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Poles Finally Recognize History of Anti-Semitism

by Ruth E. Gruber

WARSAW (JTA) — A ceremony in the southern Polish city of Kielce in July represented a major step in a painful process: the growing recognition by Poles of the extent that recent Polish history was marred by anti-Semitism.

The highly publicized ceremony commemorated the 50th anniversary of a postwar pogrom during which a Polish mob, inflamed by anti-Semitism, killed 42 Jewish Holocaust survivors.

The ceremony, which was attended by government officials, church and Jewish leaders, local dignitaries, Holocaust survivors from Kielce and their children, and ordinary townspeople, marked Poland's official atonement for the pogrom and request for forgiveness.

"Half a century after the tragic Kielce events, which have left a bloody imprint on Polish-Jewish relations, we owe ourselves words of truth and moral evaluation," Polish Prime Minister Wlodzimierz Cimoszewicz told the crowd.

"Deeply regretting everything that Poles have ever been guilty of against Jews and sincerely apologizing for it, we see the need to work towards true

Polish-Jewish reconciliation and brotherhood, which we truly believe is possible in a world on the threshold of the third millennium," he said.

Cimoszewicz's words forcefully reiterated a ground-breaking statement issued in January by Poland's Foreign Minister Dariusz Rosati.

"We are ashamed that Poles were the ones who committed this crime," he said in a letter to the World Jewish Congress that called for Polish-Jewish reconciliation. "We would like to ask for your forgiveness."

Observers involved in Polish-Jewish relations regard these powerfully expressed official sentiments as a potential turning point in the difficult process of coming to terms with the past.

"In some ways, this process bears similarities to America's coming to terms with Vietnam,"

said University of Wisconsin anthropologist Jack Kugelmass, who has written extensively on Polish-Jewish relations.

"It is the recognition that one's own people can do horrible things, and the trauma of coming to terms with this fact."

Krzysztof Sliwinski, who has served for a year in the unprecedented position of Polish ambassador to the Jewish diaspora, said Poles "badly need a real turning point."

"In my eyes, Kielce is a symbol of all sorts of suffering which Jews in this country suffered from their fellow citizens," he said.

The Kielce pogrom — the worst episode in a wave of anti-Jewish violence after the war in which at least 1,000 returning Jewish survivors were killed — sealed the image widely held among Jews of Poles as anti-Semites.



Baer Has the Heart of the Year

Charles Baer, on the left, received the American Heart Association, R. I. Affiliate's Heart of the Year Award from Lawrence B. Sadwin, at the association's 55th annual meeting. Baer, who has had two open heart surgeries himself, is a volunteer Emergency Medical Technician, and is involved every year with the American Heart Walk in Bristol.

Star of David is Restored at Camp

A new Star of David stands atop Mount Reverent at Champlin Scout Reservation in Cranston, thanks to the efforts of two Scout rangers and lumber provided by United Builders Supply of Westerly. The symbol of the Jewish faith

replaces a previous Star of David that served Boy and Cub Scouts for more than 30 years.

The star was built and erected by Chief Ranger Paul Forbes of the Yawgoo Scout Reservation and Champlin Ranger Clem Gormley. The star was created of two-inch red cedar and measures five feet across. It is attached to a heavy red cedar post and stands in the clearing where Jewish Scouts conduct their religious services while camping at Champlin.

Forbes and Gormley, along with Michael Slosberg, president of United Builders Supply, were honored by the Jewish Committee on Scouting of Narragansett Council for their contributions to the project.

Jules Cohen of North Kingstown, committee chairman, said a reminder of the previous Star of David — two small oak tablets containing the Ten Commandments — was retained, and attached to the center of the new star.



A STAR IS REBORN at the Champlin Scout Reservation. From the left, Ranger Paul Forbes, Michael Slosberg of United Builders Supply, and Ranger Clem Gormley were responsible for the creation of a new Star of David at the camp.

Tickets Go on Sale for Itzhak and Navah Perlman Concert

Tickets for the Jan. 29 concert featuring internationally acclaimed violinist Itzhak Perlman and his daughter, pianist Navah Perlman, performing with the Brown University Orchestra, will go on sale at 8:30 a.m., Sept. 16.

The concert will be held at 8 p.m., Jan. 29, 1997, at the Veterans Memorial auditorium in Providence.

To order tickets by phone, call toll-free (888) 289-4526. Credit card ticket orders are accepted (VISA/MasterCard only). Ticket prices are \$15 for Brown students only; \$25; \$50; \$125 (post-concert reception included); and \$500 (dinner and post-concert reception included). Group rates are also available.

Proceeds will benefit the music performance program at Brown. The concert is expected to be sold out by November.



A NIGHT TO REMEMBER — Pianist Navah Perlman will perform a benefit concert with her father, violinist Itzhak Perlman, and the Brown University Orchestra on Jan. 29. Navah graduated from Brown in 1992. Photo by John Forasté/Brown University.

INSIDE THE OCEAN STATE

Leadership Rhode Island Enters Application Period

Leadership Rhode Island has announced its application period for the 1997 program. Applications must be submitted by Oct. 10.

Leadership Rhode Island is a yearlong educational program designed to provide the state with informed and dedicated leaders. Participants are given opportunities to enhance their leadership skills and to learn about the state by exploring critical community issues such as education, quality of life, human services, media, criminal justice, government and economic development. The "classroom" may consist of sitting in on a television newscast or visiting the Senate Chambers, an inner city school or even the front seat of a police cruiser. Sessions are held for one full day each month, from January through October.

Each year, 52 class members are selected to participate in the program. Representing virtually all areas of the community, they include bankers, lawyers, business executives, educators, social service agency directors, clergy, artists, TV and newspaper executives and government

officials. They hail from every kind of organization — large and small, for profit and non-profit, from Westerly to Woonsocket. They share a common goal — a commitment to better Rhode Island through active community leadership.

If you are interested in becoming a member of the group, or would just like more information on the program, call 621-6110.

The Lady Deals in Romance and Suspense

There will be a book signing party for romance/suspense novelist Antoinette Stockenberg, author of *Emily's Ghost* and *Time After Time*, on Sept. 18, beginning at 7:30 p.m. at Books on the Square. Stockenberg will be signing copies of her latest novel, *Beyond Midnight*, a Rebecca-like tale combining elements of romance and the supernatural in the ghostly setting of Salem, Mass. The event is free and open to the public.

Books is located at 471 Angell St. in Wayland Square.

Coalition Will Hold Conference on Domestic Violence Awareness

The Rhode Island Coalition Against Domestic Violence will kick-off October as National Domestic Violence Awareness Month with their Beyond the Basics: Next Steps Towards Ending Domestic Violence Conference on Oct. 5.

The conference will be held at the Providence Center of the University of Rhode Island, at 80 Washington St., Providence. Check-in is at 8:30 a.m. and the conference will run until 4 p.m. The keynote address will be given by domestic violence expert Barbara Hart, Esq. Hart is legal director of the Pennsylvania Coalition Against Domestic Violence and the associate director of the Battered Women's Law Project.

There will be 15 workshops

on topics like economics, housing, welfare, immigration, batterers' intervention, community involvement, survivors speaking out, diversity, children who witness, public health, teen violence and violence across the lifespan.

The conference is open to anyone who works in the field of domestic violence and those who wish to learn more about the issue. Cost for the day is \$20 if you register before Sept. 30, or \$25 after the 30th. The registration fee includes lunch and snacks for the day, and conference materials. The event is co-sponsored by the Rhode Island Department of Mental Health, Retardation and Hospitals and the Rhode Island Chapter of the March of Dimes.

For more information, call 467-9940.

Chances to Hear and be Heard

The University of Rhode Island College of Continuing Education will sponsor a "Coffee with the Candidates" program on Sept. 22 at 2 p.m. in the Janice A. Paff Auditorium. This should be an informal hour during which citizens will have a chance for one-on-one conversations with Republican and Democratic candidates on pressing issues; a chance to hear what these individuals stand for; and a chance for individual voters to be heard.

On Oct. 16, at noon, in room 260 at the CCE there will be a panel discussion with the candidates featuring the Republi-

can/Democratic second district congressional candidates.

On Oct. 23 at noon in room 260 of the CCE building, there will be a discussion between the Republican/Democratic senate candidates.

All of these discussions will be moderated by Charles Bakst, political reporter for the *Providence Journal/Bulletin*.

On Oct. 20 at 2 p.m. in room 260 of the CCE building, local women in politics will discuss their experiences, concerns, and hopes for the future of women as governmental leaders.

All events are free of charge and open to the public.

Pawtucket Y Host Golf Tournament

On Sept. 30, the Pawtucket Family YMCA will host its annual golf tournament at the Crestwood County Club, 90 Wheeler St. in Rehoboth, Mass. Shotgun start is at 1 p.m. with dinner, an awards ceremony and raffle to follow 18 holes of play.

Hole-In-One prizes will include \$10,000 in cash, round trip airfare, a Bahamas cruise, a golf vacation and awards for low gross and low net.

Proceeds from this event will go to the Y's "Support A Child" fund. Through the fund, positive programs and services of the Y such as child care and camp are made affordable for those children who need direction and a healthy safe environment.

To register for this event or for tee sponsorship, call Bob Cioffi at the Family Y branch, 20 Summer St., Pawtucket, 727-7900.

Bill Harley Sings on the Square

Books on the Square will hold its annual family concert on Sept. 17 at 5 p.m., featuring songwriter/storyteller/children's author Bill Harley, in honor of the store's fourth birthday.

Harley, well known nationally for his regular appearances on National Public Radio's "All Things Considered," and for countless tapes and books for children, is also known as one of New England's foremost storyteller/songwriters. His reminiscences of childhood — its frustrations, joys, and ironies — appeal to the kid in everyone; parents and children alike will enjoy his blend of humor, pathos, fantasy, and the recollected thrills of being bad and getting away with it (or being bad and getting caught). The celebration is free and open to the public, at the store at 471 Angell St. in Wayland Square in Providence. Call 331-9097 for details.

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THE JEWISH COMMUNITY

Brown/URI Hillel Hosts Festival

by Emily Torgan
Jewish Community Reporter

The Brown-RISD Hillel Foundation invited students to learn about its programs plus other Rhode Island Jewish institutions with a first-ever festival on Sept. 5.

"We've never done a whole fair here on the Main Green," said Alisa Kotler-Berkowitz, associate Hillel director, as she sat on a table and watched students mill around the tables gathering literature. "It's an opportunity to show different aspects of the Jewish community, and it also helps to break the stereotype that Hillel is only religious. There's a lot more than that."

On the sunny, late-summer afternoon, eight exhibition tables festooned with balloons showed visitors varied Hillel-based programs and more.

"It also helps to break the stereotype that Hillel is only religious. There's a lot more than that."

Alisa Kotler-Berkowitz

Brown Junior Nina Dudnik, founder of Brown's Israeli dance troop, stood next to a portable stereo blaring Israeli music. A table across the way held materials about Teva, Brown's Jewish hiking club. Another table focused on the Jewish Arts and Cultural Society, and others held material for organizational groups such as the Jewish Student Union and the First-year Council.

"We're the umbrella organization for student-run activities in Hillel," explained Melissa Schick, seated behind the Jewish

Student Union table. A junior at Brown, Schick is the coordinator of the Conservative minyan. "I didn't help plan this, but I was excited about it because a lot of Jewish students on campus do not feel comfortable coming into Hillel. They don't know that we have activities like hiking and that there are good community resources in Providence."

Other tables stood ready to make passers-by aware of some of Rhode Island's community institutions.

Kaplan's Bakery gave out kosher brownies and challah rolls; the Jewish Community Center of Rhode Island had a table with complimentary water bottles and literature; other tables announced Tikva Traditions and Miller's Delicatessen, and another described the resources at the Bureau of Jewish Education of Rhode Island.

"I'm primarily here to talk about Rhoda's place (Tikva), but I'm serving a larger purpose as well," explained Rabbi Sol Goodman. "People need to be aware that there is a Jewish shopping district where they can get kosher meat or a challah for Shabbat."

"This is membership outreach," explained Evy Rappoport, seated behind the JCCRI's table. "We offer a special student membership rate, and we honor memberships from other JCCs across the country."

