The Philly Trip

Leadership

The only thing missing is

# YOU!

Are you a Jewish teen in greater Rhode Island? We want YOU to be part of the MIDRASHA family.

MIDRASHA is our community's program dedicated to connecting, educating and empowering Jewish teens and encouraging passionate Judaism through Torah and tradition.

If you'll be in grades 8 - 12 in the 2009/2010 academic year, you can enroll (or enroll again, if you're already a student in the program) in MIDRASHA, regardless of affiliation or synagogue membership.

Visit [www.bjeri.org](http://www.bjeri.org) to get more information and download your enrollment form, or email Shari Weinberger at: [sweinberger@bjeri.org](mailto:sweinberger@bjeri.org).



The Harry Elkin MIDRASHA Community High School is a program of the Bureau of Jewish Education of Rhode Island  
130 Sessions Street  
Providence, RI 02906  
401 331.0956 [www.bjeri.org](http://www.bjeri.org)  
A partner agency of the Jewish Federation of Rhode Island

### Sunday 10-11 am

9/13/09-12/13/09

No class: 9/20, 10/4, 10/11/11/29  
12 sessions. Min. enrollment: 6 Max.: 12  
ID: 506-643

### Fridays 4.45-5:45 pm

9/25/09-12/18/09

No class: 9/18, 11/27  
12 sessions. Min: 6 Max.: 12  
ID: 506-645

### TEEN BALLET

This class will focus on ballet technique, proper body alignment, proper placement, turnout of the hips and coordination of the arms and legs. The student will learn proper ballet vocabulary and dance steps with a strong emphasis on expression and dance artistry. Class attire: black leotard, pink tights, pink ballet slippers, and hair pulled back.

Ages 12-18

### Wednesdays 4-5 pm

9/16/09-12/16/09

No class: 11/11, 11/25  
12 sessions. Min. enrollment: 6 Max: 12  
ID: 506-615

### Wednesdays 5-6 pm

9/16/09-12/16/09

No class: 11/11, 11/25  
12 sessions. Min. enrollment: 6 Max: 12  
ID: 506-615

### Fridays 3:45-4:45 pm

9/25/09-12/18/09

No class: 9/18, 11/27  
12 sessions. Min. enrollment: 6 Max: 12  
ID: 506-646

### Sundays 11-noon

9/13/09-12/13/09

No class: 9/20, 10/4, 10/11, 11/29  
10 sessions. Min. enrollment: 6 Max: 12  
ID: 506-614

## SPORTS

Please note: Teens are invited to participate in several of the sports classes listed in the adult section, provided they meet the age requirement (many are 16+, swim classes are 15+). Please check class options in the big kids section as well.

### JCCRI YOUTH BASKETBALL LEAGUES

Join our youth basketball leagues and learn the game while having fun! The first 4 weeks are designed to teach the basic fundamentals of basketball through various games and drills. Players will then be placed on teams and play a schedule of games against each other for the remaining 9 weeks. Players must be of appropriate age by November 1st. Scholarships available for this program. Contact Lisa at ext. 210 for more information.

Ages: 12-15 years, NBA/WNBA League

Sundays 3:45-5 pm

11/8/09-3/7/10

No Class: 11/29, 12/27, 1/3, 1/17, 2/14  
13 sessions  
Member: \$80 Non-Member: \$100  
ID: 506-702

### MACCABI GAMES AND MACCABI ARTSFEST

We are looking for teenage Jewish Athletes and Artists to be part of our Maccabi Games and Maccabi Artsfest delegations for the state of Rhode Island. Please contact Darlene Desroches at 401-861-8800 x155.

### TEEN WEIGHT TRAINING

Learn the ins and outs of weight training. Topics covered will be proper form, technique and exercises for specific body parts. Learn how to customize a workout for yourself.

