TRIEDMAN, Ruth (Seiden)
8-15-2016

Ruth E. Triedman, 83

PROVIDENCE, R.I. – Dr. Ruth E. Triedman died in her home on Aug. 15 surrounded by her loving family.

She was the wife of the late Dr. M. Howard Triedman, the daughter of the late Mary and Saul Seiden of Jamaica Estates, N.Y., and the sister of the late George Seiden of Bow, N.H. She was the mother of Karen Triedman (Ronald C. Markoff), Nancy Goldman (Louis) and Russell Triedman (Melissa). She is also survived by her dear friend, Dr. John Yashar and her grandchildren, Sidra and Allegra Scharff, Stephanie Cohen (Charles) and Miranda, Thomas and Eleanor Triedman. She will be missed by all of her devoted caregivers especially Courtney Whynter and Gina Robinson.

A graduate of Wellesley College, Dr. Triedman went on to receive her medical degree from Columbia University School of Physicians and Surgeons as one of a few women in her class. She then completed her residency at the Harvard Combined Dermatology Residency Training Program.

She spent more than 30 years in private practice in Providence as a dermatologist and served on the staff of The Miriam Hospital. In addition, she served on the faculty of the Brown University Medical School.

She was a long-time member of the board of The Miriam Hospital Women's Association and was the first physician to serve as president and recently received their lifetime achievement award. She also served on the board of the Samaritans for many years.

Donations to The Miriam Hospital or to your favorite charity may be made in her memory.