As the afternoon went on and the crowd ebbed and flowed, Kotler-Berkowitz said she thought the festival had been very productive.

"We've never done a whole fair," she said. "When we approached the agencies and stores, they responded very enthusiastically. A vision made this happen."

The Chai Center Hosts Women's Night

by Emily Torgan
Jewish Community Reporter

Tradition mingled with today at a ladies' night out hosted by the Jewish Women of West Bay on Sept. 8.

The Jewish Women of West Bay was founded about a year ago by Chanie Levy, wife of Rabbi Eliezer Levy.

"I formed the group to show women that they have the power to affect their families, their communities, and the world at large," said Levy at the group's second annual ladies night out.

At the Chai Center, speaker Sara Chana Shreiber discussed ways in which issues of interest to women today interact with traditional Judaism.

Born into a Conservative family, Shreiber became a member of Chabad Lubavitch in her 20s.

"We live in turbulent times," Shreiber said, as she explained how adherence to traditional values could be a great source of strength to an audience of about 50 women, none of whom were members of Chabad. "In a rain-storm, an unanchored tree falls. We should live by the Torah."

According to Shreiber, there are essential differences between men and women.

"Women have a gift of intuitive knowledge of things," Shreiber said.

Shreiber urged women not to be misled by the media, which she termed "insidious."

"In the late '60s, marriage was not in vogue," Shreiber said. "Three years ago, *Newsweek* did a story about how marriage and children were back."

After Shreiber, Sena Yamuder, vice president of Izzy's Kosher Catering Inc., showed the audience ways to make their holiday tables more beautiful.

"I came because I'm Orthodox, but I have a lot of contact with Reform and Conservative Jews," explained attendee Elana Vogel, a Providence resident who teaches at The Providence Hebrew Day School. "We can live together with the right answers."

"I love the feeling of warmth that I get when I come here," said Cranston resident Eileen Gray, who belongs to a Conservative temple. "There is a real sense of camaraderie."

Feinstein Funds School For African American Church

by Emily Torgan
Jewish Community Reporter

Due to a donation from philanthropist Alan Shawn Feinstein, a school at a Rhode Island black church will bear a Jewish name according to Feinstein.

Feinstein has given \$10,000 and promised \$15,000 more over the next three years to the Holy Cross Church of God in Christ, located on Broad Street in Providence.

The school will be called the Louis Feinstein School in memory of Feinstein's father, and will provide literacy services to the minority and low-income population the church serves.

"This is history, there is no question about it," said Feinstein of his donation on Aug. 30. "Helping others regardless of race, color or creed is the greatest of all achievements."

Pastor Robert E. Farrow of

the Holy Cross Church will oversee the school.

"We will address the needs of our population, both adults who are unable to read and



Alan Shawn Feinstein

youth who are struggling to keep up in school," Farrow said.

"There are also pregnant women who have dropped out of high school who want to keep

up their education and their self-esteem."

Farrow determined that there was a need for the school as he observed youngsters at the church's food program, the Hattie Idela Farrow Children's Center.

"I saw the needs of the youth, and of others who needed to continue their educations," said Farrow.

Farrow had met Feinstein about two years ago when both were part of a program at Johnson and Wales University, and Farrow decided to approach Feinstein with the idea for the project. Feinstein agreed to help.

"This is the first time a black church in the state has had a Jewish name and Jewish funding, and I'm very happy," Farrow said. "There is a lot of racism in America today, and I believe this will be a catalyst to unite African Americans and Jews."



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EDITORIAL

'...Our Eternal Capital Shall Remain Undivided'

Excerpts from a message from the Prime Minister of the State of Israel, Benjamin Netanyahu, on the occasion of Rosh Hashanah 5757.

Dear Friends,

With the approach of Rosh Hashanah 5757, I would like to wish you and your loved ones a happy and healthy New Year.

The Days of Awe have traditionally been a time of introspection and soul-searching, when we gaze back even as we eagerly anticipate the future. In this spirit, I would like to share with you my thoughts on Israel and the Jewish people.

First, we must bring security and peace, the two are inseparable. Peace with security means restoring hope and optimism to our nation, and removing the burden of war and terror. Recent years have been filled with unprecedented acts of brutality and violence directed against innocent Israeli civilians. These are incompatible with the peace process.

I am confident that with your help, Israel will soon become the largest Jewish community in the world.

As we pursue contacts with our neighbors, we shall act to preserve the nation's vital interests. Jerusalem, our eternal capital, shall remain undivided under Israeli sovereignty....

A strong and secure Israel also requires a free and vibrant economy. Embarking upon a

program of privatization and liberalization will free Israel's entrepreneurial spirit from the stifling shackles of over regulation and government interference. A more competitive and efficient economy will enable Israel to flourish in the increasingly competitive global market place....

One of the engines of our economic and national revival is the continued arrival of tens of thousands of new immigrants each year.... The Jewish people are coming home, bringing with them vitality and creativity. We will continue to encourage and foster aliyah, as well as work to ease the often difficult process of immigration and absorption.... I am confident that with your help, Israel will soon become the largest Jewish community in the world.

Yet even as we celebrate Israel's continued growth, we must view with alarm the trends in Jewish communities worldwide. The plague of assimilation and ignorance is wreaking havoc upon our people, snatching our finest and brightest youth. The "People of the Book" are in danger of becoming the "People Who Do Not Read the Book."... We need to intensify and expand Jewish education....

We Israelis are committed to working with you in the diaspora. Together, we can overcome the dire threat posed to our people's continuity.

Wishing you a Shanah Tovah, and a year of blessing and peace.

Sincerely,
Benjamin Netanyahu

The Fast of Gedalia and Yitzhak Rabin

by Alan S. Zuckerman

As we turn to a new year, we need to remember Yitzhak Rabin and his assassination. The immediate aftermath of the murder witnessed tributes and memorials in Israel and in Jewish communities throughout the world. In Providence, we came together to cry and pray at the dead prime minister's shloshim at Temple Emanu-El.

In the months since those terrible days, Israelis have found a political response. The peace process continues, even as the Israeli people elected a new leader and government. Prime Minister Netanyahu has met with Chairman Arafat, promising to pursue Rabin's legacy of peace with the Palestinians. We need as well a religious response. We cannot substitute politics for reflection, emotion, and religious observance. Each of us needs to mark the assassination of our fallen leader.

We have witnessed the murder of the prime minister of Israel by the hand of a fellow Jew, a primal challenge to the Jewish people and Judaism. The murderer did not come with Nevuchadnezer's army; he was not a member of the

Roman legions; neither a Crusader nor a Cossack was he, and he did not wear the uniform of the Nazi Storm Troopers or the Soviet secret police. No foreign people and no foreign ideology murdered the prime minister of Israel. The murderer came from within the heart of the Jewish people and Judaism, a student in a yeshiva, a soldier in the Israeli army.

No foreign people and no foreign ideology murdered the prime minister of Israel. The murderer came from within the heart of the Jewish people and Judaism, a student in a yeshiva, a soldier in the Israeli army.

Even as he sits in jail, being punished for his crime, Yigal Amir wears a white shirt and a kippah, the uniform of those who learn in yeshivot. Action

based on a distorted understanding of Judaism rests at the heart of this monstrous event. We have witnessed an absolute desecration of G-d's name.

The appropriate answer to the murder must also come from within Judaism and the Jewish people. Just as the assassination reached into our souls, so should our response. On the third day of Tishrei (this year Monday, September 16) we fast and say slichot prayers to mark the assassination of Gedalia, the leader of the resurrected Jewish commonwealth under the Persians; he too was murdered by a fellow Jew.

For well over 2,000 years, we have remembered Gedalia's assassination, never expecting to live through its repetition.

This year and in all future years let us fast and pray on Tzom Gedalia to remember Yitzhak Rabin, to demonstrate that we are bound in fate with Israel and the Jewish people, and to promise that we will spare G-d future desecrations of His name.

Alan S. Zuckerman is professor of political science and Judaic studies at Brown University and vice president of Congregation Beth Shalom.

'We Must Redouble Our Efforts'

Excerpts from the president of the State of Israel, Ezer Weizman, on the occasion of Rosh Hashanah 1996-5757.

Dear Friends,

During the past year the nation of Israel has experienced monumental tragedy, historic changes and significant growth.

On Rosh Hashanah we pray for a better year to come, for peace and well-being, and for the values we wish to see come true....

The State of Israel remains committed to securing peace with

our neighbors, while maintaining security for all our citizens.

...We must dedicate ourselves to healing the rift within ourselves, to strengthening our nationhood and unity. The differences between us must never erupt in a self-destructive manner....

...We must redouble our efforts to instill the sense of peoplehood and unity while, at the same time, inspiring our children with our rich and loving traditions, language and

culture. Too many of our youth suffer from educational malnutrition and from apathy.

Israel must become a magnet drawing Jewish youth and Jewish families from all over the world, ...from distressed and underprivileged countries as well as from Western ones. The Hebrew language must become the symbol of our culture and a unifying force.

Shana Tova U'Gemar Hatima Tova

Ezer Weizman

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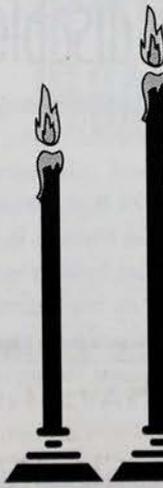
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Candlelighting
September 13, 1996
6:41 p.m.



Notice: The opinions presented on this page do not necessarily represent the opinions of this establishment.

A Capacity for Choosing the Right Path

Our holy Torah designates the first day of the Hebrew month of Tishrei as the date on which we celebrate Rosh Hashanah, the New year. However, this is not the anniversary of the beginning of creation, for the Talmud teaches that the first day of creation was actually five days earlier on the 25th of Elul. Nevertheless, we celebrate the new year on the sixth day of creation which is actually the day on which Adam, the first person, was created.

The reason for this is that it wasn't until Adam was created that the Creator Himself was recognized. In fact, it was man who instilled an awareness of G-d into all of creation.

One of the primary characteristics by which man is distinguished from all other creatures is the free will with which he has been endowed by G-d. This "gift" must be properly utilized, for it allows him to rise above all of creation and achieve the very

highest of spiritual levels.

G-d revealed His holy Torah to help man achieve perfection and find the right way in life. G-d's Torah is eternal, and its directives apply in every time and in every place.

On Rosh Hashanah man is not only judged by G-d but must render judgment upon himself. As soon as Adam was created,

to live up to our resolution. But is it really possible to experience the same sense of G-d's Kingship as our ancestor Adam?

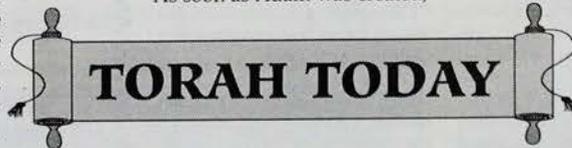
The answer is a resounding "Yes." G-d grants each and every one of us immense powers — a tremendous capacity for choosing the right path, indeed,

when we uncover these inner strengths, nothing is beyond our reach, and on Rosh Hashanah we can surely attain

the same perception and recognition of G-d in our daily lives as did Adam, and extend that recognition to those around us.

Thus, on Rosh Hashanah we declare: "And every creature shall know that You have created it... and every soul shall say, 'The L-rd G-d of Israel is King, and His sovereignty reigns over all.'"

Adapted from Likutei Sichot of the Rebbe, volume 9. Submitted by Rabbi Yehoshua Laufer.



he declared, "O come, let us worship and bow down let us kneel before the L-rd our Maker." Thus, each year on Rosh Hashanah, we follow this example and accept G-d's sovereignty upon ourselves anew.

On Rosh Hashanah we resolve to live our daily lives in accordance with the Torah's laws, and to do so in the very finest manner of which we are capable.

Of course, a lot of inner strength is necessary in order

EDITORIAL

Take a Breath

Sit down. Take a breath. Shake off the list of chores nagging at you. Look at your life. You're coming up to Rosh Hashanah, when we are enjoined to reconsider how we have conducted ourselves, ask forgiveness for our transgressions, and affirm our desire to improve. But there's a step to take before this can be done, and that is the simple one of just letting yourself float on the memories of the past year.