Ages: 13 years and up

Tuesdays 3-3:45 pm

9/15/09-12/15/09

14 sessions. Min. enrollment: 3 Max: 4  
Member: \$125 Non-Member: \$150  
ID: 506-920

### TEEN ROWING

Learn the fundamentals of rowing while increasing your strength and cardiovascular endurance. This is an overall body workout that will help condition you for any other sport that you may pursue.

Ages: 13 years and up

Wednesdays 3-3:45 pm

9/16/09-12/16/09

No class: 11/11, 11/25  
12 sessions. Minimum enrollment: 2 Max: 4  
Member: \$60 Non-Member: \$75  
ID: 506-910

### USA KARATE AT THE JCCRI

Join us at the JCCRI for professional karate lessons from the experts at USA Karate. Learn discipline, control and self-defense to build confidence in any individual.

Ages: Teens

Beginner Class for Teens & Adults

Mondays 5:15-6:00 pm

9/14/09-12/14/09

14 sessions. Minimum enrollment: 4  
Member: \$140 Non-Member \$170  
ID: 506-669

## SWIM

Please note: Teens ages 15 and up are invited to participate in all adult swim classes. Please see Adult class section. Also see big kids classes and TIGER SHARKS SWIM TEAM on page 14.

### NEW! DEEP WATER WORKOUT WITH JODI

Please see page 19 for details.

Ages: 15 years and up

### TEEN & ADULT SWIM INSTRUCTION

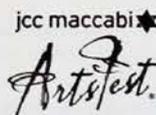
Learn to swim or improve your strokes.

Ages: 15 years and up

Mondays 1-1:40 pm

9/14/09-12/14/09

No class: 9/28, 10/12  
12 sessions. Minimum enrollment: 3  
Member: \$120 Non-Member: \$240  
ID: 507-751



## 2010 JCC MACCABI GAMES & JCC ARTSFEST



## HEY! GRADES 8-12!

Are you a creative person? Do you enjoy sports? Would you like to meet other Jewish teens who share your interests? If your answer either of these questions is 'YES' then you need to find out more about the 2010 JCC Maccabi Games & JCC ArtsFest!

### JCC MACCABI GAMES

JCC Maccabi Games provide Jewish youth with a supportive environment that fosters mutual respect and sportsmanship, where they can interact in an atmosphere of fun, democracy, and peace.

Ages 13-16

August 2010

Looking for teens interested in:

- Girls Lacrosse
- Soccer
- Basketball
- Tennis
- Swimming
- Girls Softball
- Boys In-Line Hockey

### JCC MACCABI ARTSFEST

JCC Maccabi ArtsFest is designed to inspire Jewish teens through a dynamic combination of workshop, performance, exhibition, recognition of excellence, community service, social activities, and fun.

Grades 8-12 as of September 2010  
August 2010

Looking for teens interested in:

- Acting/Improv
- Creative Writing
- Dance
- Digital Photography
- Film and TV Production
- Jazz Ensemble
- Musical Theater
- Rock Music
- Visual Art
- Vocal Music

Contact Darlene Desroches at 401-861-8800 ext. 155  
or ddesroches@jccri.org by November 23, 2009

# adults

## ARTS

### ADULT POTTERY

Absolute beginners and advanced levels are welcome. You can create beautiful artwork and pieces that you can use in your daily life or to decorate your home. Under the guidance of our arts specialist, Shannon Boucher, students will learn various sculpting and glazing techniques.

**Ages: Adults**

**Tuesdays 6:30–8:30 pm**  
9/15/09–12/15/09

14 sessions. Min. enrollment: 3 Max: 10  
Member: \$240 Non-Member: \$312  
ID: 502-229

### ADULT PAINTING

Whether you are just starting out, or you are an established painter looking to improve your technique, this class will give you the direction and support you need.

**Ages: Adults**

**Fridays 1–2 pm**  
9/25/09–12/18/09

No class: 11/27  
13 sessions. Min. enrollment: 3 Max: 12  
Member: \$130 Non-Member: \$169  
ID: 502-236

## LANGUAGE

### HEBREW READING CRASH COURSE

If you've got 6 weeks, we can have you reading Hebrew! JCCRI and Kollel partner to bring this proven course designed for anyone with little or no knowledge of Hebrew. Contact Robin Meyerowitz to register via e-mail at [emeyerowitz@jccri.org](mailto:emeyerowitz@jccri.org) or by phone 401-861-8800, ext. 142.