This week's portion, Nitzavim-Vayelech, is really two chapters read as one. In it, Moses, knowing that he is about to send the children of Israel into Jordan, but must stay behind himself, begins his final address to the multitude. He is 120, and will soon "join his fathers." It is an almost dreamlike reminiscence, part history, part reminder of the responsibilities that the Jews must carry with them.

He recounts the journeys they have traveled, from the bondage in Egypt through the conflicts with other nations. He reminds them of the blessings they have had, and those to come; that all they have to do is obey G-d and follow His law, and "He will do thee good." He also mentions the consequences of turning away from G-d.

Twice in Nitzavim Moses mentions "the blessing and the curse," and twice in Vayelech he says "Be strong and of good courage." There is a reason these phrases are repeated: to remind the Jews that life, after

all, is a simple matter, and that it requires only that we have faith in G-d's love. That will lead us to do the right thing in any circumstance.

But it is also noted that we must "therefore choose life." This is Moses' final statement on the free will that is a central tenet of Judaism. We must decide every day to follow the dictates of our soul, "an actual part of G-d," and temper the yearnings of our material being. It's not something that G-d imposes on us, but an act we must perform ourselves. The blessing is before us, in the manna G-d has provided; the curse is in not choosing to appreciate and use it properly.

But the phrase "be strong and of good courage" is equally important, the symbolic pat on the back that Moses leaves us with. He is saying that our faith in G-d is part of a cycle, that He also has faith in us. When you send a child into a major challenge, a final exam or a Little League game, the last thing you do is let them know you believe in their ability to face the task. G-d has said the same to us about our ability to choose life.

Because life is not a looming, three-score-and-ten burden we must carry. It is the joyful work we face every day. So sit down. Take a breath. Shake off the list of chores nagging at you. Look at your life. And choose.

Submitted by Rabbi Eliezer Levy of Chabad of West Bay CHAI Center.

Parents Have the Right

To the Editor:

Since controversy over sex education classes is not uncommon, parents throughout the state should welcome the news that Bill 96-H-8457 Sub A has been enacted into law.

According to this legislation, parents and legal guardians have the right to review all instructional materials for courses on family life/sex education and AIDS, and they may exempt their children from these courses without penalty.

In addition, a student at least 18 years of age has the right to examine such materials and to exempt him/herself from the

program, also without penalty. Once a request is made in writing to the school principal, permission to examine the materials must be given within a reasonable period of time.

This legislation is a good first step because it guarantees parents' inherent right to direct the education of their children. Armed with that legal protection, parents must now take the second step: they must exercise that right to be certain their children are taught appropriately.

Sandy Feit,
Barrington

A Blessing on Your Head

It's New Year card time again. An opportunity to open your address books, see the names of friends and relatives you meant to write to, but didn't, and send them a card, just to keep in touch.

It's amazing how, though New Year's cards differ greatly on the outside, they all carry a similar verse inside: May you be inscribed and sealed for a good, sweet year.

Though these cards are printed by the hundreds of thousands, they are actually a very personal type of communication. Each card carries within it a blessing from you to your friends.

A blessing. Can you believe that it is in your power to actuate a blessing!

Blessings for health, success, prosperity, and happiness are out there waiting for us to bring them into reality which we can do simply by blessing another person. And it obviously doesn't have to be done via a card, either.

When you meet another Jew on the street, or at work, or at a social event, wish him a "Happy New Year," or that he be "inscribed and sealed for a good year." If you're lucky, he'll catch on and wish you a good year right back. Then you'll both be blessed.

It's customary to keep on

Dear Friend:

The month of Tishrei is very colorful. Every possible atmosphere of Jewish life finds expression in this month, in which we have solemn days, fast days, and days of rejoicing. It is not a coincidence that the first month of the year has "samples" of every shade and color of Jewish life, for these "samples" are intended to give us an introduction to, and practical guidance for, the rest of the year. By observing the special days of Tishrei in their proper spirit, we are initiated into a truly Jewish life, in accordance with the spirit of the Torah, during the whole year following.

What can we learn from the special days of Tishrei?

A. To begin with we have Rosh Hashanah, the beginning of the New Year, the day when the first man just created proclaimed G-d's sovereignty over the whole universe. When we are about to begin anything, we must always remember that G-d is the creator of heaven and earth and the sole ruler of the universe, and that our action or

venture must have divine approval. This is further emphasized by —

B. The Ten Days of Repentance, which remind us that since we are the servants of the king of the universe we must keep a check on our deeds to ensure that they comply with the wishes of the Master. However, since we are only human beings, we are liable to fail on occasion. This is why G-d gives us —

C. Yom Kippur, to impress upon us the realization that it is never too late to turn back to the right path, provided we do it sincerely, completely repenting of, and casting away, our evil habits of the past, and solemnly undertaking to mend our ways in the future. If we make this firm resolution, G-d will forgive us, and "cleanse" us completely of our sins. Difficult though this path may appear to be —

D. Sukkot helps us not to despair in our days of trial, even if we find ourselves in the minority, for G-d is our protector, as He clearly showed us by the clouds of glory with which He

surrounded us during the 40 years wandering through the desert after the departure from Egypt. Finally, in order to know how to lead our lives so as to comply with G-d's wishes, we have —

E. Shemini Atzeret and Simchat Torah, for in the Torah G-d has given us divine laws of justice and righteousness and a true guide in life; by shaping our lives accordingly we are assured of true happiness, both in this world and in the after-life. For the Torah is a "tree of life to them that take fast hold of it, and its supporters are happy."

These, briefly, are some of the main lessons of Tishrei and there can be no doubt that by following them faithfully, the New Year will be a happy one, both spiritually and materially, and the blessing that we give each other to be written and sealed for a good year will surely be fulfilled. That's what I wish every one of you.

Rabbi Menachem M. Schneerson, O.B.M.

Submitted by Rabbi Yehoshua Laufer of Chabad House.

Ten Days of Teshuvah

A Return to Essence

The first 10 days of Tishrei — two days of Rosh Hashanah, the seven days following, and Yom Kippur — are an auspicious time in which to rectify our shortcomings and draw closer to G-d. They are therefore known as the "Ten days of Teshuvah." Teshuvah — frequently translated as repentance — actually means returning. Judaism emphasizes that our essential nature — the divine spark of the soul — is good. True repentance is best achieved not through harsh self-condemnation, but through the realization that our deepest desire is to do good, in accordance with the will of G-d.

Shabbat Shuvah

These seven days between Rosh Hashanah and Yom Kippur are an opportunity to do Teshuvah with respect to each of the seven days of the week — i.e., on the Monday, we can make amends for whatever wrongs we may have done on all the Mondays of the previous year... and so forth. Shabbat — from the

evening of Sept. 20 until nightfall on the 21st — is called 'Shabbat Shuvah,' after the prophetic reading for that day: "Return, O Israel, for you have tumbled..."

The Fast of Gedaliah

Sept. 16 is a fast day. We neither eat nor drink, from approximately two hours before sunrise until 40 minutes after sun-

"May G-d bless you and guard you... May G-d shine His countenance upon you and be gracious to you... May G-d turn His face toward you, and grant you peace."

set. It commemorates the tragic assassination of Gedaliah, a great Jewish leader during the Babylonian exile.

The Eve of Yom Kippur

On the day preceding Yom

Kippur, Sept. 22, we eat festive meals, to demonstrate our faith and confidence in G-d's mercy.

Another beautiful custom for this day is that of parents blessing their children with the priestly benediction: "May G-d bless you and guard you... May G-d shine His countenance upon you and be gracious to you... May G-d turn His face toward you, and grant you peace." Yom Kippur atones for sins against G-d, but not for wrongdoings between man and man. It is therefore important, on the day before Yom Kippur, to apologize and seek forgiveness from friends, relatives, and acquaintances, to heal any ill feelings which may have arisen.

Five Prohibitions

Yom Kippur is from Sunday evening, Sept. 22, through Monday night, Sept. 23. In addition to the prohibition of work, as on the Sabbath, there are five activities specifically prohibited on Yom Kippur: eating and drinking, anointing oneself with perfumes or lotions, marital relations, washing (for pleasure), and wearing leather shoes.

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HAVE AN OPINION?

If you have an opinion about something in the Jewish community, why not express your opinion in the Herald?

Send your letter to:

Rhode Island Jewish Herald
P.O. Box 6063, Providence, RI 02940

Submitted by Rabbi Yehoshua Laufer of Chabad House.

THE JEWISH COMMUNITY

Temple Beth-El to Offer Fall Classes

The Adult Enrichment Committee of Temple Beth-El has announced its fall program for the 1996-97 year.

Classes will meet on Wednesday evenings from Oct. 9 to Nov. 13. Courses include:

Hebrew (Beginner-Intermediate)

The temple will offer two Hebrew classes: one for those who don't know Hebrew or can recognize only some Hebrew letters, and a class for those who know the alphabet and want to improve their reading proficiency.

The classes will be individualized to reflect the reading ability of the students. The instructors specialize in teaching Hebrew to adults and are particularly good in teaching adults who think that they "just can't learn Hebrew."

Time: 6:30 to 8 p.m.

Instructors: Helen Salzberg and Stanley Freedman

A Celebration of Jewish Artists

Jews have helped change the face of contemporary art and

architecture. Explore objects and structures that surprise and delight, and challenge the human spirit.

Time: 7 to 8 p.m.

Instructor: Dr. George Goodwin

Israel: Looking to the 21st Century

How will the election of Prime Minister Benjamin Netanyahu affect Israel? What will happen to Israel's relationship with its Arab neighbors? This class will be filled with lively discussion on these and other current issues affecting Israel.

Time: 8:15 to 9:15 p.m.

Instructor: Yehuda Levin

Poetry of the Everyday: Introduction to Jewish American Voices

Read and discuss poetry written by Jewish American poets. Thumbnail biographical sketches of the poets will be provided. Some of the poets to be read include Louis Simpson, Howard Nemerov, Grace Paley, Allen Ginsberg, Erica Mann Jong and Philip Levine.

Time: 8:15 to 9:15 p.m.

Instructor: Blossom Kirschbaum

Jewish Composers and Jewish Themes in Music

WLKW's Norman Jagolinzer

will continue his survey of classical and show music with Jewish themes and by Jewish composers. Listen and learn a lot of interesting things about the music.

Time: 7 to 8 p.m.

Instructor: Norman Jagolinzer

Notes on the Jewish Community of Providence: 1838-1950

Learn about events in the lives of your parents, grandparents and great-grandparents and how these led to the Jewish community we know today. This course will look back at the development and history of the Jewish community in Providence and will include a peek at the history of the Congregation Sons of Israel and David (Temple Beth-El).

It is offered in conjunction with the Rhode Island Jewish Historical Association.

Time: 7 to 8 p.m.

Instructor: Geraldine Foster
Guests: Eleanor Horvitz, Julius Michaelson and Seebert Goldowsky

Fall semester classes are offered at a price of \$35, for as many classes as you can fit into your schedule. For more information, call Carol Garber, committee chair, or Rabbi Michael Cahana at the temple, 331-6070.

Rosh Hashanah for Shut-Ins

Cox Cable will broadcast a video for the celebration and observance of Rosh Hashanah on Sept. 13 at 9 p.m.; and on Sept. 14 at 2 p.m. for the benefit of those who are unable to attend Rosh Hashanah services.

R.I. Holocaust Museum Hosts Annual Yizkor Service

The Rhode Island Holocaust Memorial Museum's eighth annual Yizkor service will be held at 10 a.m. on Sept. 22 in the museum's Memorial Garden.

During the season of the High Holy Days, it is a tradition to visit the graves of loved ones and remember those who are gone. The Yizkor service offers a formal way to reflect on the passing of those who suffered and perished in the Holocaust.

Guests are encouraged to make entries into the Book of Remembrance, a list of names of those who perished at the hands of the Nazis. The book is part of

a permanent display at the museum and names can be added at any time. Names added to the local Book of Remembrance are also sent to Yad Vashem in Jerusalem to be added to the permanent record there.

The mission of the Rhode Island Holocaust Memorial Museum is to provide schools and the community with information about the Holocaust so such a thing might never happen again.

For more information, contact Beth Cohen, director of education, at 453-7860.

Family Creation Celebration Planned for Oct. 27

The Gesher v'Keshet family education team has scheduled its first program, The "Family Creation Celebration," on Oct. 27 between 2 and 4 p.m. at Camp

JORI in Narragansett.

Sponsoring institutions are Temple Emanu-El, Temple Shalom, Temple Torat Yisrael, Alperin Schechter Day School and the Continuity Commission of the Jewish Federation of Rhode Island.

The cost will be \$10 per family. Call Miriam Hyman, at the Jewish Community Center of Rhode Island, 861-8800, for more details or to register.

Brown Baggers to Hear from DuJardins

The Sept. 24 program of the Brown Bag Club of the Jewish Community Center of Rhode Island will feature a presentation by Richard DuJardins, religion editor of the *Providence Journal*.

For this program, and all other Brown Bag events, bring a lunch and a fee of \$1. The group meets regularly, on the second and fourth Tuesday of each month.



Recently Confirmed

Temple Beth-El in Providence recently extended a mazel tov to its 110th confirmation class. Pictured from left: Michael Phillips, Rachel Steiman, Seth Joseph, Benjamin Garber, Cantor Ida Rae Cahana, Rabbi Leslie Gutterman, Rabbi Michael Cahana, Daniel Silverman, Irving Fain, Joseph Lasser and Jennifer Phillips.

Photo by Ira Garber

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100 Years and Counting

On Oct. 13, from 9 a.m. to 2 p.m., there will be an open house at the Congregation Sons of Jacob Synagogue, 24 Douglas Ave., Providence, to celebrate the shul's 100th anniversary.

The entire community, their

families, relatives and friends are invited to get reacquainted with the second oldest orthodox shul in Rhode Island. A description and history of the shul will be available. Refreshments will be served.

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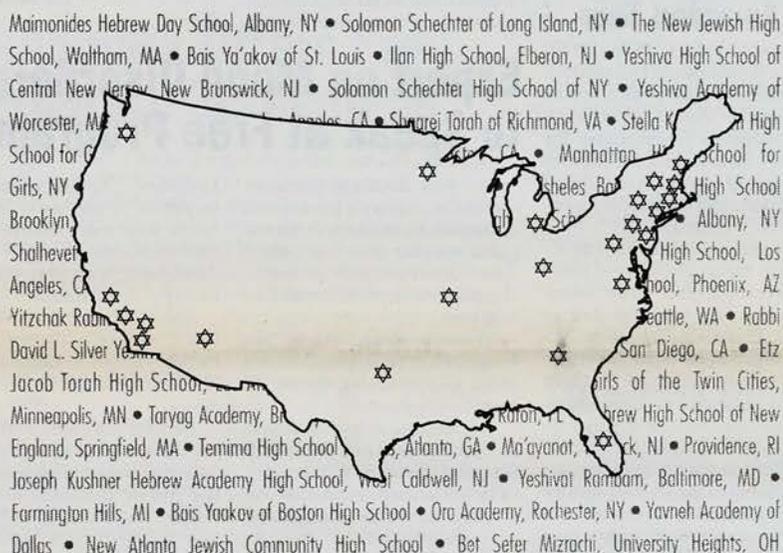
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Jewish high schools.

Over the past five years no fewer than 35 Jewish high schools have sprung up across America – in places like Atlanta and Albany, Boston and Boca, Cleveland and West Caldwell, St. Louis and San Diego, Richmond and Rochester, Dallas, Harrisburg and Baltimore.

These new schools are not just another statistic in Jewish life. They are part of our renaissance. They reflect the resolve of concerned Jews across the spectrum who challenge the tide of assimilation, and who want to transmit our great heritage to the next generation.

In the years ahead, these schools have the potential to educate thousands of teenagers to be academically accomplished, Jewishly literate and deeply connected to Jewish tradition and the State of Israel.

Each new school is a grassroots, community-based response to the call for more meaningful Jewish education. Each school is a sapling being nurtured by Jewishly concerned people with vision and commitment.

In communities that do not yet have a Jewish high school, establishing one should be at the top of your agenda and your community's agenda.

Where there is a Jewish high school, everything should be done to nurture it, and give it the resources, respect and recognition it so richly deserves.

It's our future. Be a part of it!

AD #1 IN A SERIES



HEALTHWISE

Jewish Spirituality

by Velvel "Wally" Spiegler
When does the year begin? The Talmud tells us that there are four New Year observances: the first of Nisan is the Rosh Hashanah for Kings and pilgrimage festivals. The first of Elul is the Rosh Hashanah for tithing cattle. The first of Tishrei is the Rosh Hashanah for the computation of years, and the 15th of Shevat is the Rosh Hashanah for fruit trees. (Rosh Hashanah 1:1).

One theory suggests that the Rosh Hashanah which is about to occur may have been rooted in an old Babylonian custom which took place about this time of the year as a celebration of a bountiful harvest, thus renewing obedience to the throne. The Jews, who were exiled there at that time, returned to Israel borrowing the custom but transformed the obedience to the throne to obedience to G-d, the true King.

The rabbis of the Mishnah concluded the first of Tishrei is when G-d again is crowned as King and when G-d again passes judgment on the world either by renewing life or sentencing death. The rabbis decided that this judgment day was the head of the year and from there went on to establish the Jewish calendar.

As the seventh month, Tishrei also becomes the Sabbath of months, with its concern for rest and renewal; as we read in the prayer book "and on the seventh day He ceased from work and refreshed (va'yinafsh) Himself." So the motif of Rosh Hashanah is one more of renewal than of new beginnings.

We commemorate renewal through the mitzvah of

T'shuvah—repentance. We take an inventory of our behavior during the past year, determine what was inappropriate and vow to make changes for the new year.

We also celebrate Rosh Hashanah by hearing the blasts of the shofar, the wake-up call to repent. Let's take a little deeper look. The Hebrew root of T'shuvah means to turn or to return; it implies turning toward G-d. We have to rule out the notion of G-d as an old man in the sky looking down and judging our actions. To be a bit more sophisticated, turning toward G-d is turning inward; into our consciousness—our sensations, emotions and thoughts. The deeper we go, the closer to G-d we get.

How do we attempt to do battle with the negative qualities of our personalities?

The answer lies in the three themes of the Rosh Hashanah mussaf service: kingship — the recognition of G-d as king; remembrance — exploring your consciousness to acquire self-knowledge; and the shofar — the Israelite trumpet that connects us with awe-inspiring events as at Sinai.

From the Talmud Rosh Hashanah 3:8 we read, "And it came to pass when Moses held up his hand that Israel prevailed, and when he let down his hand Amalek prevailed." (Exodus 17:11). But could the hands of Moses encourage or hinder the battle? The verse means to teach that whenever the Israelites directed their thoughts on high and kept their hearts in subjection to their Father in heaven, they prevailed; otherwise they suffered defeat."

Changing inappropriate behavior is not simply a matter of choice. It takes deep introspection into the depths of one's personality (acquiring self-knowledge) and recognition of G-d as the true king and healer.

Le-shanah tovah tikatevu. May you be inscribed for a good year.

For further information, comments or questions, you can reach Velvel "Wally" Spiegler by calling (508) 252-4302 or Email to DSpieg5411@aol.com

Velvel "Wally" Spiegler is a student and teacher of Jewish Mysticism whose primary interest is in Jewish approaches to the healing of mind, body, and spirit.

Rhode Island Orthopedist is Awarded Tour

Arnold-Peter C. Weiss, M.D., of the Rhode Island Hospital department of orthopedics, will be one of five American orthopedic surgeons representing the United States on a six-week tour of medical centers in the United Kingdom and British Commonwealth countries.

Weiss specializes in surgery of the hand and elbow, wrist arthroscopy, and wrist reconstruction. He was awarded an ABC Exchange Traveling Fellowship award of the American Orthopedic Association, given every two years to five American orthopedists under age 40. The tour will take place in 1997.

Weiss is one of the youngest recipients in the 45-year history of the association's program. He is also an associate professor of surgery at the Brown University School of Medicine and is on the staff of University Orthopedics, Providence.

Miriam Appeals for Volunteers

The Miriam Hospital is recruiting volunteers for the position of Family Liaison Volunteer.

Volunteers are needed as liaisons for families of patients who are having procedures in the main operating room, recovery room, and the catheterization lab. Help is needed Monday through Friday, either from 8 to 11:30 a.m. or from 11:30 a.m. to 3:30 p.m. Training will be provided.

Contact the Volunteer Office at 331-8500, ext. 2510.

Major Research to be Showcased at Two-Day Event

The fourth annual Research Celebration has been scheduled for Sept. 16 and 17 at Rhode Island Hospital.

The event will feature graphic depictions of nearly 200 major medical research projects being conducted at Rhode Island Hospital, The Miriam Hospital, Hasbro Children's Hospital, Bradley Hospital, and Women & Infants Hospital of Rhode Island.

Large posters depicting the projects will be on display in Gerry House at Rhode Island Hospital, with many investigators on hand to discuss their work.

The event is gaining in importance and attraction among the Rhode Island scientific, medical, and technological communities, as research is becoming

more of an economic force in the state. The organizations sponsoring the event, for example, brought more than \$25 million in research grants into Rhode Island last year.

The event also includes a keynote address by Moses Judah Folkman, M.D., professor of cell biology at Harvard Medical School, who is recognized worldwide for his research into the regeneration of blood vessels.

A second featured speaker will be Paul Calabresi, M.D., professor of medicine and chairman emeritus of the Brown University School of Medicine.

Folkman will speak on Sept. 16 at 11 a.m. in George Auditorium at Rhode Island Hospital, and Calabresi will speak on Sept. 17 at 11 a.m. in the same location.

Expert on Mood Disorders to Speak at Free Program

Dr. Kay Redfield Jamison, one of the country's top experts on mood disorders, will be the guest speaker at a free public information program at Butler Hospital on Sept. 19, from 7 to 8:30 p.m.

The title of her talk is "An Unquiet Mind: A personal account of manic-depressive illness."

A professor of psychiatry at the Johns Hopkins University School of Medicine and the critically acclaimed author of *An Unquiet Mind* and *Touched with*

Fire: Manic Depressive Illness and the Artistic Temperament, Jamison has written more than 80 scientific publications about mood disorders, suicide, psychotherapy, and lithium.

The forum will be held at the Ray Conference Center on the Butler Hospital campus, 345 Blackstone Boulevard in Providence.

Seating is limited and reservations are necessary. For reservations or more information, call the public relations office at Butler Hospital at 455-6265.

Hospice Appeals for Volunteer Trainees

Hospice Care of Rhode Island which provides statewide home health care for terminally ill patients and their families, is presently conducting interviews for potential patient care volunteers to work in Providence County.

These volunteers help by offering practical and emotional support, and must have good listening skills and a compassionate, non-judgmental nature.

Mary Louise Gatta and Lynne Lapierre will be conducting pre-training interviews throughout September for a series of classes scheduled to begin Sept. 30 and run through Oct. 28.

Training sessions are held at HCRI main offices at 169 George St., Pawtucket, two evenings a week from 6:30 to 9:30 p.m., and will cover such topics as the history and philosophy of Hospice, medical aspects and pain control, sensitivity to death, communication and listening skills, psychosocial and spiritual care, bereavement and grief, caring for AIDS patients, and the role of the volunteer.

Hospice Care of Rhode Island is a Lifespan partner.

For more information, interested persons may contact the volunteer office of HCRI at 727-7070.



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HEALTHWISE

Memorial Offers Diabetes Outpatient Program

Memorial Hospital of Rhode Island will sponsor a six-week program for people with diabetes starting Oct. 16 and ending Nov. 20. The program, "Diabetes Outpatient Education," will be held on Wednesdays from 6 to 8 p.m. in the hospital's Wood 6 Classroom.

The program is designed for anyone with pre-existing or new diabetes, and will cover a variety of topics on nutrition education, use of medications, blood glucose monitoring, foot care, eye care, exercise and stress management. Early education as well as ongoing education is very important in keeping diabetes in good control, and can prevent several long-term side effects.

Memorial's comprehensive program will be taught by a team of nurses, a dietitian and a physician, and presented in a relaxed, informative manner. The nurses and dietitians have been certified as Diabetes Outpatient Education instructors by the Rhode Island Department of Health.