**Ages: Adult**

**Wednesdays 11:30 am–12:30 pm**  
10/28/09–12/16/09

No class 11/11, 11/25  
6 sessions. Min. enrollment: 3  
Member: Free Non-Member: Free

### FRENCH FOR TRAVELERS

Taught by Alliance Française, this 5 week course will help you order your "café au lait et baguette avec beurre" at an outdoor café, as well as keep you safe on your "voyage".

**Ages: Adult**

**Mondays 7 pm–8:30 pm**  
9/14/09–10/26/09

No class: 9/28, 10/12  
5 sessions.  
Member: \$140 Non-Member: \$175  
ID: 505-416

### ESL-ENGLISH AS A SECOND LANGUAGE

Instructors Elly Lewis and Betsey Dietrich teach an on-going class. Call 401-861-8800 ext. 108 to register.

**Ages: Adult**

**Wednesdays 1–2:30 pm**  
9/16/09–12/16/09

No class 11/11, 11/25  
12 sessions  
Member: Free Non-Member: Free

### YIDDISH LANGUAGE CLASS

An ongoing class for those who want to improve their Yiddish reading and writing. New participants are always welcome

**Ages: Adult**

**Wednesdays 11:30am–12:30 pm**  
9/16/09–12/16/09

No class 11/11, 11/25  
12 sessions. Min. enrollment: 10  
Member: \$50 Non-Member: \$55  
Plus Book fee: \$27  
ID: 505-413

### YIDDISH SHMOOZ

This long-standing group of lively Yiddish speakers meets twice a month to learn, laugh, sing and 'shmooz'. Guest speakers and trips are scheduled by the group. Members have varying levels of Yiddish and always welcome new participants.

**Ages: Adult**

**Meets second and fourth Fridays**  
9:30–11:30 am

9/18/09–12/28/09  
No class: 11/27  
13 sessions.  
Member: \$18/\$25 couple  
Non-Member: \$20  
ID: 505-407

### YIDDISH CONVERSATION

Macht zich azoi vi der haim mit a bissel Yiddish—make yourself at home with a little Yiddish conversation. Practice your language skills in a comfortable setting.

**Ages: Adult**

**Every other Wednesday**  
12:30–1:30 pm

9/16/09–10/28/09  
4 sessions  
Member: \$25/ Non-Member: \$30  
ID: 505-417

## GAMES

### BRIDGE LESSONS

Looking for something to do on the upcoming cool afternoons and evenings? Learn bridge with a professional instructor. Call 401-861-8800, extension 108 to arrange time and date.

**Ages: Adult**  
8 sessions. Min. enrollment: 4  
Member: \$150 Non-Member: \$188  
ID: 505-303

### MAH JONGG MAVENS!

You asked for it! Here it is! Join like-minded mah jongg players for a stimulating morning or afternoon of mah jongg, friendship and fun. Come to one or both sessions. Mah jongg sets provided. Sign up required 24 hours prior to ensure a game for all. Need lessons? Call Sue Suls at 401-861-8800 ext. 108 to arrange.

**Age: Adult**

**Tuesdays 10 am–noon starting 9/15/09**  
**Thursdays 1–3 pm starting 9/17/09**

Game days – Free  
Lessons/4 sessions  
Members: \$75 Non-Member: \$94  
ID: 505-304

## READING, WRITING & TALKING

### NEW! COMING THIS FALL!

#### "PURE POWER TALK WITH PAVRITA"

#### A WOMEN'S WELL-BEING SERIES

Join us for our first presentation which will focus on the book *You'd Be So Pretty If... Teaching Our Daughters to Love Their Bodies—Even When We Don't Love Our Own* by author Dara Chadwick, a guide for moms on raising daughters who feel good about their bodies and for daughters who want to make peace with their body image legacy. This will be a panel discussion format with Q&A facilitated by Life Coach and radio host Pavrita Ciavardone. Book signing included. Contact Carlene Barth at [cbarth@jccri.org](mailto:cbarth@jccri.org) or 401-861-8800 ext. 117 for more information.