The fee for the six-week program is \$65. Some health insurance plans will cover the cost of the program for those who are referred by a physician. This class will be limited to 15 participants. For more information or to register, call Donna Newton, R.N., at 729-2258. Advance registration is required.

Memorial Hospital is located at 111 Brewster St., Pawtucket.

Landmark Offers Free Prostate Screenings

In recognition of Prostate Cancer Awareness Week (Sept. 24 through 30), Landmark Medical Center will offer free prostate screenings on Sept. 28 from 8:30 a.m. to 3 p.m. at Landmark's Woonsocket Unit, 115 Cass Ave. Appointments are required and may be made by calling Landmark Medical Center's Central Scheduling Department at 769-4100, ext. 2006.

The screening, which consists of a prostate specific antigen blood test and a quick physical examination by a physician, takes only a few minutes. Examinations will be administered by Vincent Catalozzi, M.D., Bruce Nadjmi, M.D., FACS, and Naeem Siddiqi, M.D. M.Sc (McGill), FRCS (C).

According to the American Cancer Society, in the past year

prostate cancer surpassed lung cancer as most prevalent form of cancer among American men. In 1996 there will be an estimated 317,100 new cases of prostate cancer in the United States, and more than 41,400 men will die of the disease. Men with a family history of prostate cancer are at higher risk, as are African American men, who have a 38 percent higher rate of developing prostate cancer. It is recommended that all men age 40 and older should have a digital rectal examination annually, and that men age 50 and older should have an annual PSA blood test.

For further information about these screenings and other programs offered at Landmark Medical Center, call the public relations department at 769-4100, ext. 2073.

Consumers Beware!

Animal protectionists are warning that a bill before Congress that would change the way that tuna is labeled, is misleading to consumers and will hurt dolphins.

Remember the tuna boycotts that led to the "dolphin safe" tuna label? That label means that the tuna was not caught by intentionally setting nets on dolphins to catch the tuna that swim below.

If the new bill passes, "dolphin safe" will be meaningless since it would allow tuna which had been caught by traumatizing and possibly killing dolphins to be sold on grocery store shelves with the "dolphin safe" label.

The Humane Society of the United States said, "Chasing and harassing dolphins are practices that we do not consider to be dolphin safe." Patricia Forkan, HSUS executive vice president adds, "Dolphin populations are just beginning to recover from years of drowning in nets. We should continue to protect these beautiful animals and ensure that they will swim free in the ocean for future generations to appreciate."

The HSUS strongly opposes H.R. 2823 and S. 1420, the plan that harms dolphins and confuses customers.

Please get in touch with your representative on this issue.

Pediatric Diabetes Specialist to Speak at Symposium

The Diabetes Association of Greater Fall River, a United Way Agency, will present Dr. Joseph Wolfsdorf, M.D. as featured speaker at this year's annual diabetes symposium.

Diabetes Symposium '96 will take place on Oct. 2, from 5 to 8:30 p.m. at White's of Westport.

The symposium, entitled "A Physician's Approach to Children With Diabetes," is intended for health care providers, school personnel, parents, and others who may have a child with diabetes in their care. The purpose is to help audience members realize the impact of diabetes on children from infancy through adolescence.

The first hour of the program will focus on the medical and psychological management of diabetes, the second will be devoted to open discussion.

Wolfsdorf is the clinical director, division of endocrinology, at Children's Hospital in Boston, and the chief of pediatrics at Joslin Diabetes Center in Boston.

He has received many awards and honors, including, "Teacher of the Year" at Joslin Diabetes Center in 1986, 1991 and 1993. He is listed in *Best Doctors in America*; Northeast Region, 1996-1997; and received the Juvenile Diabetes Founda-

tion Award for care of children with diabetes. He was also recognized in 1994 by the American Diabetes Association, receiving the Charles H. Best Medal for Distinguished Service in recognition of his contribution to the cause of diabetes treatment by participation in the Diabetes Control and Complications Trial.

Prior to Wolfsdorf's presentation, and during the break, representatives of pharmaceutical and diabetes supply companies will be available to answer questions about their products and demonstrate new technologies and products.

Members of the education and parent committees of the Diabetes Association will be present to answer questions about the programs of the association.

Continuing education credits will be available for health professionals and educators. The deadline for registration is Sept. 25. Registration fees are \$15 for the lecture and light dinner, and \$25 for lecture, dinner and CEUs.

For more information on this program or for any of the association's services for children or adults with diabetes and their families, call the Diabetes Association of Greater Fall River at (508) 672-5671.

Weight Watchers Offers Teens Free Meetings

Weight Watchers is joining the battle against adolescent obesity through a program designed to help teens establish lifelong healthy eating habits.

Anyone 10 to 16 years of age can join Weight Watchers for free with a paying adult throughout the months of September and October. These teens can continue to attend for free as long as the adult attends paid consecutive meetings.

Weight Watchers is proud to help teens learn healthy eating habits by offering the free meetings and registration. A

one-time fee of \$10 will be charged to cover costs of printed materials. For more information, call (800) 487-4777.

AHA Issues Guidelines for Sudden Cardiac Death

The American Heart Association recently issued the nation's first set of standardized recommendations for the screening of young athletes for potentially fatal cardiovascular disease.

The American Heart Association's recommendations include:

- Making pre-participation cardiovascular screening — including a physical examination and a complete and careful personal and family history mandatory for all athletes.

- Conducting this screening prior to the athlete's initial engagement in high school or collegiate sports and repeating it every two years.

- Requiring all athletic screening to be performed by a licensed physician or another appropriately trained health-care worker with the medical skills and background necessary to recognize heart disease.

- Listening to hearts of athletes while they are standing and lying down to identify heart murmurs and other problems.

- Including blood pressure measurements in each physical exam. In such tests, the athlete should be seated.

- Developing a national standard for pre-participation medical evaluations including cardiovascular screening.

While focusing primarily on high school and college athletes, the recommendations can be applied to younger athletes as well as professional athletes, the authors noted.



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ARTS AND ENTERTAINMENT

"I Needed This. This Was Fun!"

by Alison Smith and
Arlene Sherman

"Smokey Joe's Cafe" you may have heard of — but Leiber and Stoller? Never. Until now, because all the music in "Smokey Joe's Cafe" was written by Leiber and Stoller (plus, as they say, other songs too numerous to mention.)

"Smokey," which will run through Sunday at the Providence Performing Arts Center, is built around 40 Leiber and Stoller hits — songs like "Hound Dog," "I Who Have Nothing," "Is That All There Is?," "Love Potion #9," and "Stand By Me."

All through the performance Tuesday evening, there was scattered applause and appreciative murmuring in the audience when only two or three bars of a song had been played. People recognized these songs like the faces of old friends, and they were remembering the high points of their lives. Melodies build memories.

The first act, which consisted mostly of one hit after another — a sort of Fort Knox of American popular music — was not quite as moving as the second act which gave performers a chance to form relationships, and function in the special atmosphere of the cafe.

Some highlights: "Teach Me How To Shimmy," by Delee Lively; the beautifully balanced voices of the male quartet; a medley of "Treat Me Nice," sung and danced on a tabletop, and "Spanish Harlem," performed by the other half of the duo in a suitably sultry manner; a vignette to the strains of "Shopping For Clothes" which was extraordinarily imaginative and amusing; a group performance of "Stand By Me".... it's hard to stop...there was so much that we would like to tell you about.

Leiber and Stoller started out in Rhythm and Blues in 1950. Then they moved on to Rock and Roll, breaking into the big

time with Elvis when he recorded "Hound Dog." In 1969, they had become associated with cabaret songs like "Is That All There Is?" sung by Peggy Lee.

The names of those who have sung their songs looks like a list of musical royalty: The Beatles; The Rolling Stones; The Beach Boys; James Brown; Little Richard; Buddy Holly; The Everly Brothers; Barbra Streisand; Jimi Hendrix; Muddy Waters; Count Basie; Lou Rawls; Tom Jones; Edith Piaf; Chet Atkins; Aretha Franklin; Luther Vandross; B.B. King; Otis Redding, and The Coasters.

The quote at the top of the article? It came from an anonymous lady as she got up to leave, and seemed to express the feelings of almost everyone in the audience.

The last we heard, tickets were still available for "Smokey."

University Art Gallery Welcomes Czech Art Exhibit

The once-clandestine artistic expressions of 244 Czechoslovakian artists will be on full view at the University Art Gallery at the University of Massachusetts Dartmouth from Sept. 14 to Oct. 19, the last stop in a two-year tour across the United States.

"Minisalon" was organized in 1984 by the dissident Czech artist Joska Skalnik during the height of artistic and political repression in the then-Communist country.

In a bold and illegal effort, Skalnik created a way to allow the suppressed artistic community expression. He mailed 300 artists small (6- by 6- by 2-inch) wooden boxes and invited them to create an artwork within the frame but without thematic re-

striction.

Two hundred forty-four boxes came back and were organized into an exhibit called "Minisalon," intended to be hung in the attics, private homes and artists' studios around the country. Instead, the entire exhibit was secreted for several years to avoid confiscation by the government and Skalnik himself was jailed in 1986 for participation in the Jazz Section, a cultural group banned that year.

Gallery hours are from 1 to 5 p.m. Monday through Saturday. Admission is free; parking is available in Lots 8 and 9. For further information, contact (508) 999-8555.

Alias Stage Presents Marlene Meyer Play

Alias Stage will present as the first production of its new season, "Etta Jenks," written by Marlene Meyer and directed by Alias Company member Jim O'Brian.

The show will run Thursdays, Fridays and Saturdays at 8 p.m. and Sundays at 7 p.m., from Sept. 19 through Oct. 20.

Tickets are \$12 Fridays and Saturdays, \$10 Thursdays and Sundays, with a \$2 discount for students and senior citizens at all performances.

Alias Stage is located at 31 Elbow St., in Providence's Jew-

elry district. For reservations, call 831-2919.

The *New York Times* described "Etta Jenks" as having "the hard-edged intensity of a Martin Scorsese film" and dubbed playwright Meyer an "important new American writer."

Meyer's plays have won numerous awards, and have been produced internationally at such venues as the Royal Court Theatre, The New York Shakespeare and Edinburgh Festivals, the Los Angeles Theatre Center, and Chicago's Steppenwolf.

A Lecture on the Community of Paris is Planned

The West Warwick Public Library will sponsor a lecture and slide presentation about the historical and contemporary life of the Jewish community in Paris on Sept. 16 at 7 p.m.

Husband-and-wife team Jane Civins and Michael Malardo have traveled extensively and often to Paris, where their interest in the Jewish community grew strong. Civins, associate director of the Rhode Island Committee for the Humanities, spent a sabbatical in Paris conducting research, and her lecture will be illustrated by Malardo's slides. Malardo is a

teacher at Hope High School in Providence.

Honey cakes and other appropriate pastry will be served.

This program is free and open to the public, but those interested should register by calling 828-3750.

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Reliving 'The Longest Game'

Steve Krasner, sportswriter for *The Providence Journal*, will be signing copies of his new book, *The Longest Game* (Gorilla Productions, \$4.95) on Sept. 16 at 7:30 p.m. at Books on the Square, 471 Angell St.

This is an event for both adults and children, and is free and open to the public.

Wednesday at the Wurlitzer Series Resumes

The 1996 fall series of Wednesday at the Wurlitzer will begin on Sept. 18 at noon with the first of five free organ concerts in the series. The con-

cert series continues on successive Wednesdays from the middle of September through the middle of October, and features organists from the southeastern New England region performing hourlong programs of light classics and popular music.

Theater organ concerts be-

came one of the most popular forms of entertainment during the era of movie palaces from the late 1800s through the late 1920s. The Mighty Wurlitzer theater organ at the Providence Performing Arts Center is one of only three of its kind, and was shipped to Providence from Minneapolis in 1982 at a total cost of \$145,000. The Wurlitzer brand of theater organ is still considered to be the best of all models ever made; superior in construction and tonal quality.

Doors open at 11:30 a.m. for each concert, and the public is welcome to bring a lunch or purchase refreshments at food establishments within close walking distance of the theater. Call 421-ARTS for more information.

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The Real Rebecca

by Mike Fink
Herald Contributing Reporter

My office lamp stands upon a strange bookcase of dark oak that holds the works of Scott and of Washington Irving. But it's a fake library, designed for bootleg bottles, not volumes of fancy prose. I have the real things at home, and I take down a fancy tome of Sir Walter's *Ivanhoe*, which we read in our ninth-grade English classes.

You may once have seen on screen Elizabeth Taylor play its heroine, Rebecca, who nurses a kindly knight back to health, and brings enlightenment to a courtroom with her liberal rhetoric. But how many among us recall who was the real, actual Rebecca who inspired Scott's story? Vell, I'll toll ye.

Once upon a time in early America a wealthy Hebrew heiress named Rebecca Gratz took care of a friend who had agreed to marry Washington Irving. Nevertheless, the American author's fiancée died of tuberculosis before the wedding, and the writer went to England to visit Scott and tell his tragic, romantic tale of love and loss. What stayed with the British novelist was the image of a lovely, dark-haired Jewish angel named Rebecca, and he fashioned his impressions into the character of Rebecca in his gothic *Waverly* chronicle.

Back in the colonies and then states, Gratz rejected marriage with her own non-Jewish friend and, unable to find a Jewish husband, spent her long life doing good deeds for orphans, for co-religionists, for her entire community.

You can find her biography in any temple library and her portrait in any collection of early Americana. But what her life represented stands out beyond the bare facts. The picture of Jewish life she inspired and imprinted through her example of gentle intelligence refutes every stereotype. She found her immortality without children of her own. She found her identity without a husband. Her beauty held noble meaning, and her long life never went empty of honor and happiness.

I know, *Ivanhoe* has bitten the dust of today's curriculum dump heap. They probably chose it as an alternative to *Merchant of Venice*, a more positive portrayal of the father-daughter bond in Jewish life, and its style is by now quite dated and Victorian, like my Prohibition antique shelves. But I am always in quest of such lyric lives of lovely and loyal ladies. I file my dream in



the quiet, clear space behind the empty bindings of Irving and Scott, under the light beside my armchair, as I pick up a new semester and a fresh season.

Deaf Teen Signs Her Way Through Bat Mitzvah Service

by Teresa Strasser
Jewish Bulletin of
Northern California

SAN FRANCISCO (JTA) — One of the first things a deaf child does is create a name.

Marissa Cohen's name sign is the three fingers that make up an American Sign Language "M" swept upward across her cheek into the sign for "smile."

Two years ago, Marissa decided she wanted to have a bat mitzvah and conduct the entire service herself.

"Deaf doesn't mean stupid. It just means I can't hear. Deaf kids can have bat mitzvahs, too," said the 13-year-old, of Pleasanton, Calif.

To prepare for last month's bat mitzvah service, she met about three times a week with E.J. Cohen, a religious school instructor at Temple Beth Torah of Fremont who also teaches at the California School for the Deaf there.

E.J. Cohen, who is not related to Marissa, translated the prayers and Torah portion from Hebrew into English, then into American Sign Language. Marissa memorized the signs.

At the service, the teacher chanted, Marissa signed and Rabbi Jerry Levi officiated.

Diagnosed with severe to profound hearing loss at 18 months, Marissa is used to feeling different and isolated. Those closest to her, including three siblings, her parents and even her dance teacher, have learned to speak in her language.

But as often as not, Marissa is without a means to connect to hearing children her own age.

That was especially true at the family's synagogue back in Philadelphia, where, according to her mother, Marissa "was the only deaf girl. She hated it. She was very lonely there."

Because of Beth Torah's proximity to the nationally known School for the Deaf, the synagogue has a well-established program for deaf students.

Marissa's bat mitzvah was open to the public, and attended by deaf and hearing friends and family alike.

Marissa wanted to show as many people as possible that deaf children "can learn anything we want."

A Jaunty Jungle

by Mike Fink
Herald Contributing Reporter

Brazil played its role in Rhode Island Jewish history, its Marranos setting sail for the Caribbean and thence to Newport. I have of late dreamed of retracing their route and snooping around Recife or Rio. I look at the funny snaps of Carmen Miranda and make believe she is teasing me to go, like a siren song. Instead, Brazil just came and settled in across the street from me.

There is an oval oblong that joins Memorial Road and Creston Way, once called D'Estaing Road, and it used to be a rocky triangle of farmland. In my lifetime, chickens cackled and scrambled freely. Vines covered the boulders. In fact, the first Rhode Island suburb hap-

pened right at this spot just off North Main Street. Anyway, the parcel of wasteland turned into a lawn you had to mow and water until the snows came and buried your efforts.

A new neighbor moved here from Brazil, into the house across our way and took over this peninsula, this headland, my daily view, the loop I drive round on every errand.

I'm not writing about houses or people, but about plants without names. Portuguese gardeners love geometry, but the Brazilian style has the wildness and spontaneity of our hemisphere, and this new garden mixes the two methods. Every blade of grass has been replaced by stones, herbs, groundcovers, and flowers.

This is a Yankee suburb. We

all nod and greet each other, and even pay compliments and do good deeds, but privacy counts for a great deal in this neck of the former woods. So all I have to say is, "Thanks for bringing a bit of Brazil to my yard, my vista." And my new neighbor says, with a soft accent, "Thanks for saying a kind word."

I treat everybody as if he or she were a secret, hidden Jew. It's like folks I know who speak to animals in Yiddish. I always assume, maybe back in your ancestral past, somebody hid out and changed their name and fate. If we shake hands, we're building bonds back. I go out with my camera in the wee hours and take a few close-ups of the amiable plants that restore the soil. It's a lot easier to cross half a street than to fly half a continent.

Familiar Face, New Name

by Mike Fink
Herald Contributing Reporter

You look forward to meeting new students: faces and names to learn by heart. But the call I got was from a former student, who wanted to take yet more courses with me. He had changed his name. I had known him as Spencer. He told me what to call him from now on. Spencer was no more. Now he was Ayal.

"My mom liked Spencer Tracy, so she gave me a title on a marquee. But in Hebrew my great-grandfather lived through me, and still does. I'm still Shmuel Jonathan in Hebrew. I spent my summer in the West Virginia wilderness, and I chose to identify not with the fake fame of Hollywood, but with the freedom and nobility of woodland creatures. 'Ayal' means deer, or stag, and that's how I felt about myself."

It didn't really take me more than one or two fumbling tries to get used to calling my friend of spring's semester by his new John Hancock. "Ayal" happens to be a favorite word in my limited Israeli vocabulary. It just means "Bambi" after all. I agreed to meet the pupil who had taken my Jewish Narrative course and done so well, doing his project on his family history. We sipped iced coffee at a place right next to our RISD campus, tucked under a billboard on North Main Street just at the bank of the rerouted river.

"Thad a tough teen life," Ayal

went on. "I took medications against depression. But I always found peace and solace in nature. It wasn't all that easy to change my legal identification. They check your criminal record, to see if you're hiding something. You really have to clean your slate and start all over again. I'm the only RISD person on the Hillel board, and they'll have to rewrite my label as well."

Of course I asked if his parents took his new choice amiss, but he said, no, they went right along with it. It's not, after all, like major surgery, tattooing or body piercing. I zeroed in and asked if the first letter was an ayin or an aleph, and he said, an aleph. "That's good luck," I said, quoting a new rabbi I know. "The only problem," I mentioned, "is that Americans have a hard time with words that put the accent on the second syllable. It will take a while for your friends to adjust."

I write this account because Ayal has some of the qualities of a deer, a certain shyness, mixed with determination, and because I like the notion that in our symbols we can connect with the regality of Eden, even as we live ever farther off from its actual realms. If you translate the Hebrew word into the



From Spencer to Ayal
Herald photo by Mike Fink

more common Yiddish, you will find "Zvi" or even "Hirsch." Those proud antlers may get in your way, and hunters, denizens of domains human and other, may track you down, but the one-time heir to Tracy's film credits will inherit the rights and privileges of liberty.

I hope he moves through the thickets of my courses with the quiet grace and strength I read in his features.

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WORLD AND NATIONAL NEWS

Netanyahu Faces Down Likud Anger

by David Landau

JERUSALEM (JTA) — A day after meeting with Palestinian leader Yasser Arafat, Prime Minister Benjamin Netanyahu offered sharp advice for critics within his own party.

The premiere warned his Likud colleagues that those who could not accept his peace policy should not have joined his government and need not stay in it now.

But Netanyahu's strong words to the Likud's Central Committee meeting in Tel Aviv failed to deter such hardliners as Science Minister Ze'ev "Benny" Begin and Uzi Landau, chairman of the Knesset foreign affairs and defense committee, from speaking out harshly against the premier's meeting with Arafat.

National Infrastructure Minister Ariel Sharon also delivered a speech critical of government policy, though he did not refer specifically to that controversial meeting.

Political commentators said that while Netanyahu was plainly in trouble with his party's right wing, his position as premier and party leader was not threatened.

Begin recounted how Netanyahu had told him categorically, just four hours before the meeting with Arafat, that anyone opposed to the premier's policies had no place in his Cabinet.

"Don't, don't," Begin supporters shouted from the floor, fearing he was about to announce his resignation.

"Let me speak, don't worry," he replied, and then threw down

a challenge to the prime minister.

"I wasn't born in government," Begin said. "I wish to serve, to the best of my conscience, in the interests of our land, our people and the cities of our G-d."

Political commentators said this meant that Begin would not quit the Cabinet voluntarily, despite Netanyahu's suggestion.

Begin, in effect, was challenging Netanyahu to fire him if he dared.

Netanyahu looked grim as Landau, Sharon and then Begin accused him of acting contrary to party policy, of buckling to Palestinian and overseas pressures, and of leading the coalition to a risky and dangerous future.

Netanyahu Tackles Threats Head On

by David Landau

JERUSALEM (JTA) — Prime Minister Benjamin Netanyahu has vowed to stamp out violence and the threat of violence in Israeli society.

"I will simply not tolerate a climate of lawlessness, a climate of threat," the premier said this week to representatives of the American Jewish media.

He was referring to the current wave of anonymous threats against Israel's Chief Justice Aharon Barak and other Supreme Court justices.

The court's policy of "judicial activism" has been the subject of recent vitriolic criticism in fervently Orthodox newspapers.

In the wake of the controversy, some have warned against the potential for violence, comparing the current war of words to the climate that preceded the assassination of Prime Minister Yitzhak Rabin last November.

But Netanyahu insisted that it would be wrong to characterize Israel as "a violent society."

The divisions within Israel and within Jewry "are not stronger than the forces that unite us," said the prime minister.

Netanyahu also addressed the Hebron question.

Given that Hebron was "a junction of two of the most radical communities" of both Jews and Palestinians, he said, it was "in the Palestinian interest as well as in the Israeli interest" that security arrangements be put in place in Hebron that would avoid any danger of violent conflagration in the future.

On the Syrian issue the prime minister said the United States was "trying to facilitate the resumption" of the stalled peace talks, but so far Syria had "shown no interest."

When the talks with Syria do resume, Israel is expected to put forward its proposal to negotiate an Israeli withdrawal from southern Lebanon first and Syria, presumably, would put forward its demand that Israel withdraw from all the Golan.

Choosing his words carefully, Netanyahu said that while he was not prepared to say he would consider any with-

drawal, "I am prepared to have discussions on the full range of matters."

On the attacks against the Supreme Court and the general exacerbation of religious-secular tensions in Israel, Netanyahu said his position was one of faithful adherence to the unwritten "status quo" accord that regulates state-synagogue relations.

This accord, which has traditionally given the Orthodox establishment control over religious affairs and institutions, has been in existence for 50 years, Netanyahu said, adding he was not about to change it.

At the same time, changes

But Netanyahu insisted that it would be wrong to characterize Israel as "a violent society."

have been "evolving slowly," he said, noting that, "You can have films on Saturday in one part of a town and streets closed elsewhere, depending on demographic shifts."

Any attempt to force a "re-ordering" of society along new religious-secular lines was bound to lead to "extreme consequences," Netanyahu said, adding that he would oppose such moves.

The prime minister said it was legitimate to argue for or against the extent of the Supreme Court's powers vis-a-vis the Knesset — as long as such arguments were conducted "through legitimate means."