#### BOOK MARKS BOOK CLUB

Our daytime book club meets to review books chosen by the group. Once a month on Wednesdays following 'Plain Talk'. Call Sue Suls at 401-861-8800 x 108 for dates and book titles. Books will be available at the Rochambeau Library.

**Ages: Adult**

**11am–12 pm Wednesdays, starting 9/16/09**  
Member: Free. Non-Member: Free

#### JCCRI BOOK CLUB

This long-standing group meets every 4–6 weeks to discuss books of Jewish interest. Read the book, and join us for discussion. The current schedule is:

**September 15, 7 pm**  
*The Book of Dahlia* by Elisa Albert

**October 27, 7 pm**  
*City of Thieves* by David Benioff

**December 1, 7 pm**  
*Petropolis* by Anya Ullinich

**January 5, 7 pm**  
*The Gravedigger's Daughter*  
by Joyce Carol Oates

**Ages: Adult**  
Member: Free Non-Member: Free  
ID: 505-408

#### WRITERS' GROUP

This is our second year offering a forum for authors and would-be authors to work with others on perfecting their craft.

**Ages: Adult**

**Mondays 9:30 am–11 am**  
9/14/09–12/14/09

No class 9/28, 10/12  
12 sessions  
Member: Free Non-Member: Free  
ID: 505-412

#### PLAIN TALK

Beginning its sixth year, Plain Talk meets weekly to discuss anything and everything. Facilitated by Rena Ries, the group welcomes adults 55+ to share experiences and explore new ideas.

**Ages: Adults 55+**

**Wednesdays 10–11am**  
9/16/09–12/16/09

12 sessions, no class 11/11 and 11/25  
Member: Free Non-Member: Free  
ID: 505-409

#### WEEKLY LUNCH & LEARN

Every Friday at noon adults join together for a delicious hot, kosher Shabbat-style meal, catered by **Accounting For Taste**. Each week the meal is followed by a special presentation of music, art, speakers, or bingo. Lunch reservations required the Wednesday before.

**Ages: Adult**

**Fridays 12–1:30 pm, ongoing**

No event 11/27 or 12/25  
Lunch cost: \$3.00 adults 60+  
\$6.00 all others  
Call 401-861-8800 for lunch reservations.  
No reservation necessary for program only.

## DANCE

### "GOTTA DANCE" ACADEMY

See page 10 for pricing and payment information.

### ADULT BALLET

This class will focus on ballet technique and stretching. Class will proceed according to level of the students attending class. Men and women that may want to experience ballet as a recreational activity for fun or exercise are welcome. Class attire: comfortable exercise wear and jazz shoes, jazz sneakers or ballet slippers.

**Ages 18 & up**

**Sundays noon–1 pm**  
9/13/09–12/13/09

No class: 9/20, 10/11, 11/29  
11 sessions. Min. enrollment: 6  
ID: 506-930

### ADULT JAZZ

This class will focus on Jazz technique including a vigorous warm-up, steps across the floor and a combination of steps in the center. Men and Women are invited to attend to experience dance as a fun way to exercise and gain strength and flexibility.

**Ages 18 & up**

**Wednesdays 6:30–7:30 pm**  
9/16/09–12/16/09

No class: 11/11 and 11/25  
12 sessions. Min. enrollment: 6  
ID: 506-931

Looking for a fitness class?  
View our group exercise and pool  
schedule online at [www.jccri.org](http://www.jccri.org).

## CHILD CARE SERVICES

### NEW! SUNDAYS KIDSCLUB

Enjoy your fitness workout or join one of our exercise classes with the knowledge that your children are being watched in a safe, secure environment. Our qualified staff will plan age appropriate activities.

**Ages: 6 months and up**

**Sundays 9:45–11:30 am**

**9/13/09–12/13/09**

No class: 9/20, 10/11, 11/29

11 sessions.

Fee: \$7 for first child

\$2 for each additional child in family

Payable by the day or buy a package!

Please call Darlene at ext. 155 for details.

### BABYSITTING

Babysitting at the J is also available weekdays!

**Monday–Thursday**

**8:30 am–1:30 pm and 3–6 pm**

**Fridays 8:30 am–1:30 pm and 3–5 pm**

Call Shirley 401-861-8800 ext. 130 for

prices and to reserve a spot.

## SPORTS

### STROLLER STRIDES

Stroller Strides is a fitness class where mom can get a great workout while baby rides along in the stroller. Each hour-long class includes power-walking, cardio burst, toning and stretching. All fitness levels welcome! Taught by nationally certified fitness instructor (who is also a mom). Get fit, have fun with your baby, and meet other moms! For more information, or to register, contact Suzanne at 401-289-0444 or [suzanne@strollerstrides.net](mailto:suzanne@strollerstrides.net).

### USA KARATE AT THE JCCRI

Join us at the JCCRI for professional karate lessons from the experts at USA Karate. Learn discipline, control and self-defense to build confidence in any individual. *30% discount for second family member.* Uniforms and testing fees not included. Free gift for new students. At the request of USA Karate, classes will be held at the USA Karate studio in Lincoln the weeks of 9/28 and 10/12.

**Ages: Teens and Adults**

**Mondays 5:15–6 pm**

**9/14/09–12/14/09**

14 sessions: Min. enrollment: 4

Member: \$140 Non-Member \$170

ID: 506-669

### MEN'S RUNNING CLUB

Train for local races with our very own Tom Marchand, USATF Certified Coach. Increase your pace and stamina. Club will include weight training program, outdoor track and technique work. Yearly fee includes registration for the September 13, 2010 JCCRI 5K Road Race.

**Ages 16 years and up**

**Tuesdays 5:30–6:30 pm**

**9/15/09–12/15/09**

14 Sessions. Min. enrollment: 3

Member: \$60 Non-Member: \$75

ID: 506-912

Year membership: (Sept '09–Aug '10):

Member \$140 Non-Member: \$180

ID: 506-913

### WOMEN'S RUNNING CLUB

Train for local races with our very own Tom Marchand, USATF Certified Coach. Increase your pace and stamina. Club will include weight training program, outdoor track and technique work. Yearly fee includes registration for the September 13, 2010 JCCRI 5K Road Race.

**Ages: 16 years and up**

**Tuesdays 8:45–9:45 am**

**9/15/09–12/15/09**

14 sessions. Min. enrollment: 3

Member: \$60 Non-Member: \$75

ID: 506-904

Year membership: (Sept '09–Aug '10):

Member \$140 Non-Member: \$180

ID: 506-905

**Wednesdays 5:30–6:30 pm**

**9/16/09–12/16/09**

No class: 11/25

12 sessions. Min. enrollment: 3

Member: \$60 Non-Member: \$75

ID: 506-915

Year membership: (Sept '09–Aug '10):

Member \$140 Non-Member: \$180

ID: 506-905

### MEN'S 35+ ADULT BASKETBALL LEAGUE

Join us for a 10-week season where the top teams advance for a chance to be declared JCC champions. 4 non-members are allowed per team. All games are officiated by certified referees. Rosters due September 2nd. League starts September 15th. Contact Darlene at ext. 155 to submit roster.

**Ages: 35 years and up**

**Tuesdays 6 pm**

**9/15/09–12/15/09**

10 sessions. Min.: 4 teams

Member: \$110 Non-Member: \$140

ID: 506-660

### MEN'S 23+ ADULT BASKETBALL LEAGUE

Join us for a 10-week season where the top teams advance for a chance to be declared JCC champions. 4 non-members are allowed per team. All games are officiated by certified referees. Rosters due September 2nd. League starts September 17th. Contact Darlene at ext. 155 to submit roster.