But he said he had given firm orders to Public Security Minister Avigdor Kahalani to act forcefully against threats of violence against the judges.

The prime minister side-stepped a question on whether he would oppose demands to change how Supreme Court justices are appointed.

The religious parties, and some voices on the secular right, have called for a new system in order to ensure a broader spectrum of ideological opinions on the bench.

Would-Be Russian Emigrants Ponder Impact of Welfare Reform

by Lev Krichevsky

MOSCOW (JTA) — Mikhail, a 62-year-old journalist in Moscow, has been planning to immigrate to America for several years.

He was ready to settle in Maryland, where his elderly mother, as well as a younger brother and sister, have lived since the early 1980s.

But now that President Clinton has signed welfare reform legislation that will affect new immigrants, Mikhail is re-considering.

"I don't know what to do now," said Mikhail, who asked that his full name not be used.

"I received many calls from my relatives and friends in America who are clearly worried that if I come today, I might have a rough time there," said Mikhail, whose immigration papers are all set.

New welfare reform legislation has sent alarm bells through Russian emigré communities in the United States.

The bill has also sparked concern in the organized American Jewish world, where officials worry that they will be faced with having to make up the loss of benefits to Russian Jewish emigres.

Mikhail suffers from diabetes and is afraid of being denied Medicaid, which is for him the most important benefit of moving to the United States.

Here, in Russia, the new legislation received little coverage in the media, but would-be emigrants have heard about the possible consequences from relatives in the United States.

The situation of Mikhail, the journalist, illustrates the di-

lemma of many would-be emigrants who expect to qualify for some form of government assistance, and now wonder how they will cope.

Mikhail suffers from diabetes and is afraid of being denied Medicaid, which is for him the most important benefit of moving to the United States.

Refugees will be affected by the new welfare law five years after their arrival in the United States. That is when their special, protected status expires.

The law allows them to receive eight months of government refugee assistance after their arrival, and then to apply for a range of other benefits.

If refugees like Mikhail do not opt for citizenship, or fail to obtain it after five years, they will be barred from Supplemental Security Income and food stamps, and possibly, other programs.

During the past 20 years, the Hebrew Immigrant Aid Society has helped to bring 350,000 Jewish refugees from the former Soviet Union into the United States.

This year, HIAS will bring 21,500 Jewish refugees here.

(Continued on page 15)

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Sukkot is Coming

Festive Recipes Bring Warmth to Outdoor Dining

by Naomi Arbit

BAYSIDE, Wisc. (JTA) — Sukkot means "booths," and refers to the temporary housing in which our ancestors lived while wandering for 40 years in the desert.

Many families now erect sukkahs that are big enough for the whole family to enjoy. They eat meals there under the stars during the seven-day holiday. Sukkot coincides with harvest time, so fruits and vegetables are traditionally served as symbols of the harvest.

The air may be chilly at this time of year, so a large order of stuffed cabbage in rich tomato sauce and rice or orzo will be very welcome, brought to the table in covered dishes so it will remain piping hot.

A mixed vegetable salad with a choice of greens, and an apple pie, will make this a very appropriate and satisfying meal.

Stuffed Cabbage

The chef can double the recipe and cook it up a day ahead. This dish improves with age, and freezes very well.

1 head cabbage
1 pound ground meat, beef or turkey
4 Tbsps. uncooked rice
4 Tbsps. grated onion
2 Tbsps. ketchup
1 egg
1 tsp. salt; 1/2 tsp. pepper
1 28-oz. can tomatoes
1 can tomato soup
1/4 cup white raisins
juice of 1 lemon
1/2 cup brown sugar
1 medium onion, sliced
1 16-oz. can sauerkraut (optional)

Cut a wedge from the core of the cabbage. Place cabbage in a large pot of boiling water with the core side down. Simmer until the leaves begin to separate, and then pull off 12 large leaves.

Put the leaves back into the water for about a minute, until slightly soft. Lift them out and

cut away the thick part of each leaf.

In a mixing bowl, mix the meat, rice, grated onion, ketchup, egg, salt and pepper. Put one-twelfth of this meat mixture on each leaf, fold in the sides and roll the whole thing up like an envelope.

In a small bowl, mix together tomatoes, tomato soup, lemon juice and sugar. Shred the remaining cabbage and line a shallow casserole or roasting pan with cabbage, sauerkraut and onion slices. Spoon in half of the tomato mixture, then add the filled cabbage rolls. Pour on the remaining tomato mixture, cover and bake in a 350-degree oven for one hour.

Uncover carefully, add raisins, baste and bake two more hours, basting occasionally.

Apple Streusel Pie

Bottom crust:
1 1/2 cups flour
6 Tbsps. margarine
1/4 tsp. salt

Combine these ingredients and pat into bottom and sides of a 9- to 10-inch pie plate.

Filling:

5 cups chopped, peeled, pared apples
1 Tbsp. lemon juice
3 Tbsp. flour
3/4 cup sugar
1 tsp. cinnamon
1/4 tsp. salt

Combine these ingredients and spoon the mixture into a lined pie plate.

Topping:

1/2 cup margarine
1/2 cup brown sugar
1 cup flour

Cream margarine and sugar until fluffy. Cut in flour until lumps form. Sprinkle over the top of the pie. Bake in a 375-degree oven for 55 minutes.

Naomi Arbit, a syndicated food writer, is the co-author of seven cookbooks, a former cooking instructor and a member of the International Association of Cooking Professionals. She lives in Bayside, Wisc.

Dear Pearl...

by Alison Smith
Herald Editor

This column started out as a review of a new novel, *The Romance Reader*, by Pearl Abraham. About two sentences into it, however, I found myself composing it as if it were a fan letter to the author, and, since reviews ultimately come to rest on the author's desk anyway, I decided to go with the flow.

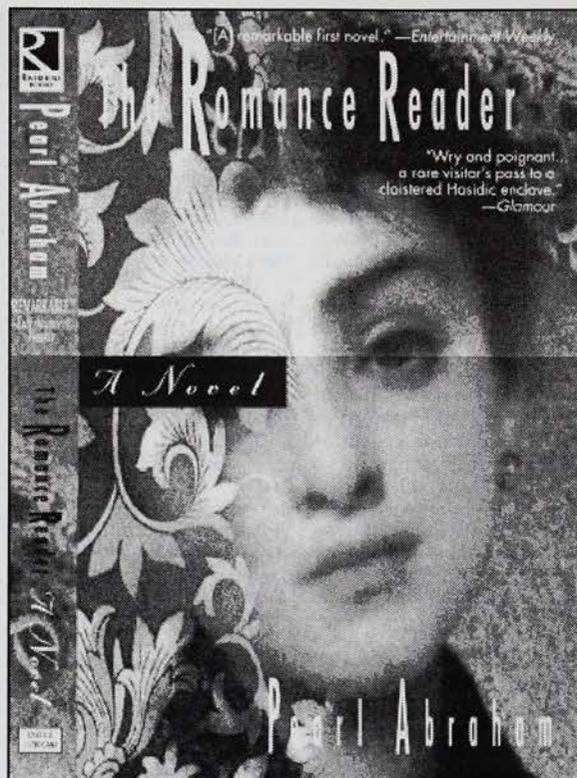
Dear Pearl:

Don't tell me this is your first novel. Tell me this is your first published novel. I refuse to believe you just sat down at the typewriter one morning, and this book came out. If that is true, I don't want to know it since this never, ever happened to me or any of my friends.

The first thing that struck me about your book is that there are no villains. Reading about Rachel's mother, the reader thinks, "How could she! What kind of woman would...?" and then, a chapter later, "Poor lady. I hope things get better for her soon." Of Rachel's father, we think, "His family is paying the price for his adventures, against their will!" and then, "How lonely he must feel. Such blind courage — to keep going in the face of these odds."

The fact is, there are very few real villains in real life. Nothing is that easy.

The second thing that struck me was the delicate but totally authentic way you portrayed a young woman's feelings about her own body. Usually this subject is dealt with in ham-handed clichés about the sex act, or skipped over entirely. Rachel has an awareness of her own body, and a



joy in it that is like flying. This, unfortunately, is one cause of the intense friction between her and her parents.

If you described the bones of Rachel's story, they would sound too "light" but this is not a light book. It carries a real wallop, emotionally. The reader is drawn in almost at once, and carried along swiftly, until he or she finds that they have been caught in a strong current and must stay with the book till it turns them loose again.

The final blessing the book conveys is an unflinching por-

trayal of the conflict in the mind of a youngster whose upbringing set boundaries and penalties that her emerging character finds life-threatening. No final judgement is made. The reader closes the book reluctantly, with a sigh.

I hope you are already at work on your next book.

Sincerely,
An Envious Fan

Remember the name - Pearl Abraham. Books on the Square is ordering copies of *The Romance Reader*, if you are interested.

Calling All Sukkah Builders

Wouldn't this be a good year to build your own sukkah in the yard? And wouldn't you like to have it featured in the *Jewish Herald*.

We are asking everyone who builds a sukkah to let us know about it. Include your name, address and phone number so we can come by, schedules permitting, and take a picture of it. Our mailing address is P.O. Box 6063, Providence 02940. Our phone number is 724-0200. Ask for Neil or Alison.

'Big Day' Set for Sept. 22

Groundwex Dance Theatre will present an open house at its movement education center, the ground floor, 95 Empire St. on Sept. 22, from noon until 5 p.m.

The day will feature mini-classes and demonstrations of the wide variety of classes offered by the company. Mini-classes will be held in ballet (all ages), technique, Middle Eastern dance, improvisational dance, and body fitness, among others.

A raffle for door prizes and Groundwex gift certificates will also be featured. Admission to this event is free! Anyone participating in the mini-classes is advised to wear loose, comfortable clothing.

Get Out The Plates!

by Alison Smith
Herald Editor

Are you old enough to remember the rope-skipping, ball-bouncing chant that goes:

"I scream! You scream!
We all scream!
For ice cream!"

Well, out of the mouths of babes...almost all of us delight in ice cream, all our lives.

For some of us, however, ice cream (and a lot of other great things to eat) are like coronary or digestive dynamite. We live deprived lives. The urge to grab the nearest kid's cone and run like —! rises in us every so often, and is subdued only with difficulty.

Now comes Tofutti* and the Chocolate Lovers Delight Dairy-Free Ice Cream Cake. Not only is this ice cream cake cholesterol free, and dairy free, it is kosher and parve. (It is not low-calorie, but you can't have everything. Four out of five is not bad.)

Ah, I can hear you saying, but what does it taste like? Some

of these "safe" confections are doubly safe because no one in his or her right mind would eat them...no flavor.

Rejoice! Tofutti's Chocolate Lovers Delight Dairy-Free Ice Cream Cake is delicious, delectable, delightful.

We received a sample cake, at the *Herald* office, on a busy day when we were involved with getting the Rosh Hashanah issue ready for press, so I took our cake (well-packed in dry ice) to Rhoda at Tikva Traditions on Hope Street, and asked her to conduct a Jewish community taste-testing.

The results are in. Rhoda, and all those who taste-tested with her, proclaim that this is the genuine article — something that is better for you, body and soul, and impossible to tell from the best chocolate ice cream cake you ever ate.

You read it here first — another of life's thorny issues resolved — you CAN have your ice cream cake and eat it, too.

Cantor Sam Pessaroff

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OBITUARIES

LILLIAN E. ALPERT
 MIAMI BEACH, Fla. — Lillian E. Alpert, 95, of 5101 Collins Ave., Miami Beach, Fla., died Sept. 2 in Mount Sinai Memorial Hospital, Miami Beach. She was the widow of Maurice Alpert.

Born in Providence, a daughter of the late Nathan and Lena Silverman, she lived in Florida since 1980, previously living in Fall River since 1921.

She attended Bryant College. She was a life member of Temple Beth-El in Fall River and its Sisterhood. She was a member of the Women's Association of the former Truesdale Hospital in Fall River, now the Charlton Memorial Hospital. She was a member of Brandeis University Women's Committee, a member of Hadassah, the Fall River Jewish Home for Aged, and one of the original members of the Ledgemont Country Club in Seekonk.

She leaves a son, Sumner Alpert of Fall River; four grandchildren and five great-grandchildren. She was the mother of the late Stanley H. Alpert, who died in the Army during World War II, and the sister of the late Sylvia Greenwald, A. Robert, Max V. and Irving Silverman.