**Ages: 23 years and up**

**Thursdays 6 pm**

**9/17/09–12/17/09**

No class: 11/26

10 sessions. Minimum: 4 teams

Member: \$110 Non-Member: \$140

ID: 506-651

### INDOOR ROWING

Rowing uses upper body, lower body, and core muscle groups. Muscles continue to burn extra calories after you finish exercising. Meets twice a week for 7 weeks. Free for Health Club members.

**Ages: 16 years and up**

**Mondays and Wednesdays 9:15 am**

**9/14/09–12/16/09**

**Session I: 9/14/09–10/28/09**

**Session II 11/2/09–12/16/09**

No class: 9/28, 10/12, 11/11

Member: \$140/per 7-week session

Non-Member: \$168/per 7-week session

ID: 506-906

**Tuesdays and Thursdays 6:00 am**

**9/15/09–12/17/09**

**Session I: 9/15/09–10/29/09**

**Session II: 11/3/09–12/17/09**

No class: 11/26

Member: \$140/per 7-week session

Non-Member: \$168/per 7-week session

ID: 506-909

### ADULT PICK-UP BASKETBALL

For more information, contact Darlene at 401-861-8800, ext. 155.

**Ages 23 & up**

**Sundays 7–9:30 am**

**Mondays 5–7:30 pm**

**Wednesdays 6:15–8 pm**

Member: Free Non-Member: Must pay

\$12 guest fee at Fitness or Lobby desk

## SWIM

### AQUAROBICS

Energize yourself with this popular water aerobic class that strengthens and tones your muscles, improves flexibility and endurance. No swimming skills necessary.

**Ages: 15 years and up**

**Mondays 6–6:40 pm**

**9/14/09–12/14/09**

No class: 9/28, 10/12

12 sessions. Min. enrollment: 3

Member: \$36 Non-Member: \$120

ID: 507-770

**Tuesdays and Thursdays 10–10:40 am**

**9/15/09–12/15/09**

No class: 11/26

27 sessions. Minimum enrollment: 3

Member: \$81 Non-Member: \$270

ID: 507-757

### TEEN & ADULT SWIM INSTRUCTION

Learn to swim or improve your strokes.

**Ages: 15 years and up**

**Mondays 1–1:40 pm**

**9/14/09–12/14/09**

No class: 9/28, 10/12

12 sessions. Minimum enrollment: 3

Member: \$120 Non-Member: \$240

ID: 507-751

### DEEP WATER WORKOUT

Give yourself a good challenge with this vigorous water aerobic class that includes toning and stretching in both shallow and deep water.

**Ages: 15 years and up**

**Mondays 10:05–10:50 am**

**9/14/09–12/14/09**

No class: 9/28, 10/12

12 sessions. Minimum enrollment: 3

Member: \$36 Non-Member: \$120

ID: 507-755

**Wednesdays 3:05–3:50 pm**

**9/16/09–12/16/09**

No class: 11/11

13 sessions. Minimum enrollment: 3

Member: \$39 Non-Member: \$130

ID: 507-759

**Fridays 10:05–10:50 am**

**9/18/09–12/18/09**

No class: 11/27

13 sessions. Minimum enrollment: 3

Member: \$39 Non-Member: \$130

ID: 507-758

### WATER WALKING

Enjoy the benefits of therapeutic water exercises including walking, toning, stretching, and strengthening. No swimming necessary.

**Ages: 15 years and up**

**Mondays and Thursdays 12:15–1 pm**

**9/14/09–12/17/09**

No class: 9/28, 10/12, 11/26

25 sessions. Minimum enrollment: 3

Member: \$75 Non-Member: \$150

ID: 507-756

### NEW! DEEP WATER WORKOUT WITH JODI

Scheduled to start 10/14/09. Each class requires a minimum of 10 registered participants by 10/8/09.

**Ages: 15 years and up**

**Wednesdays 9:30–10:15 am**

**10/14/09–12/16/09**

No class: 11/11

9 sessions. Minimum enrollment: 10

Member: \$27 Non-Member: \$90

ID: 507-907

**Thursdays 6–6:40 pm**

**10/15/09–12/17/09**

No class: 11/26

9 sessions. Minimum enrollment: 10

Member: \$27 Non-Member: \$90

ID: 507-908

### ADULT MASTERS SWIM INTEREST LIST

**Ages: 15+**

**To be held at 7:30 pm**

**Day to be determined**

Please contact Patty Gold at 401-861-8800 ext. 153 for more information.

**jccri 8th annual  
road race  
5k adult & youth  
sunday, september 13**



sponsored by

**The Miriam Hospital**

*A Lifespan Partner*

featuring the East Side  
Pediatrics Youth Race

register online:  
[www.needtorace.com](http://www.needtorace.com)

# registration form

Office use only  
 Batch \_\_\_\_\_  
 Date Received \_\_\_\_\_  
 Transaction # \_\_\_\_\_

## Fall 2009 Registration Form

To register by mail, detach, complete and return this form with your payment. All classes must meet minimum enrollment requirements. The JCCRI reserves the right to cancel any activity due to insufficient enrollment. All classes are available to members and non-members alike.

**Mail this form with check, credit card info, or money order to:** **Jewish Community Center of Rhode Island**  
**401 Elmgrove Avenue**  
**Providence, RI 02906**

or fax to: 401-861-8806 (credit card only)

You can also register online at [www.jccri.org](http://www.jccri.org)

Registrations received after the first class date will be assessed a \$25 late fee

FAMILY NAME \_\_\_\_\_ HOME PHONE \_\_\_\_\_  
 ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
 PARENT 1 \_\_\_\_\_ DAY PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_  
 PARENT 2 \_\_\_\_\_ DAY PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_  
 EMERGENCY OR ALLERGY INFORMATION \_\_\_\_\_

JCCRI MEMBER ACCOUNT NUMBER \_\_\_\_\_ (membership must be current)

NON-MEMBER: THERE IS A \$20 ANNUAL NON-MEMBER CLASS PROCESSING FEE PER PARTICIPANT

For between class escort service, please call Claudia Fiks at 401-861-8800 ext. 147

Participant Info	Course Name	ID	DAY	TIME	FEE
Name: 1					\$
Sex      Age					\$
Date of Birth					\$
Grade					\$
School					\$
					\$
Name: 2					\$
Sex      Age					\$
Date of Birth					\$
Grade					\$
School					\$
					\$
Name: 3					\$
Sex      Age					\$
Date of Birth					\$
Grade					\$
School					\$
					\$
Name: 4					\$
Sex      Age					\$
Date of Birth					\$
Grade					\$
School					\$
					\$
<b>IF REGISTERING AFTER FIRST DAY OF CLASS, ADD \$25 LATE FEE</b>					\$
<b>CLASS TOTAL</b>					\$
<b>NON-MEMBER \$20 ANNUAL PROCESSING FEE (PER PARTICIPANT)</b>					\$
<b>TOTAL PAYMENTS</b>					\$

**PAYMENT INFORMATION** ( ) Check enclosed

( ) Charge to Visa/MasterCard/Discover Number \_\_\_\_\_ Exp. \_\_\_\_/\_\_\_\_

Please read and sign below.

I/we/our children are participating in programs and activities at the JCCRI. We understand the policies, rules, and regulations of this institution and agree to abide by them.

I/we give permission for the JCCRI to use names and photo/video images of me/my family to publicize the JCCRI and its programs for not-for-profit purposes. I/We agree to hold harmless and release the JCCRI, its officers, Directors, volunteers and employees for any injury I/we/my family might sustain while participating in any JCCRI activity, and for any loss or theft of personal property on JCCRI premises.

**Signature:** \_\_\_\_\_ **Date** \_\_\_\_\_

**Print Name** \_\_\_\_\_