A funeral service was held Sept. 5 at Temple Beth-El, 385 High St., Fall River. Service was coordinated by Mount Sinai Memorial Chapel, 825 Hope St., Providence.

SYLVIA BROMFELD
 CRANSTON — Sylvia Bromfeld, 81, of New York City, died Aug. 31 at the home of her daughter, Ruth Imber of Cranston. She was the widow of Louis Bromfeld.

Born in New York City and a lifelong resident, she was a

daughter of the late Louis and Minnie Lackowitz.

She worked as a bookkeeper for several firms in the jewelry industry, beginning in the 1930s. After retirement, she studied opera and Shakespeare and was an avid painter.

Besides her daughter, she leaves four grandchildren. She was the mother of the late Barbara Lascher.

Graveside funeral services were held Sept. 1 at Cedar Park Cemetery, Paramus, N.J. Max Sugarman Memorial Chapel 458, Hope St., Providence, assisted the family with funeral arrangements.

ISIDORE EISNER

NEW BEDFORD, Mass. — Isidore Eisner, of 915 Hathaway Road, New Bedford, died Aug. 31. He was the husband of Hannah "Arme" (Finkelstein) Eisner.

He was for many years the driving force behind the New Bedford airport. In acknowledgment of his contribution, and his refusal to accept anything but the best in performance or in safety equipment, the New Bedford airport tower was named for him. During his years as airport manager, he saw the airport passenger figures rise from 6,675 to 51,000. He is mourned by dozens of New Bedford citizens and officials, as well as members of his Boy Scout Troop No. 8 (for 40 years), the John Alden Ambulance Corps, the local American Red Cross, and many Jewish organizations — Tifereth Israel Congregation, Bar Mitzvah Brotherhood of Tifereth Israel, the Anti-Defamation League, and B'nai B'rith.

Besides his wife, he is survived by two sons, Jack Eisner

of Princeton, N.J., and Robert Eisner of Somerset; three brothers, Bernard of Pompano Beach, Fla., Milton of Las Vegas, Nev. and Harry of Queens, N.Y., and five grandchildren. He was also the brother of the late Nathan Eisner.

Funeral services were held Sept. 4 at Tifereth Israel Congregation. Burial was at Plainville Cemetery, New Bedford. The family was assisted in arrangements by Max Sugarman Memorial Chapel, 458 Hope St., Providence.

JACOB 'JAY' ISENBERG

PROVIDENCE — Jacob "Jay" Isenberg of 45 Eline St., the founder in 1965 of Chex Finer Foods Inc., a specialty food distribution company, in Attleboro, Mass., died Sept. 7 at home. He was the husband of Dorothy (Sherman) Isenberg.

Born in Russia, a son of the late Samuel and Hannah (Horvitz) Isenberg, he lived in Providence for more than 50 years, previously living in Fall River, Mass.

He was a member of Temple Beth-El and its brotherhood. He was a founder of the Temple Minyan Group. He was a member of Redwood Lodge 38 AF&AM and a life member of the Jewish Historical Society and the National Zoological Association.

He was a board member of the Rhode Island Trowel Club, a member of the Rhode Island Historical Society, the Rhode Island School of Design and the Jewish Federation of Rhode Island.

Besides his wife, he leaves a son, David C. Isenberg of Providence; a daughter, Yalta Joslin of Brookline, Mass.; a sister, Charlotte Einis of Del Ray Beach, Fla.; five grandchildren and three great-grandchildren. He was the brother of the late Sol Isenberg.

The funeral was held Sept. 9 at Temple Beth-El, Orchard at Butler Avenues. Burial was in Lincoln Park Cemetery, Warwick. Service was coordinated by Mount Sinai Memorial Chapel, 825 Hope St., Providence.

LEO JACOBSON

WARREN — Leo Jacobson, 88, of 4700 Washington St., Hol-

lywood, Fla., a practicing optometrist in Warren for 50 years until 1988, died Sept. 1 at his summer residence, 585 Main St., Warren. He was the husband of Rose (Sherman) Jacobson.

Born in Latvia, a son of the late Abraham and Rebecca (Rakusin) Jacobson, he came to Rhode Island as a boy.

He was a graduate of Brown University, class of 1930, and a graduate of Pennsylvania College of Optometry, class of 1938. He was a member of the Rhode Island Optometric Association for more than 50 years. He was a member of Temple Emanu-El, Providence, and a past president of Agudath Achim Synagogue of Bristol. He was a past master of the Washington Lodge 3 F&AM of Warren and a member of the Palestine Shrine. He was a member and had been president of the Warren District Nursing Association for 16 years. He was a past president of the Warren Rotary Club and a member of B'nai B'rith. He was a member of the Brown Club of Rhode Island.

Besides his wife, he leaves two daughters, Joyce Weinstein of East Northport, N.Y., and Andrea Isserlis of Stoughton, Mass.; a son, Jeffrey Jacobson of Barrington; a brother, Harry Jacobson of Cranston and eight grandchildren.

The funeral service was held Sept. 4 at Mount Sinai Memorial Chapel, 825 Hope St., Providence. Burial was in Lincoln Park Cemetery, Warwick.

BARBARA LONG

PROVIDENCE — Barbara Long of 156 Everett Ave., winner of the Hannah G. Solomon Award for her contribution to the community, died Sept. 7 at home. She was the wife of Sidney Long.

Born in Cranston, a daughter of the late Louis and Dora (Shindler) Finkler, she lived in Pawtucket and Providence most of her life.

She was past president of the National Council of Jewish Women, Rhode Island section, and a former treasurer of the North East District, area 1, and served on the National NCJW Service Task Force.

She received the Hannah G. Solomon Award, the highest award given by the NCJW for her unique contribution to the community. In 1994 she was awarded the NCJW Community Service Award.

She served as a docent for the Rhode Island Historical Association and the Jewish War Veterans Auxiliary Post 439.

She was a member of Hadassah, the Miriam Hospital Ladies Association, the former Jewish Home for the Aged, the U.S. Holocaust Museum, the Rhode Island School of Design Museum and the Rhode Island PTA Volunteers in public schools.

Besides her husband, she leaves a son, Louis S. Long of Lincoln; a daughter, Roberta M. Kirshbaum of Hastings-on-the-Hudson, N.Y.; a sister, Charlotte Goldenberg Penn of Providence; and three grandchildren.

The funeral was held Sept. 8 at Temple Beth-El, 70 Orchard Ave. Burial was in Lincoln Park Cemetery, Warwick. Arrangements were by Max Sugarman Memorial Chapel, 458 Hope St., Providence.

ANNA ORODENKER

PROVIDENCE — Anna Orodener, 90, of 101 Highland Ave., died in Miriam Hospital on Sept. 6. She was the widow of Samuel D. Orodener.

Born in Fostov, Russia, a daughter of the late Harry and Ethel (Brody) Kagan, she lived in Cranston for 10 years before moving to Providence two years ago.

She was a former member of Temple Torat Yisrael. She was a member of Hadassah, the Jewish Home for the Aged Women's Auxiliary, the Cranston Senior Guild, Farband Society, and the Pioneer Women.

She leaves a son, Norman Orodener of Cranston; three daughters, Vivian Kolodny of Quincy, Mass., Eunice Shatz of Washington, D.C., and Marcia Power of Billerica, Mass.; three sisters, Marion Goldfine of Woonsocket, Beth Davis and Rose Samuel, both in Florida; eight grandchildren and seven great-grandchildren.

The funeral service and burial were private. Arrangements were by the Max Sugarman Memorial Chapel, 458 Hope St., Providence.

PHILIP RUBIN

DELRAY BEACH, Fla. — Philip Rubin, 77, of Del Ray Beach, formerly a resident of Rhode Island, died Aug. 28. He is survived by his wife, Thelma Rubin.

He was a member of Temple Beth David and Touro Fraternal Organization. He was retired from Benny's Home and Auto Stores. Because his wife suffers from Alzheimers Disease, he was interested in research for this progressive malady.

Besides his wife, he is survived by children, Gerald and

(continued on Page 15)



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Lewis J. Bosler

Never Miss A Phone Call Again

by Neil Nachbar
Herald Associate Editor

In today's fast-paced world, missing a phone call may translate into a missed opportunity. Having an answering machine may solve part of the problem, but it certainly isn't as efficient as an answering service.

With A-1 Answering Service, you don't have to worry about missing any important phone calls. A-1 can give or receive messages 24 hours a day, 365 days a year.

"We make leaving the office worry-free," said Russ Martin, who purchased the company a few days ago, and has managed the business for the last eight and half years.

Currently, A-1 has about 400 accounts, more than 200 of which are doctors. Lawyers, oil companies, plumbers, electricians and towing companies also make up a large percentage of the business.

A-1 offers three main services: call forwarding, secretarial line and rent-a-line.

Call forwarding allows the transfer of incoming calls to the answering service, where they can be responded to by A-1's telephone secretaries with the client's personal answering phrase. Call forwarding is activated and controlled at the customer's premise, eliminating the need for an additional direct

telephone connection to the service.

With a secretarial line, your phone is connected at the answering service, allowing incoming calls to ring at both locations. Responses are made by A-1's secretaries in conjunction with a pre-set schedule, customized to fit your specific needs and working hours. By renting a line, you can use a designated line at A-1, with no telephone charges. This will allow you to

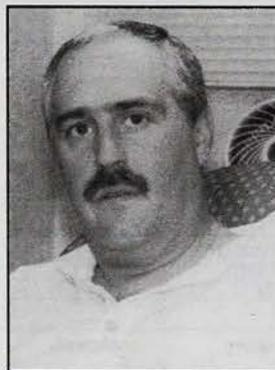
have a professional contact, at a minimal cost.

A-1 also provides wake-up calls, for a fee of \$10 or \$25 per month. In addition, pagers may be purchased or rented. The company also receives and sends faxes.

According to Martin, 75 percent of his customers' clients (not including the doctors) are unaware that they are speaking with an answering service. The A-1 secretaries are provided with all the information they would need to answer a customer's call.

With 16 secretaries answering the phones, A-1 receives an average of 4,000 calls a day from all over Rhode Island and South-eastern Massachusetts. The company also handles two international clients.

In the 47 years the business has existed, according to Mar-



Russ Martin
Herald photo by Neil Nachbar

tin, the doors have never closed. When the weather is horrible, A-1's service becomes even more important.

One thing that has made the company successful, is having a well-trained staff that has remained with A-1 for several years.

"We've only had two new employees in the last 18 months. Most of the secretaries have been here at least two or three years," said Martin. "It makes a significant difference to have the same people work here."

According to Martin there is a growing trend of businesses that have only one or two people working in the office. With an answering service, companies don't have to pay employees benefits or overtime.

A-1 Answering Service is located at 368 Beverage Hill Ave., Pawtucket. For more information, call Russ Martin at 724-3322, or 861-2255, or 769-1690.



Majestic Seniors Anticipate Active Season

The Majestic Senior Guild will open its Sept. 17 meeting at Temple Torat Yisrael, Park Ave., Cranston, at 1 p.m.

A program will be provided by Ed DeMaio, vocalist entertainer. Refreshments will be served.

A Halloween party will be held on Oct. 29 at White's Restaurant in Westport, Mass., with dancing and a floor show.

On Nov. 14, there will be a Hawaiian Day at HuKeLau in Chicopee, Mass.

For further information, call president, Simon Chorney, at 738-9614.

Dvorah Dayan Club Resumes Meeting

The opening meeting of the season for Dvorah Dayan Club of NA'AMAT/USA will take place on Sept. 16 at 7:45 p.m. at Highland Court, 101 Highland Ave., Providence. Club president, Florence Silver, and the officers welcome members back as the group starts a new year.

The program will feature Derry Riding, president of the League of Women Voters of Bristol, and president of the election fund of the R.I. League of Women Voters. Her topic will be "Election '96" which covers abortion, welfare, taxes, environment, and women's issues.

Members and friends are welcome. L'Shanah Tovah.



The New Star Is Up

First Class Scout James Turco of Troop 66 proudly stands beside the new Star of David at the Champlin Scout Reservation in Cranston.

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